

The End of Human Suffering

A Giant Leap Beyond Medical Science

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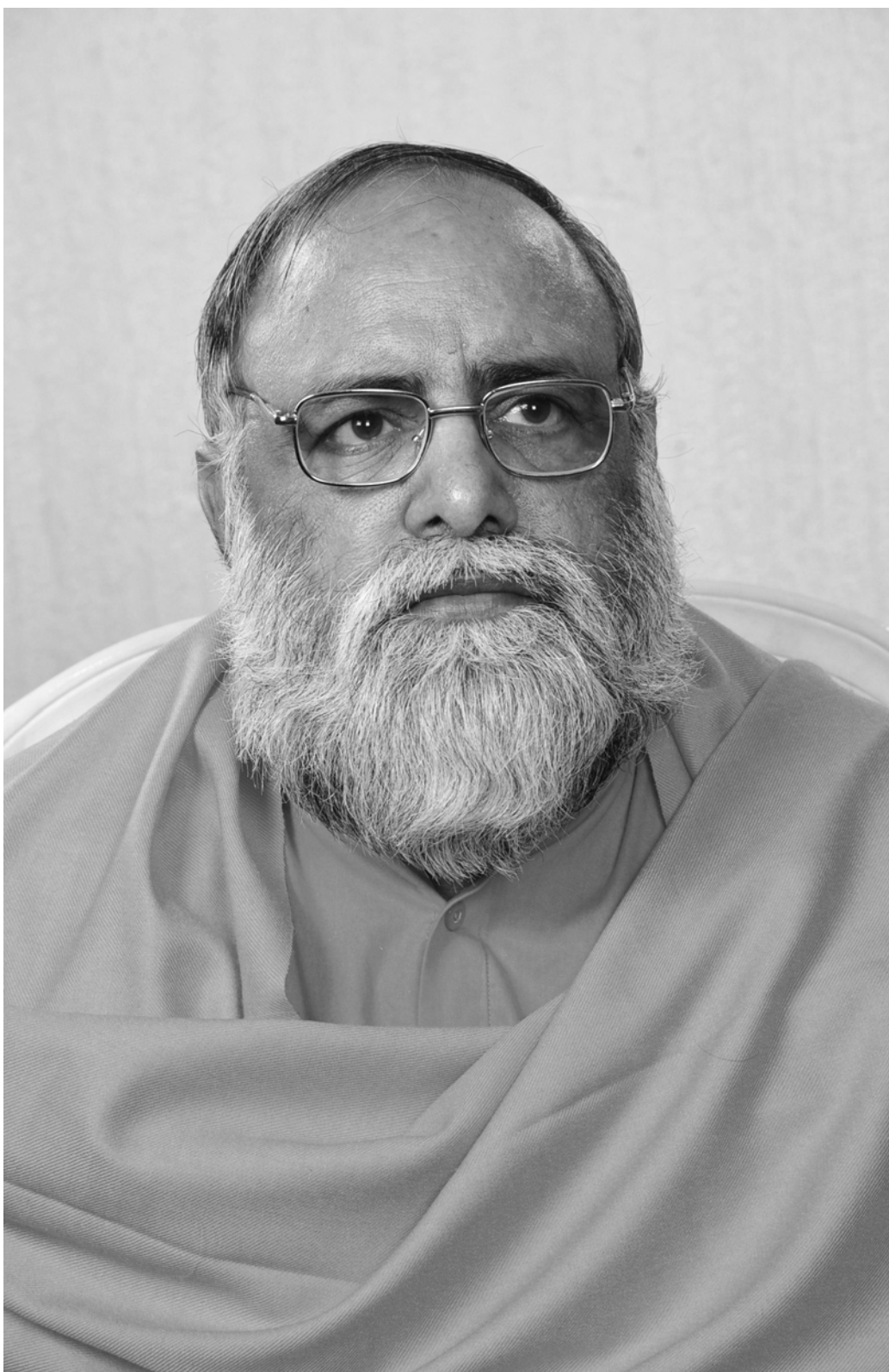
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Preface

During the ancient days, when our ancestors inhabited on this earth, there were only a few hundreds of diseases. But today, the list seems to be never ending. There are thousands of diseases listed in almost every medical textbook. Many of these diseases are incurable and have evolved into existence as a result of human errors.

One can never imagine the extent of trauma a person can experience when he/she is informed to have acquired an incurable disease such as cancer or AIDS. Death is inevitable in these patients.

Apart from spending thousands of dollars towards treatments, they have to lead their life with the thought that each day could be their last. Persons suffering with an incurable disease also suffer from conditions such as depression, stress, mental and emotional disturbances, and other noticeable health problems.

Medical science has no cure for hundreds of known diseases. Infact, medical science is still unable to diagnose hundreds of diseases.

If medical science were able to diagnose and cure every disease there would be no untimely death or suffering in this world. There have been alternative methods to cure diseases down the ages. Some of them have proven effective and some of them proved to be just a hoax. But even the effective ones had their own limitations. Hence, the human suffering continues.

As it is said, every revolution has its own place in history and creates a dividing line of before and after, it seems now the time has arrived that the human suffering can be put to an end.

In the recent times, the world is witnessing a rare phenomena brought to light by a unique mystic sage, Brahmrishi Shree Kumar Swami. His work is not limited to curing people's illnesses -- it goes

way beyond that. His mission is to remove all suffering and misery from this earth. Though, I have chosen to look and focus at the dimension that deals with the physical wellbeing of human body.

I have particularly chosen to focus on this particular dimension in Brahmurishi Shree Kumar Swami's work because being a medical practitioner, I have been intrigued by the fact that millions of people around the world have been healed of their sicknesses by a simple practice of methods propagated by him.

For long, my scientific background was a hurdle for me to reach out and understand what was really happening to all these millions of people but when I came across many people whom I had known as hopeless cases and found them free of all symptoms of disease, I could not resist from looking deeply. I come from a family where everybody is working in the medical field -- my wife Dr. Shakuntala Chawla (MBBS), my son Dr. Jayan Chawla (MBBS, MS, Mch), his wife Neeru Chawla (MBBS, MD), my second son Dr. Ram Chawla (MBBS), his wife Geetu Chawla (MBBS) are all practicing medicine. So, naturally it was difficult for me to accept that there can be something beyond medical science.

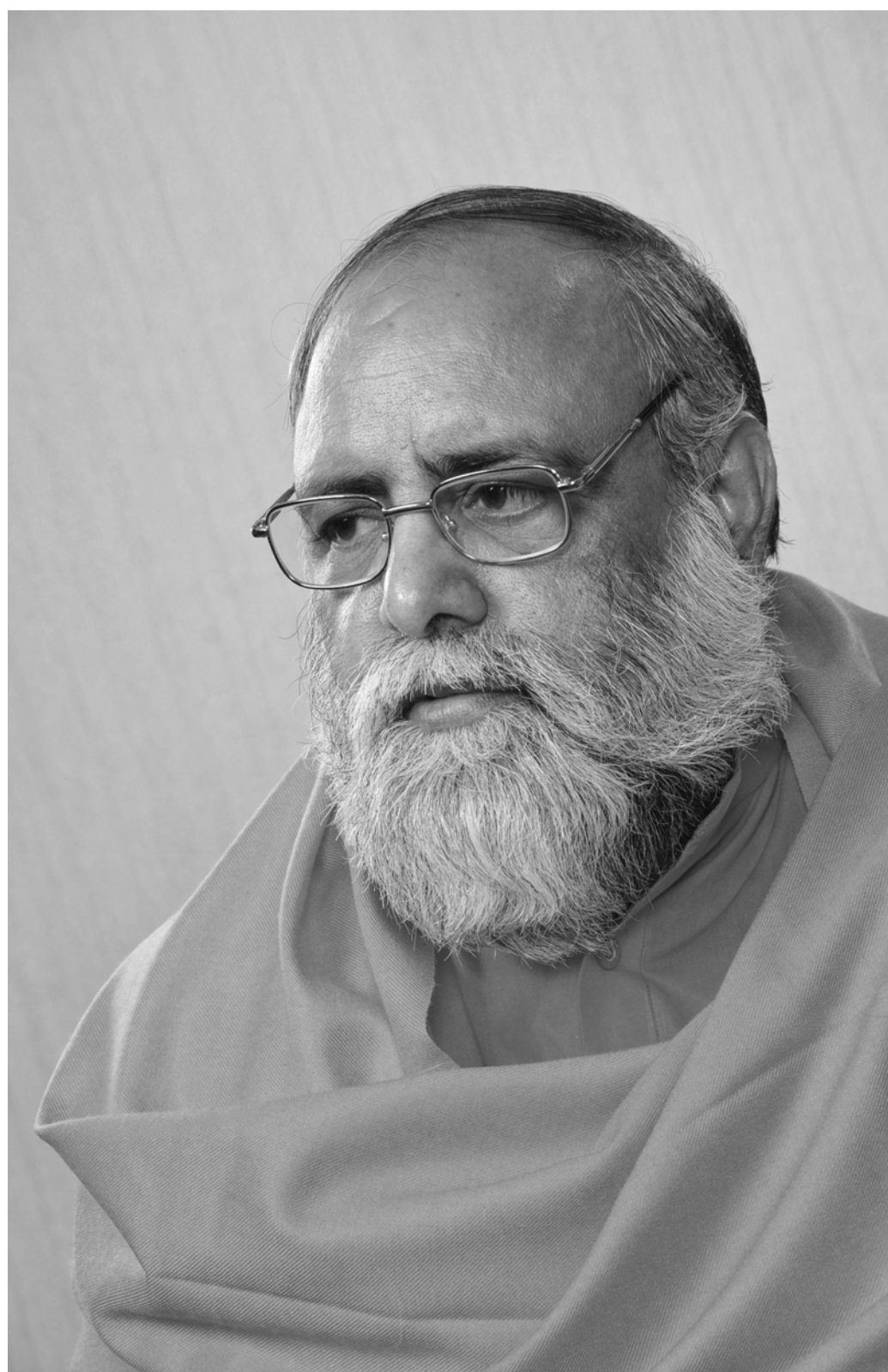
As I went deeper, I saw mysteries upon mysteries unfolding. This book is the result of my findings and understanding of Brahmurishi Shree Kumar Swami's work. Step by step, we will try to understand the ancient and eternal wisdom that has been decoded by him for the human welfare. We will also see the cases that have been the basis of my research -- cases, where people have been cured of incurable diseases without much effort. And, of course, we will also familiarize ourselves with the system and its methods that Brahmurishi Shree Kumar Swami calls Cosmic Science.

Dr. Baldevraj Chawla
MBBS, DLO, DOMS

Part I

Brahmurishi Shree Kumar Swami

An Introduction



A New Dimension

Brahmrishi Shree Kumar swami was born on 22 January, 1954 to an ordinary farmer family in Karanpur, Rajasthan. His spiritual quest started in his early teens and by the time he entered his adulthood he was seriously studying and practicing various spiritual streams. Soon he acquired deep knowledge in Ayurveda which proved to be a historical step in the field of medicine.

Soon afterwards, he was counted among the best physicians of the world. During his practice he has been the personal physician to many presidents, prime ministers, chief ministers, ambassadors of many countries.

He has given a new direction to the medical science by combining it with the science of cosmic grace. Brahmrishi Shree Kumar Swami has been honored with many prestigious awards. He has received Dr. Rajendra Prasad Award, Aruna Asaf Ali Award, Bhagwan Shree Dhanwantri Award among many others. Former President of India, Late Giani Jail Singh had felicitated him in Rashtrapati Bhawan. Former President of India, Dr. APJ Abul Kalam had also felicitated him for his work for human welfare.

The Spiritual Journey of Gurudev

Brahmrishi Shree Kumar Swami is born for the welfare of whole humanity. He belongs not only to India but the whole world. Carrying his mission of human welfare he has traveled countries such as America, England, Canada, Germany, Italy, Switzerland, Austria, Hungary, Nepal, Saudi Arabia, Port of Spain, Singapore,

Malaysia, Thailand time and again. He makes people aware of the power of cosmic grace during his travels. Among the participants in his conventions, the number of medical scientists is increasing significantly.

Brahmrishi Shree Kumar Swami is an important spiritual power of this century. This power had started being visible in him since he was twelve years of age.

Even in that young age he wanted to rise above the complexities of life and his life took the direction of a spiritual search. He went to many places, many masters and mystics, and went through various spiritual techniques.

During his search he spent time with many masters such as J. Krishnamurti, Osho, Nirankari Baba, Vimla Thakarji, Ma Anandmayi, Shri Omkarnath Thakur, Yogi Swami Ram, Lahari Baba, Harihar baba, Devaria Baba, Shivpuri Baba, Swami Sahajanand, Tat Baba, Vishwatma Baba, Pathikji Maharaj, Punja Baba....

Brahmrishi Shree Kumar Swami says that he has acquired the Cosmic Sound Secrets after a long and arduous spiritual journey. During his welfare tours, Gurudev has been felicitated by presidents, prime ministers, and diplomats of various countries.

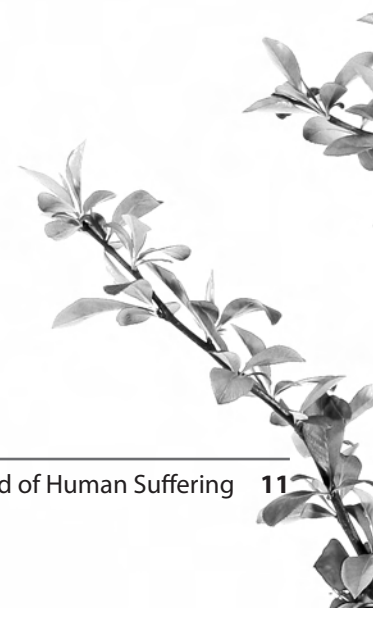
The International media has always followed and welcomed him, The governments of America, England, and Canada have especially welcomed and shown their gestures of appreciation for Gurudev's work. Many heads of states are in constant touch with him for his advice.

Gurudev created a history in the world of spirituality when he was invited to conduct a Prabhu Kripa event in August 2007 at NEC Hall, the biggest auditorium in Europe. The ticket to this event was priced Pounds 108, whereas in the same hall the price of the ticket to the famous rock star Sir Elton John's concert was Pounds 85.

The stunned British and European media declared that Gurudev has left the biggest rock star far behind in popularity. Sunday Mercury's headline proclaimed: He is Bigger than Elton. The report went on to say, "The monster ticket price dwarfs top pop actors

including Elton John, Kylie Minogue and George Michael, who usually charge around Pounds 60 a time. Other actors who have performed at the NEC for less include Take That, Cyndi Lauper, Diana Ross, Bon Jovi and Tom Jones. Rani Virdee, spokeswoman of Gurudev, said the cash raised from the event will be used to help the sick. Thousands of people have been helped by the mystic and he has an amazing presence which people can immediately feel when they are around him."

Queen Elizabeth sent Mayor Counselor Sady Smith as her representative to felicitate Gurudev and present him a memento on behalf of the British government. The memento was presented in the presence of prominent members of intelligentsia, medical scientists, politicians and diplomats. The event was reported in the media very prominently. The Sunday Mercury said, "NEC has never witnessed such a grand event." During his visit to Trinidad Gurudev also met the Foreign Minister of The Port of Spain, Mr. Nelson Gift, who wanted to learn about the Cosmic Sound Secrets.



Diagnosis of the Patient: By Looking at the Patient, His Picture, or Listening to the Voice

As we have discussed earlier, medical science is still not only unable to cure various diseases, it can not even diagnose many ailments in spite of all the advanced procedures and technology. Many times, it simply fails to understand the root cause of the symptoms.

There have been many casualties because of wrong diagnosis. Many patients have to drag their treatments for years, whereas they could have been treated very easily if rightly diagnosed.

We see a contrast to medical science here when we try to examine the work of Brahmrishi Shree Kumar Swami. It has been proven time and again in front of many physicians that he diagnosed patients very accurately, without any machine or equipment.

His endless powers also include his ability to completely diagnose one's ailments just by looking at his picture or talking to him over the phone.

This fact was witnessed by the senior editors and journalists at the London headquarters of BBC. The whole world was stunned to see him diagnose people's ailments over the phone in a live TV show.

The show stirred a deep interest among medical scientists and they wanted to know about the dimension of science that Gurudev uses to diagnose ailments.

TV Asia and MA International have also invited him for the live shows. Dr. Shah, the director of TV Asia also interviewed him. The print and electronic media of the world is eager to know the secrets of Cosmic Sound. Gurudev is followed by journalists wherever he goes during his world tours.

Cosmic Science: Essence of All Religions

What is Cosmic Science, and can everyone practice it easily? In answer to these frequently asked questions Gurudev always says that it is the essence of all religious scriptures which he is merely sharing with everyone.

The Beejmantras (Cosmic Sound Secrets) are in resonance with all the scriptures such as Gita, Shree Gurgranth Sahib, Bible, and holy Qoran.

This dimension is the essence of all religions and anyone can do it, no matter what faith he belongs to. Gurudev says that if one has faith in Hinduism, he would be given the Cosmic Sound Secrets from Gita. People of Muslim faith will be given these secrets from holy Qoran. Similarly, people of Sikh or Christian faith will be given the secrets from Shree Guru Granth Sahib and the Bible respectively.

Cosmic Sound Secrets: A Dimension of Grace Beyond Tough Conditions and Arduous Techniques

The Divine Paath (practice of Cosmic Sound Secrets) does not draw any national, geographical, religious, racial, or economical condition. It is beyond tough conditions and arduous austerities.

Gurudev says that it is injustice to humanity to attach any conditions to the process of liberation from suffering. One who is suffering is already going through a hard time, the arduous

technique will add to his suffering. Many astrologers and saints advise long and difficult path to come out of suffering. One gets very of such methods and finally starts running away from religion.

Not only in India but all over the world, people spend large sums of money, time and energy in pursuit of solutions to their problems but all in vain.

The Cosmic Sound Secrets are short and simple. You can practice them anywhere for a short period of 10-15 minutes. No difficult purifying and meditative techniques are required for Cosmic Sound Secrets.

Gurudev offers the Cosmic Sound Secrets to millions of people for free. They can be received in any of the conventions happening all over the world. More than 30 million people around the world are practicing Cosmic Sound Secrets regularly.

Emphasis on the Equality of All Faiths

People belonging to all faiths participate in the conventions of Brahmurishi Shree Kumar Swami and receive the cosmic grace by the Cosmic Sound Secrets.

Gurudev is of the view that all faiths are equal and all human beings are the children of one god.

The Cosmic Sound Secrets solve everyone's problems irrespective of the faith one belongs to.

Cosmic Sound Secrets are available to all just as water, air, and the sun. Gurudev has often emphasized that people should embrace all holy books as they do not belong to one particular faith but are the legacy of the whole humanity.

He says that the Bible, Gita, Holy Quran, Shree Gurugranth Sahib, Jinvani, and Dhammapada contain immense powers and are for all the faiths. People should read all the holy books for the powerful secrets they contain. Gurudev provides Cosmic Sound Secrets to people from the holy books of their own faith.

Gurudev goes a step further than the boundaries of religion while initiating people into Cosmic Sound Secrets. He says, this dimension doesn't discriminate even ahiests. For the people with the scientific bent of mind, he provides Cosmic Sound Secrets in a scientific format.

The Cosmic Sound Secrets have cured millions of their ailments, and Gurudev says it's not his doing but the power of cosmic grace. The cosmic grace generated by the Cosmic Sound Secrets is being offered to everyone without any discrimination or charges.

In the Cosmic Grace conventions people are not differentiated by their social status. Gurudev says that the Cosmic Sound Secrets are equally available for all just as the sun.

Medical Bureau for Scientific Research on Cosmic Sound Secrets

Brahmrishi Shree Kumar Swami has also proposed the formation of a medical research center to study the area of Cosmic Grace scientifically.

He is of the view that the results and effects of Cosmic Sound Secrets should be scientifically examined so that science can also use it.

To fulfill this dream, Bhagwan Shree Lakshmi Narayan Dham has formed a medical bureau. The international research team consists of the prominent medical scientists and doctors.

The team has collected evidences, studied the cases and is preparing a report on the effects of Cosmic Sound Secrets. Very soon the report will be presented to the world.

I have been appointed as the chairman of this bureau that will undertake the mammoth task of bridging the gap between science and spirituality. The governments of many states in India have welcomed the formation of the medical bureau.

In a Cosmic Grace convention held in Amritsar, the Chief Minister of Punjab, S. Prakash Singh Badal applauded the medical bureau's formation and offered land and other help to the bureau. The wellknown cricketer and Member of Parliament, S. Navjot Singh Sidhu donated ten million Rupees to the bureau.

This is just a beginning of a golden future for humanity. As the reports will be made public, more and more people will become aware of the fact that even the incurable diseases can be cured in the realm of cosmic science.

I have taken charge of the bureau, fully aware what a great responsibility it is. It is, in fact, the declaration of the end of all human suffering.

Cosmic Sound Secrets: Recovery from Incurable Diseases

The powers of Brahmrishi Shree Kumar Swami's Cosmic Sound Secrets are endless. The diseases that the medical science is unable to cure are being cured by the Cosmic Sound Secrets.

Medical science still does not have any cure for diseases like HIV, cancer, and coma but people are being cured of these diseases by doing 10-15 minute practice of the Cosmic Sound Secrets. The glaring example is Barnala's Puja Rani who was cured of AIDS by the practice of Cosmic Sound Therapy. The doctors are stunned after looking at her reports of before and after the practice of Cosmic Sound Secrets.

The medical science is trying to find a cure for AIDS since decades, millions of dollars have been spent on this research but there has been no success in this direction. What the medical science has not been able to do, the Cosmic Sound Secrets have accomplished. Puja Rani's case was made known to the world by many TV channels and was also published in Prabhu Kripa magazine. Puja Rani's brother, Resham Lal came to the Prabhu Kripa convention in Ferozpur and shared with everyone how his sister has got a new life.

Not just AIDS but many cancer patients have also recovered from the fatal disease. All such cases are regularly being published in God Grace magazine along with the medical reports. TV channels around the world are telecasting the experiences shared by the people who have recovered from cancer, coma, jaundice, migraine, paralysis, diabetes, asthma, hypertension, infertility, and many other diseases by 10-15 minute practice of Cosmic Sound Secrets.

The medical researchers and practitioners around the world are surprised with these cases. Medical science is silently watching but is coming to terms with the power of Cosmic Sound Secrets.

Brahmrishi Shree Kumar Swami has become a guiding light to the medical world, although his cosmic persona is beyond the reach of science.

People are being recovered not only from the physical but also mental ailments. There are thousands who had reached to the brink of suicide because of depression and hypertension but are now living a wholesome life with the help of Cosmic Sound Secrets.

The neurologists and psychiatrists are surprised at the speedy recovery from psychological disorders with the help of such a simple method. Patients who had no hope left for any cure are completely healthy. In the Cosmic Grace conventions many such people share their experiences.

Later in this book, we will have a look at those experiences which one feels are not less than a miracle. But Gurudev insists that there is no miracle in incurable diseases being cured. He says cosmic grace is a scientific phenomena and the its tools that one practices to overcome disease and suffering are almost methamatical.

The experiences that we have used in this book are also backed up by scientific evidence.

Gurudev's Spiritual Powers Demonstrated at Vivekananda Research Lab in Bangalore

A clinical test was conducted on Bramharishi Kumar Swami in a research lab in Bangalore to test his spiritual powers.

The doctors were amazed when they found that in a deep meditative state his heartbeat and brain were absolutely normal but there was no pulse. Even the very sensitive instruments could not detect any pulse.

After a long test the scientists accepted that he has reached a state which is beyond the comprehension of science. The research center where the test was conducted is operating under the Indian government's Ministry of Science and Technology.

After the test he was brought to a hall where many people with physical ailments were waiting.

The patients were brought to him one by one. He would look at the patient for a few seconds and diagnose his disease in detail. The doctors were surprised that his diagnosis was absolutely accurate and he had not even looked at the patient's records which were in the possession of doctors.

A European woman was also there to be examined. After looking at her Gurudev told her that she was suffering from a very serious disease which she had not disclosed to the doctors. The woman was not ready to accept this.

Gurudev looked at her with compassion and told her that she had AIDS. She fell at Gurudev's feet and said that he was right. The doctors looked on in surprise.

The incident is a proof that spirituality is a greater force than science and it is time for the scietists and medical professionals to understand that there are realms that they still need to understand.

Worldwide Cosmic Energy Centers

Brahmishi Shree Kumar Swami is inspiring the creation of Mahashaktipeeths (Cosmic Grace Energy Centers) all over the world.

The completion of energy centers in Haridwar and Kurukshetra in India is at the final stage. Other energy centers are coming up in Maryland and other cities of America, in Berkshire, England, and in Toronto, Canada.

These centers will be such pools of energy that by just visiting that place the effects of Cosmic Sound Secrets will be felt. People will be medically checked before and after visiting the center so that the effects can be scientifically proved. These centers will have the facilities such as clinical labs, and the prominent doctors will be invited to stay and conduct their researches.

The prototype will be soon be ready at Haridwar, India to be followed in all major cities of the world.

The Shakripeeths, or Energy Centers, that have been planned by Brahmishi Shree Kumar Swamiji in Haridwar and Mohari village in Kurukshetra are an extraordinary concept. These will be great institutions comprising of latest equipments for X-Ray, MRI, Ultra Sound and Scan etc. and wards for indoor patients. The patients who have exhausted all avenues of treatment but to no benefit will be treated under the supervision of Gurudev and his team. For treatment of such patients, huge Pyramidic structures will be built. The patients will get natural magnetic energy through four sloping walls rising to great heights and meeting at the vertex. Such huge structures were made by Egyptians in ancient times to keep dead bodies of their emperors which did not perish for thousand of years. Such is the power of pyramids.

Gurudev has rediscovered the power of Pyramids. Hence, he has planned to erect such Pyramids in the Energy Centers which are

currently under construction.

Humanity should be grateful to Gurudev for filling the great vacuum for the treatment of people who can not afford large amounts of money on their treatment.

Those who even can not afford medical policies will be treated in these centers designed to heal through abundant spiritual and magnetic powers. These shaktipeeths in Pyramidic shape which will be charged with powerful Cosmic Sound Secrets.

These buildings will have special properties to deflect any type of cosmic radiation that falls on its peaks as the sun rises and travels downwards through its baseline at the bottom. When the deflected cosmic radiation will come into contact with earth's magnetic field, a new powerful BIO-ENERGY will be created.

The vertex of the Pyramid will work as an antenna to absorb cosmic energy. The person sitting inside the structure will absorb these positive radiations and the negative energy which he has accumulated throughout life will flow into the earth, where it will be converted again into positive.

The Pyramid will have the power to attract radiation from planets and stars, in such a way that the physical energy of cosmos and spiritual powers of Gurudev will merge into each other. Natural polarized refracted electromagnetic waves from Aurora Borealis will also enter into pyramid to improve the aura of a person, which will be proven through kirlian photography, that will clearly show the difference in size and quality of one's aura after he has spent time within the structure.

Prabhu Kripa Pyramid will attract the powers from sun, moon and other stars, representing the power of entire cosmos. It will be left on the individual to test the veracity of this truth by himself in a scientific manner. The people visiting the centers will have to stay there for 5-7 days.

Almost all the modern facilities will be available in the center at Haridwar to make one's stay comfortable. The person will have to sit for 15 to 30 minutes each day continuously under the pyramid.

He will be medically examined on arrival and departure. At this juncture, person will know that problem that he was suffering from has been eradicated completely.

There will be live tests of divine powers and cosmic secrets with the modern age instruments. Cosmic Grace Energy Centers will also comprise of complete medical wing with state of the art modern equipments.

It will also be rendering its charitable services to the needy mankind in case of emergency. The emergency rescue services by ambulance of the center will cater to 50 km radius initially and will be further extended in due time. Cosmic Grace Energy Center has also reserved ten acres of area for research and analysis of medical herbs. The research team of ayurveda will analyze the effects of herbal aromas on visitors and will later present its findings to the world.

The Fusion of Science and Spirituality

Bhagwan Shree Lakshmi Narayan Dham is not just a spiritual institute but also a scientific one as it is playing a historical role to combine spirituality and science. The combination of the two has never been tried before.

Brahmrishi Shree Kumar Swami initiated a global debate on this issue. His point of view is that the spirituality doesn't have to be against science; it has to embrace science. He emphasized how important it is to accept the factual approach of science; and with the acceptance of this approach spirituality itself becomes a powerful science. Without opposing any prevalent belief, he presented a new and revolutionary approach.

Science Surrenders to Spirituality

When in the nineties, Bramharishi Shree Kumar Swami started traveling around the world, science was not sure how to deal with spirituality. Everybody became interested as he started revealing the secrets of Cosmic Grace. That was the decade when many scientists and medical professors were debating about the role of spirituality and were expressing their opinions. Few expressed favorable opinions. The famous cardiologist, Dr. Herbert Benson had to say that faith also works effectively as a cure to high blood pressure, tension, and infertility. The clinical psychologist of Bowling Green State University said that doctors should take spirituality

seriously.

The famous physician and author, Larry Dolce wrote in his book *The Power of prayer and the Practice of Medicine* that, "There is scientific evidence that prayer does work." Scientists started listening to Brahmurishi Shree Kumar Swami as more and more scientific opinions started forming in favor of spirituality.

On the other hand in India, the religion itself was a victim of many misconceptions. The religion could not find a scientific platform as it had limited itself to myths, mythologies, and discourses. Science did not bother about religion because for the scientists it remained a bunch of rituals that had no support of facts and logic.

What to say of scientists, the spiritual thinkers of India had not accepted the scientific dimension of the Indian scriptures.

Brahmurishi Shree Kumar Swami paved a new path by presenting a scientific form of spirituality. It is not surprising that there is renewed interest among the science fraternity and medical professionals around the world to know and understand the basis of Eastern spirituality in terms of its healing powers.

Cosmic Secrets Available to One and All

Brahmurishi Shree Kumar Swami is a ray of hope not only for the believers, but also for the non-believers. In his vision the dimension of cosmic grace is beyond the definitions of theist and atheist. Hence, an atheist may negate the existence of God, but he is not excluded from the Divine Will.

The divine power treats everyone equally. The divine grace is available to everyone, just as the life-sustaining elements such as air, water, fire, and space are available to all human beings and other life forms.

Gurudev is very categorical in his view that we need not fulfill any pre-condition to receive cosmic grace. Air gives life to all, and is freely available to everyone, irrespective of their religion, nationality, caste, or creed; nor does it differentiate between a theist and an atheist. The sky belongs as much to Hindus as to Muslims, or people belonging to any other religion.

The sky has no religion, it is beyond all religions. The elements of air, water, fire, and space are neither theist nor atheist. Their nature is to nourish life. In the same manner, the cosmic grace is beyond the beliefs of theism and atheism, but still benefits both.

The Cosmic Sound Secrets propounded by Gurudev are also beyond all these differences. Their whole purpose is to create a protective armor around you to deflect the physical ailments or other problems away.

The cosmic grace evoked by Cosmic Sound Secrets belong to the believers of all religions, and at the same time even to the non-believers.

Believing in religion is not a pre-condition to receive cosmic grace. God has not created any religion. The truth is that man created the religion, and religion in turn created divisions of theists

and atheists.

Gurudev's mission is to share Cosmic Sound Secrets with us to help us overcome our physical, mental, and financial difficulties. It doesn't make a difference whether the person receiving the Cosmic Sound Secrets believes in any religion or not. No one needs to be forcibly turned into a believer.

Gurudev says that an atheist can be provided cosmic secrets through scientific approach. There are thousands in the West who do not believe in religion but are practicing and being benefited by the Cosmic Sound Secrets. The reason behind Gurudev's growing appeal to the scientific mind of the West is that he opens the doors of the cosmic mysteries to all, without excluding anyone.

Bhagwan Shree Lakshmi Narayan Dham

Bhagwan Shree Lakshmi Narayan Dham has become a ray of hope to millions - bringing health, wealth and happiness to people.

The vision and inspiration behind the institute is Brahmurishi Shree Kumar Swami. Started as one man's mission, today the institute is spreading globally.

The little seed that he sowed has transformed into a huge banyan tree; a tree that has become the last resort to millions. Brahmurishi Shree Kumar Swami has dedicated his whole life to nurture the institute. Bhagwan Shree Lakshmi Narayan Dham is a dream come true for him.

Dham is dedicated to spreading Gurudev's vision of a world which is free of all suffering and misery. Cosmic Grace conventions are regularly organized by Dham all around the world.

Gurudev travels extensively to conduct these conventions and to initiate people into Cosmic Sound Secrets. During these conventions, he also leads people into the methods of instant mass healing. Thousands of people throng to these conventions to learn the secrets of cosmic science.

Incurable diseases have been cured by the tools of Cosmic Grace. Those who had lost all hope from life have regained their will to live.

The principle of Cosmic Grace is based on the eternal wisdom of the Indian tradition. Hence, the whole world has started looking towards India with a renewed respect.

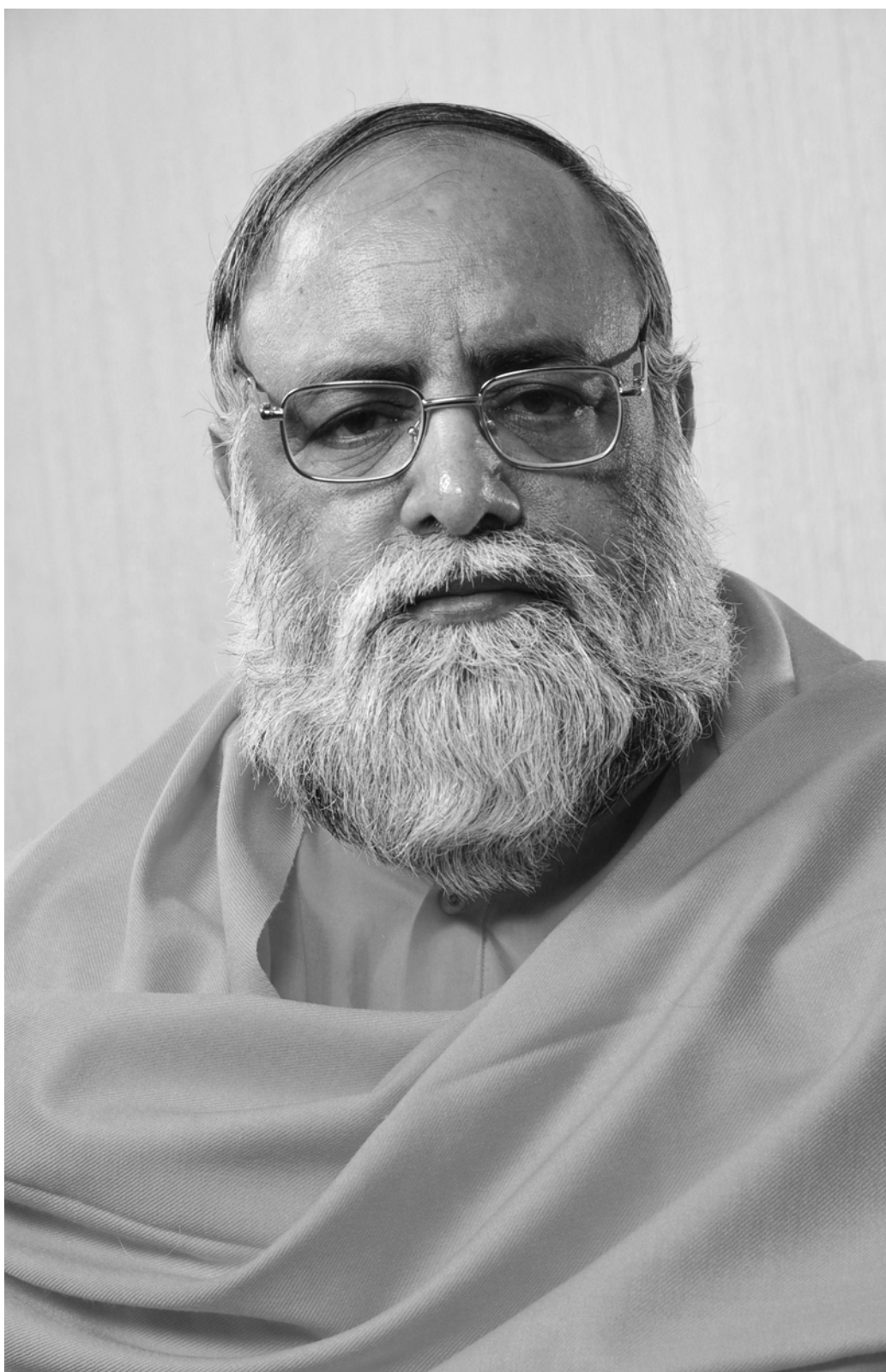
Various sectors of science have also accepted the effectiveness of the tools of Cosmic Grace.

Bhagwan Shree Lakshmi Narayan Dham also undertakes the publishing of Gurudev's words in the form of books, magazines, CDs, and DVDs beside other charitable activities such as providing basic medical facility for the needy.

Part II

What Is Cosmic Science?

Brahmrishi Shree Kumar Swami Answers
Questions



Health and Cosmic Science

Gurudev, will you kindly explain us what is real health and how it can be achieved?

Good Health has different connotations for different individuals. For some it might mean a strong constitution, for others it might denote physical strength and for yet another group it might signify beauty and handsomeness. No doubt each of these can be a reflection of good health, yet not in its entirety, for these are merely indicative of physical fitness.

Fitness of the body is however only a projection of inner balance. That's why good rich food might well make one look stout, yet one's face might still seem dull, one's skin might appear lusterless and one might even be plagued by ailments. This means that just nourishing the body is not enough. One also has to nourish the mind and the soul, for once they are brimming over with joy and peace the outer appearance too shall be indicative of being in the pink.

Just as the virus, bacteria or other alien influences tend to invade the physical body, the mind too is prey to tensions, worries, complexes, negative feelings, fears and passions. These only erode the calm and composure of the brain and lead to release of unwanted toxins and chemicals in the body that easily weaken one's physical immunity. Thereafter it becomes very easy for the virus or bacteria to attack our system and conquer it.

Yet if one could somehow know how to purge the mind of all negative thoughts and feelings it would ever remain immersed in joy thus further bolstering the immune system of the body. And once one's body is perfectly peaceful tensions, worries, depression won't be able to create an imbalance.

One sure way of achieving this state is Cosmic Science which aims at inner balance. Actually inner and outer health cannot be segregated. They are linked to each other and the outer is but a projection of the inner. Hence if somehow the inner state could be perfectly poised, automatically the outer would follow suit and one could overcome even the worst of maladies. The use of the tools of Cosmic Science however does not undermine the benefits of medicines, instead it acts as a powerful supplement which catalyses and speeds up recuperation.

The practice of Cosmic Sound Secrets means drawing on the power of cosmic energy. This results in a flood of positive energy that tends to purge the mind and body of all disturbances and sets the recovery mechanism into action. Regular and continuous practice of Cosmic Sound Secrets soon rejuvenates the entire system thus leading to a radiating, robust physique. The power of

Cosmic Sound Secrets aims at the root and its belief is - invoke the cosmic grace and the body shall follow suit. If used properly, with full devotion and enthusiasm it can help deracinate the worst of ailments.

The ancient scriptures have been encoded with various Cosmic Sound Secrets for combating various diseases. But for centuries it has been believed that practicing Cosmic Sound Secrets is tough and it's a lot to expect of an ailing person to sit for hours in Sadhna.

I want to tell you very clearly that it is not tough. A very simple practice of 10-15 minutes is enough if done regularly twice a day.

What are Cosmic Sound Secrets and how do they work?

Gurudev, you mentioned that the practice of Cosmic Sound Secrets can restore our health. What are Cosmic Sound Secrets and how do they work?

Every matter - from the tiniest DNA strand in us to the largest of continents - is in a state of constant vibration resulting in the emission of subtle sounds.

The sages of ancient times had the power to listen to the subtlest of these sounds. They discovered that specific sounds energized specific portions of the brain thereby awakening extraordinary powers. They used these sounds to form sacred words which are hidden in all the holy scriptures of the world. I call the composition of these words Cosmic Sound Secrets.

Cosmic Sound Secrets have a profound impact upon us due to two reasons:

- The vibration effect of the sound that evokes cosmic grace
- The effect of the collective cosmic energy behind that word due to constant repetition over time.

Cosmic Sound Secrets or Mantras act upon our bodies by reprogramming the vibrations of the cells that have somehow gone askew. They restore the pattern of sounds at the heart of each and every cell, thus pushing the cells toward harmonious health.

Cosmic Sound Secrets affect not only our physical body but also our subtle body - our emotions, intellect and soul. They positively affect our aura - the energy shields surrounding our body.

Gurudev, what do you mean by evoking cosmic grace? Will you please also elaborate on Cosmic Science?

This cosmos is nothing but the embodiment of the divine energy that we call god. God means the energy of creation that plays in many many forms. The energy of creation is always benevolent and full of positivity. When we practice Cosmic Sound Secrets, we bring our energy into harmony with cosmic energy and immediately it starts working on us. We don't have to believe in it, it simply works. Hence, I call it grace because it works on us in spite of us.

The cosmic science is to understand the functions of the cosmic energy and to practice the tools that bring us into an alignment with it. Once we step into this dimension, things start happening on their own accord.

There was a time when I did not believe in the divine existence. I used to make jokes of this dimension and anyone wearing the saffron clothes of sannyas was a hypocrite according to me. But when I realized the real power of this dimension, I was so amazed by it that I devoted my whole life to it.

This dimension is so mysterious that people get healed in seconds -- just sitting or dancing. That is not all. I have witnessed people getting healed just by listening about this dimension with open heart. All this mystery is grace of the divine.

The present time is very difficult and the times in the coming future are going to prove even more difficult as the world will have to face many challenges at different levels. Man's security, health, and finances will all be challenged by negative forces. But the dimension of cosmic grace will help you cross every hurdle.

If we practice the methods of cosmic science, it will help us not only on individual level but the whole nation as a whole can progress.

People go to doctors, hakims, tantriks, and other charlatans to find solutions to their problems. You don't need to go anywhere as the cosmic science is a simple solution to all your problems. Just a

simple practice of 10-15 minutes of Cosmic Science Secrets is enough to bring an end to your problems.

Our younger generation is getting trained in science and it is such a subject which is based on facts. Hence, the younger generation is going astray from religion. To them, religion is merely a matter of rituals and faith. They do not feel any need of religion. They think only performing some rituals is religion.

The younger generation will have to understand well that the cosmic dimension is the scientific form of religion. Science has its limitations but the mysteries of cosmic science are beyond all limits.

I have been a physician to many senior politicians in India, America, and Canada. I also used to believe only in scientific facts. I had no faith in god, but I was amazed when I came face to face with the cosmic powers. When I saw that so many people are being cured by this power, I started believing in this dimension.

I went through rigorous spiritual practices for years to attain the knowledge of cosmic dimension. But you don't have to go through all that hardship to experience this mystery.

I am offering these secrets to you without any effort on your part. If you practice these methods regularly, you will never have any problem for seven generations.

When I switched from my scientific dimension to the dimension of cosmic grace, everybody tried to dissuade me. People said that you are a doctor and you have a reputation in the society. You should not do all this. I told them that they should also try the tools of cosmic science and only then should they form any opinion about it. They said that they did not

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believe in it, hence they will not try the tools of cosmic science.

I told them that I was not asking them to believe in it, only to practice and try. When they were ready to try, I taught them the techniques. They were amazed at the results when they tried the Cosmic Sound Secrets. Today, more than 30 million people around the world are practicing Cosmic Sound Secrets and are being benefited by them.

The Cosmic Sound Secrets do not belong to any particular religion. They are strewn all over Holy Scriptures of all the religions.

You may belong to any religion, it doesn't make a difference. You read these secrets as you read a book to gain knowledge. A simple practice of 10-15 minutes will bring you wellbeing.

The Significance of the Sound of AUM

Gurudev, while you are speaking about the Cosmic Sounds, we would like to ask you about the sound AUM which is the base of many beejmantras. What is this sound in your vision?

The sound of AUM is the most significant sound, the most fundamental, the most elemental; it is the source of all sounds. It consists of three sounds, A, U, M, and those three sounds are the basic sounds behind all sounds.

It is very symbolic in the east; it is the trinity. A, U, M: those three sounds are the three energies in life. Christians call them father, son and holy ghost. The whole life consists of three energies: scientists call them electrons, protons, neutrons. Whenever you go deep you will always find a trinity and behind the trinity you will find one; that one is the sound of aum.

It is a very strange sound; it has a few special things about it. For one: it is the only sound that can be uttered with an open and closed mouth; no other sound can be uttered with a closed mouth. Or, if you try to utter any other sound with a closed mouth, from the outside it will be heard as aum. One can try any word, any letter, any sound, but from the outside it will be always heard as aum. So it is the sound that joins the outer and the inner. It is the sound that joins the body and the soul. And those three -- A, U, M -- have been used as metaphors for many things. The east

“These three sounds A, U, and M have also been used as three bodies: the physical body, the psychological body, the spiritual body. And when you go beyond the third you have the cosmic body.”

cherishes metaphors very much.

The first use that has been made is that those three sounds represent respectively: the state of wakefulness, a; the state of dreaming, u; and the state of dreamless sleep, m. When all these three sounds, the whole aum, becomes silent, then arises the fourth sound, the soundless sound called turiya, the fourth. When aum has become silent you hear silence. That is the beauty of aum: if you repeat it, if you hum it and you become completely absorbed in it, when you stop for the first time you will know what silence is.

Before that experience, whatsoever you call silence is not positive silence. It is simply a negative state, an absence of noise; that's what people call silence. When there is no noise they say, 'It is very silent here.' That is absence of noise, this is not positive silence.

Positive silence is when you have hummed aum, the aum disappears and you are left in soundlessness; then you hear something positive -- the still small voice of Christian mystics. That can only be experienced, that cannot be expressed.

These three have also been used as three bodies: the physical body, the psychological body, the spiritual body. And when you go beyond the third you have the cosmic body. This sound will be of great help to you to find your path, to move towards the unknown. Ride on this sound. This is your mantra, and this is your name. Let this become your constant companion.

Whenever you have time, simply repeat 'aum' -- sometimes loudly when it is possible; when it is not possible, silently. Befriend this sound, and immense will be the benefit.

Religion and Medical Science

Gurudev, what is the conflict between medical science and religion? In the recent years, medical science has started becoming interested in religion. Does this indicate that the religion is more powerful than medical science?

First of all you should understand that any philosophy in this world starts with a thesis, with a faith. Conflict in itself has no philosophy. Medical science is a complete philosophy, a hypothesis. It carries its own complete science.

Any religion in this world is also a philosophy and has its own science. When we get into a conflict, we forget the thesis or the hypothesis that starts with a belief.

Conflict brings criticism and struggle in its wake. It has nothing to do with belief or any effort to understand the other view point. This has been happening since hundreds of years and still continues. We never tried to understand various point of views.

Wherever we found something to be different than our philosophy, we simply got into conflict or controversy. We should have tried to bring harmony to the deep philosophies of medical science and religion, but what we went into was just a conflict.

Both the dimensions are for the wellbeing of human beings, but they kept fighting with each other. The Western nations have been to attack the spiritual values from many quarters. They used medical science, logic, philosophy and other possible means as propaganda against spiritual dimension. Instead of trying to understand the deeper wisdom of spirituality, they made strategies to prove it wrong. Great philosophers, thinkers and intellectuals came up with theories that proved the futility of religion. Their logics, though baseless, were so smartly articulated that for a common man it

world that religion is like morphine that corrupts people's thought. His philosophy was that religion weakens the man.

The leftist countries started criticizing religion because they were afraid of the organized power of religion. After the downfall of Soviet Union in 1989, things have started changing. The illogical wars and destruction have compelled people to look towards religion once more. The religion that was condemned by the leftist thinkers as morphine has been called the divine ecstasy in the East.

The thinkers with scientific bent of mind tarnished this ecstasy in a negative way. Had they conducted a scientific research on those who are intoxicated in their spirit, they would have found that once one enters this dimension he goes beyond all sorrow and suffering. Such a person attains bliss.

Science took away man's blissful state while it is incapable of producing bliss. Why the laboratories of the world have not been able to invent bliss? The science may have developed psychology or psychoanalysis after analyzing man's behavior, but why it has not tried to find methods that can make man happy, joyous, and blissful?

The reason is insecurity and fear. The science goes only till the point where it can experiment on something visible. It is compelled to follow the known and the evidential. Their fear is that if the existence of god is proven then what will happen to their authenticity.

The scientists do not want to be seen as a laughingstock. Being an atheist is not a choice but a compulsion for the scientists.

A scientist conducting researches on the particles of object who starts wearing a rosary will be labeled as regressive by his fellow scientists. His expulsion from the science fraternity is not an impossibility.

The young scientists go through these kinds of experiences every other day. And it is the same condition in both Eastern and Western countries. Many researches have been conducted on religion, prayer, and chanting of mantras.

There have been many seminars and conventions on these subjects throughout the world. The fact that the majority of participants in those seminars was of those scientists who do not believe in religion, but these is a sizable group of scientists that has started accepting that the Cosmic Sound Secrets and the divine presence are essential part of human growth.

Many senior medical scientists have started accepting the god-power. The attitude of America and European countries regarding religion is changing rapidly. Just like in India, people in the Western countries are also suffering physically, mentally, and financially. Recently, these problems have grown exponentially. Man everywhere wants to get rid of these problems.

In 1944, a survey was conducted in America that brought many shocking revelations to light. According to the survey, 94 percent Americans believe in god. The survey also revealed that 75 percent Americans were of the view that the doctors should make spirituality a part of their therapy. The most amazing fact of the survey was that 43 percent American doctors pray to god for the wellbeing of their patients. The survey proved that even if the science does not believe in religion, people in America - the epitome of Western thought - believe in god and religion.

The Journal of American Medical Association published a report in 1995 which was entitled 'Should Physicians Prescribe Prayer to Their Patients?' The report compelled medical scientists to think about the existence of god. The atheist scientists were shocked. It was clear that an average American believes in god and religion.

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The year of 1997 brought another shock to the scientists. The renowned Western thinker and scientist, Herold Koenig's book 'Religion Is Good for Your Health' was full of shocking facts. According to the book, it has proven by the scientific researches that the religious people who pray are healthier and live longer. The people who pray and practice Cosmic Sound Secrets are happier, so they don't suffer from depression and suicidal tendencies.

Those who don't believe in religion are usually sad and miserable. Such people indulge in alcohol, drugs and reckless sex to forget their misery. Many American participants in cosmic grace conventions suffer from depression and other psychological disorders. Drugs have destroyed their health. When these people incorporated methods of cosmic science into their lifestyle, their life went through a huge transformation which reflected in their work and relationships.

The American youth who were on the verge of suicide are happy with their life and enjoying every moment of it.

There was an American girl, Maddy, who was not happy with her life. She constantly used to be under the influence of drugs. She had been thrown out of the house because of her addictions to drugs,

alcohol, and sex. She was in a very miserable state. She was on the verge of madness because of depression and high blood pressure. Her parents and friends had disowned her, so she was living a very lonely life. Fortunately, she came to participate in the convention held in Washington DC. Like thousands others in the convention, she got initiated into Cosmic Sound Secrets. Looking at her condition at that time, anyone could say that she would not survive for more than a few days.

After few months when the convention was held in London, she was found sitting in the front row. She came to the stage and told everyone that the Cosmic Sound Secrets had given her a new life.

She said, "Now I am free of my addictions. All my problems and ailments are gone." She was very happy and wanted to live because she had got her life back. Medical science had been unable to break

the pattern of her addictions and had left her as a hopeless case.

She showed the medical reports of prestigious hospitals of America that had been unable to cure her. It was the defeat of the medical science that compelled her to look into religion for the solutions. And it was there that she found her cure.

Herold Koenig has rightly said that religion and prayer show the way of living to people. Not only in India but all over the people have produced evidences that the practice of Cosmic Sound Secrets have helped them to come out of their problems and they have got a new lease of life.

The amazement of medical scientists is growing by the day.

Although, formally they have not been able accept the power of cosmic grace but deep in their heart they have started believing that the Cosmic Sound Secrets can help people to out of their problems.

People with the knowledge of medical science are very familiar with the renowned cardiologist, Dr. Herbert Benson's name. After a long research he came to the conclusion that belief, faith, and prayers control high blood pressure, depression and infertility.

Even the problem of infertility can be cured by cosmic grace. We have come across thousands of such couples all over the world who had lost all hope of giving birth to a child. These people had tried every possible way to conceive a child but in vain. If medical scientists and professors can watch the relays of cosmic grace conventions telecast by international channels, they will come to know how a simple 10-15 minutes practice of Cosmic Sound Secrets cured people of their

"People with the knowledge of medical science are very familiar with the renowned cardiologist, Dr. Herbert Benson's name. After a long research he came to the conclusion that belief, faith, and prayers control high blood pressure, depression and infertility."

They used to watch the proceedings of cosmic science very skeptically.

When they were shown the facts and evidences they started believing in the powers of religion and eternal spirituality. During a convention in England, few scientists and medical professors came to my hotel room. One of them wanted to know if cosmic science was something like black magic or hypnotism. Another scientist asked me if Cosmic Sound Secrets would affect him despite the fact that he was an atheist.

A researcher of medical science, Dr. Kathy was also present in the room. She asked me nervously if I was there to challenge science. There were innumerable questions in the eyes of scientists and medical professors. Many eyes were on the small booklet of Cosmic Sound Secrets kept on the table.

They wanted to know what did that book contain and whether it was a medical encyclopedia because people were being cured by reading it every morning and evening. One of the medical professors picked up the book and started flipping the pages but was not able to comprehend a thing. He silently kept the book back on the table because it was beyond his comprehension. The whole room was filled with questions.

These questions were not only from those who were present in that room but they represented the whole realm of science. The delegation of scientists had also brought a team of media persons.

There were questions, there were flashes of camera -- it was as if the science wanted to know the whole truth that very day. I started answering their questions one by one. The first question was regarding black magic and hypnosis. Laughingly, I said, "I am not a magician. If I were a magician, I would not have appeared before you. I could have easily vanished. The effects of the Cosmic Sound Secrets are not magic, you can experience them factually. All the people who share their experiences in our conventions they bring their medical reports as evidences. I myself believe in science and I want to ask you people to first look at the medical reports, only after

that you should come to any conclusions. The Cosmic Sound Secrets are also not a part of hypnosis. To hypnotize you, I must keep looking into your eyes. And you know that most of the time I sit with my eyes closed. Millions of people have been benefited by Cosmic Sound Secrets all over the world. Most of them don't even know what hypnosis is. I can give you some Cosmic Sound Secrets to practice and you can see their results. And I promise that I will give you these secrets with eyes closed."

To the questioner who had asked about his being atheist I said, "It does not make a difference whether you are a theist or an atheist. There is no pre-condition to get initiated into Cosmic Sound Secrets. If you are a scientist, you will be given Cosmic Sound Secrets in a scientific format. Just as air, water, fire, space, and earth are available for everyone, cosmic grace is also available to all.

The Cosmic Sound Secrets will affect the theists and the atheists equally. It is just like water that quenches everyone's thirst. Is there any antibiotic that works only on theists and not on atheists? No physician in the world asks a patient what his religion is, or whether he is a theist or an atheist. Cosmic Sound Secrets also have a scientific format that does not differentiate between theist and atheist. Science could have doubted about the cosmic science if it was available only to theists. This is a universal science and most importantly it has no side effects like medical science. Antibiotics can have side effects but the Cosmic Sound Secrets have only effects. If you belong to the medical science, use Cosmic Sound Secrets as medicines. It is the cosmic medicine that has no side effects. You just practice them and see the results."

Medical researcher, Dr. Kathy had asked whether I was there to challenge science. The answer to that question was very clear. The science has given us a lot and we should all be very grateful for that. The whole world appreciates science. It has given us technology, means of transport and communication. Why should I challenge it? The researches and inventions of science are the result of such hard work based on facts. I told the delegation that, "The plane that I took

to come to England has been invented by science. How can I negate the existence of airplane? I have used it, experienced its speed and I know how comfortably it has brought me to England. How can I challenge airplane when I use it everyday.

"The effects of Cosmic Sound Secrets are also there for everyone to see. It is such a scientific format that millions of people have experiencing the change in their life by practicing it. There is no question of challenging science if patients of cancer are being cured by practicing Cosmic Sound Secrets. Why does science take it as a challenge?

"After a long research medical science has been able to diagnose cancer and the Cosmic Sound Secrets are curing it. Just as science has its experiments, spirituality has its own experiments. Cosmic grace is the otherworldly science and the medical science is the worldly science. Both the sciences are doing their functions, why should one challenge the other?"

I have never challenged medical science but since years I have been asking medical scientists to conduct a research on the effects of Cosmic Sound Secrets. The dignity of science is in not negating anything blindly. They should come to a conclusion when they have studied the cases of millions of people who have been cured by practicing Cosmic Sound Secrets.

Medical scientists should not base their conclusion on a blind belief. They should try to understand spirituality with a scientific attitude.

Recently a report in Southern Medical Journal has proved that religion and faith affect man's health positively. The report says that 400 heart patients were surveyed. According to the survey, the patients who had visited religious places to offer prayers were healthier and had lesser dependency on antibiotics.

After this report, the internationally renowned physician, Dr. Larry Dolce also conducted a research and came to the conclusion that there is scientific evidence that prayer does work. While one class of medical scientists has started accepting spirituality and cosmic

science to be a part of the process of human wellbeing, the other class is still not ready to believe that religion can be proven scientifically. The Cosmic Sound Secrets are a million times more powerful than the medical science but this science is so subtle that it can not be seen even by the help of microscopes.

This subtle science contains a flow of such energies that the physicists can not measure them. This dimension makes us aware of the divine presence that the science is still not ready to believe.

The South African cosmologist, Quaker George said after a long research that there are enough evidences to show the existence of god. All one needs is to analyze those evidences. This research of Quaker George found a place on the cover page of Newsweek magazine in July 2009.

In the past few years millions of people around the world have witnessed with scientific evidences that just with a simple practice of 10-15 minutes of Cosmic Sound Secrets people have been cured of their serious ailments such as cancer, AIDS, brain hemorrhage, and coma etc.

There were people who had been declared dead medically, came back to life. The revival of medically dead can be an important subject for medical research but it is sad that no medical scientists has come forward for this work of immense significance.

Medical science is amazed at Cosmic Sound Secrets but amazement in itself is not a scientific attitude. Science is never easily amazed and it should not be. But it is amazed by what is happening to millions of people who are practicing Cosmic Sound Secrets.

It is the duty of science to transform its amazement into a deep research. I request the whole medical world that it should come forward to scientifically examine the powers of cosmic science.

The Power of Cosmic Science

Gurudev, the science fraternity now seems to be getting convinced by the dimension of Cosmic Grace. What is it that is convincing them?

It is the power of truth in cosmic science that is convincing the science fraternity. You will be surprised to know that the Western scientists who have conquered moon and claim to know all the secrets of this earth used to deny the wisdom of Vedas and Upanishads. But they are now bowing down to their eternal truth.

I met prominent scientists and doctors during my travels. The most prominent among these were Dr. Pinjo, Dr. Albert, Dr. Reynold, Dr. Heist, Dr. Fyzer, Dr. James, Dr. Britley and Dr. Vitse. All of them asked me why I am trying to reestablish the spiritual wisdom when the science is taking humanity to the moon.

To them, the whole idea of people being cured of their incurable diseases just by the simple practice of Cosmic Sound Secrets appeared to be nothing but a joke. I kept listening to them very patiently. When they were done with what they had to say, I asked for just two minutes.

I looked at all of them and one by one I told them what diseases they were suffering from, or what diseases other members of their family had. As they heard me telling them about their medical condition in such detail, they were shocked. They said that every detail was absolutely true but they wanted to know how I came to know such details. I told them that it was the power of Cosmic Sound Secrets that I had been practicing. I also convinced them that if they would practice Cosmic Sound Secrets they could get rid of

their problems. The power of Cosmic Sound Secrets is beyond any power that we know.

I came across such people in the West who were simply waiting for their death lying in their hospital wards. There seemed to be no life left in those people. The doctors asked me to cure those people if my claims about the powers of Cosmic Sound Secrets are right. I asked those people to chant certain Cosmic Sound Secrets.

As soon as they started chanting, their faces started changing. Suddenly the shadow of death disappeared and their faces started glowing with health. Looking at that transformation with own eyes, the doctors and the scientists could not do anything but bow down to the eternal science of cosmic wisdom.

The Western scientific mind needs evidence to believe in anything and this was powerful evidence.

The evidence was so obvious and powerful that it was impossible for them to refute it. After that point, the medical professionals and the scientists present there not only accepted the validity of Cosmic Science and its methods, but also came forward to further propagate the concept.

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Cosmic Grace and the Master

Gurudev, what is the importance of a master in the dimension of Cosmic Grace?

This question is very relevant in the present scenario. First of all we have to understand that the master is not a body, he is beyond body. The body has its own needs and desires, its own limitations.

The source of the body lies in the material world. Hence, it represents all the constituents of the material world - pleasure, misery, attachment, possessiveness, ambition, birth, death.... A true master has liberated himself from the fetters of this body; he has gone beyond the cycle of life and death. Now he has no self, no selfish goals. His whole life, the sole mission of his life is to bring people out of their misery.

For him the entire humanity becomes his own part; he doesn't see any human being as a separate entity.

For him everybody is part of one divinity, and he is compassionate towards all.

If somebody thinks of his own welfare even at the cost of others' suffering, he can not be a master. He may pose as one, but he is not a true master. It is not easy to recognize a true master in this world.

People run hither and thither for their whole life in the search of a master but hardly come across one. On the other hand, there is no shortage of false gurus in this world. You find them everywhere.

There is a whole big play of gurudom but still everyone is suffering. There are thousands of gurus but none of them seems to be working to bring people out of this misery. We can see so many gurus who are giving discourses but why is it so rare to find one who is actually doing something to liberate people from their misery?

There are people who are changing guru after guru in search of the real one. Gurus have become like clothes that you change everyday.

If one guru can not satisfy your needs, you immediately adopt the next one, and you go on changing them ad infinitum. You get utterly exhausted in this search but remain exactly where you started because you have not found the real master.

Our incapability of recognizing the real takes us to so many gurus but we are unable to find the real master. You don't have that clarity of vision that is needed to recognize the true master. That is the reason that this world is full of so many false gurus. The situation is like being in the sea where there is water as far as you can see but there is not even a drop to drink. You simply remain thirsty.

When I was suffering and searching for liberation, I came across many gurus. After wandering for years and miles, I came to realize that to find the real master is the most difficult task in this world. Even after being to so many gurus, my suffering had not diminished. My sorrows remained as they were. My search of gurus did not help me overcome my sufferings, nor did it bring me any realization of divine.

In the long journey of my search of truth I came across such masters who claimed big but were aware neither of divine truth nor of their own self. Now what help is such a master who can neither show us the way nor can liberate us from our suffering?

Finally, I stumbled upon the mysterious but all-pervading power of cosmic grace and experienced that cosmic secret is the master of masters. I experienced that this dimension is powerful enough to

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first at the physical and mental level before taking you into the spiritual dimension. The format of the cosmic grace conventions is to bring you an easy and immediate relief from your problems. It is not a serious concept but an easy method to live a contented life.

In these conventions, we do not go into the rituals or the readings of scriptures. In these conventions a different dimension is offered, where we learn to deal with our problems at all levels.

Through these conventions held all over the world, more than 30 million people across the world have experienced the truth of this fact. The participants of these conventions have realized the joy and happiness that this existence has provided for all of us to experience.

The greatness of a master is that he lives for the welfare of mankind, and dies for it. You must have read the story of sage Dadhichi, who gave away his bones for the human welfare. The scriptures made out of his bones saved the pious and destroyed all negative forces from this world.

The eternal tradition of India is proud of a rich lineage of true masters. These masters devoted their whole life for the betterment of humanity. These masters eradicated misery from the world and brought peace and contentment to human hearts. A true master is beyond the geographical boundaries as his work is dedicated to every human being. He does not belong to any country as all countries are his.

A master is universal just like the elements of earth, water, fire, wind, and space. He doesn't belong to any particular religion as the heritage of all the religions belongs to him. He has imbibed the essence of that cosmic center which is the source of all religions and mystic paths. His compassion is available to people belonging to all the religions. His only mission is to show human beings the way out of their misery, without making any discrimination on the basis of religion, caste, color, or nationality.

The very fact that our language has the word 'world teacher' shows that a teacher, a master is not complete without the world.

A master's words, his sermons, his compassion is all addressed to

the world. His words carry an equal importance for people belonging to all religions and nations. The whole humanity gets benefited by his compassion and wisdom.

So, the dimension of cosmic secret - which is the master of masters - is equally available for people of every religion, caste, creed, or nationality. The cosmic science is the essence of all the religions, and its simple practice benefits everyone. This science is the secret of all secrets and contains the power of eternal divine source. It began with the beginning of universe, which is beyond comprehension.

The power of this science contains the quality of a master and the God himself. One who receives cosmic grace through this science overcomes all his sufferings, sorrows, and miseries. The cosmic grace makes one the rightful receiver of success, fame, richness, good health, intelligence, and finally the ultimate liberation from the cycle of life and death. With the regular practice of the techniques of cosmic science, negative energies start losing hold over you - giving way to the positive forces.

The positive energy fills one's whole being, bringing light to all our deeds and actions. Our actions performed in the light of positive energy connect us to the cosmic source and all our problems simply evaporate. With the regular practice of cosmic sound secrets, 30 million people across the world are receiving cosmic grace today.

The cosmic grace, which we can also call master's grace, has cured such incurable diseases that even the medical science was unable to cure.

The researchers and scholars of medical science have now accepted that this dimension carries the solution to all our problems. The science is amazed at the results of the cosmic techniques.

A scientific research to study the process and results of the cosmic science is already underway.

The master's grace is infinite, and beyond the comprehension of science. This grace can only be received from a true master. First of

all one has to recognize the true master. We have already discussed the qualities of a true master and a false master.

One has to beware of the false gurus so that our search can be dedicated to find a true master. Once we find a master, it is important to follow what he says. In fact, he is the medium to carry God's words. So what he says is the word of God. Come what may, we should always follow what he asks us to do. If we do not follow his words, we unconsciously shield ourselves from his grace. Such people continue to suffer with their problems. Even if they practice techniques of cosmic science, they will not be benefited.

It is through following master's instructions with total trust that things start falling into place and we start receiving cosmic grace as the master becomes a channel between us and the cosmos. We should be ready to keep standing the whole night if the master asks us to, without doubting why he is asking us to do such a thing. We should always trust that whatever is the master asking us to do is for our own good.

The master has no selfish reason to ask us to do anything as he doesn't need anything from us. Also, his vision is so clear that he can see what is good for us. His commands, even if they appear to be unreasonable, carry a divine will. He knows what is obstructing us from receiving cosmic grace. Hence, asks us to do certain things that can remove those obstructions from our way. If you follow master's words to the last detail, you will experience the limitless benefits of the cosmic grace.

The Origin of the Universe

Gurudev, today the science is trying to get to the origin of this universe. Can you please tell us about the secret of the universe, and can science ever unravel this mystery?

This question is very important scientifically as well as spiritually.

Scientists are talking about unraveling the mysteries of this universe and trying to find its origin. They even developed a machine which could not work because of some technical problems but they have not abandoned the project. They are saying that they will again start the project. Whether they can reach to the origin of the universe remains to be seen.

Till date, science has no answer with convincing evidence regarding the origin of the universe. As far as the science is concerned, all questions around this subject remain unanswered. Science can not tell us when, why and by whom this universe was created.

Space researchers and institutes such as NASA have been struggling with these questions since decades but science has its own limitations. Science can conduct a research on somebody only till he is alive. As a person ceases to exist he goes beyond the approach of science.

No scientific research can ever find out where a person goes after death. Science is unable to find whether there is a life after death.

For science death is a full stop. Many scientific researches in this direction have already failed. Science can only study the planets, stars, galaxies, neutrons, electrons and protons etc. But this research is not complete in itself.

Science has been studying the galaxies and stars because they

are still in existence. The question is where did they come from?

Western scientists have done a lot of researches on new born babies and they claim they can make medical death an impossibility if they can find out where the child comes from and where does it go after death. But these questions remain unanswered and will always remain unanswered as far as science is concerned.

Cosmos is immensely vast and can not be known only by astronomy, space science, chemistry, physics, or astrology. After every new research, these sciences add a new chapter of questions to their existing knowledge. The machine that the scientists are talking about is just one more step in the field of research but it can never find out about the origin of this cosmos.

Let us first understand that the very word 'universe' has its roots in the otherworldly reality. Researches can be conducted on worldly objects and processes because they can be physically touched.

Subjects like soul, god, life, and death can not be touched by science. They can try to conduct their researches but there will never be a definite conclusion. The questions that science is trying to solve

“Science can only study the planets, stars, galaxies, neutrons, electrons and protons etc. have already been pondered by the spiritual sages in India. They even found the answers which are written in the scriptures. Bhagwad Gita says clearly: Nainam Chhidanti Shastrani, that this soul is immortal; that it can

But this research is not complete in itself. Science has been studying the galaxies and stars because they are still in existence. Scientists have not been able to even understand anything about the soul and spiritual scriptures have defined all its qualities. This is an otherworldly issue and impossible for science to comprehend.

The question is where did they come from?” Science is not capable of touching the otherworldly subjects. It is the cosmic science that can go deeper

into the mysteries of this universe.

If you practice the methods of cosmic science you yourself can come face to face with the mysteries of this universe because the cosmic science carries all the powers of cosmos. This unique science has proven that millions of people around the world have experienced miracles happening in their life.

Cosmic secrets are not the area of science. They are hidden in the ancient scriptures. We have an open invitation to the scientists to come and experience. Many scientists around the world have already understood the power of cosmic science and have accepted that where the material science ends, the cosmic science begins.



Cosmic Grace Energy Centers: Purpose and Significance

Gurudev, you have given a vision of Cosmic Grace Energy Centers or Mahashaktipeeths. Will you please explain the significance of such centers?

A mahashaktipeeth is a sacred place of pilgrimage, is a unique invention, very deep and symbolic. Such places were created by ancient civilizations in many places but our present civilization has lost all knowledge about the significance of such places. Today visiting a place of pilgrimage is just a dead ritual for us. We just go there, without knowing why places of pilgrimage were established, what their use was and who made them.

Whatever can be seen from the surface is not everything. There are some hidden meanings which are not visible from the outside.

We should understand first that our civilization has lost the purpose and meaning of the sacred place of pilgrimage and so that we can understand the significance of Cosmic Grace Energy Centers.

A shaktipeeth was a means to establish contact, not with any living beings in space but with the cosmic energy.

The only reason for creating the places for pilgrimage was to experiment with creating powerfully charged fields of conscious energies, so that anyone could easily fall in tune with the cosmic power.

There are two methods of making a boat move. One method is to open the sails at the right time in the direction of the wind and not use the oars; the other method is not to open the sails, but to help the boat move with the use of the oars. The shaktipeeths are places

where a stream of positive energy is flowing automatically: you just have to stand in the middle of the stream where the sails of your consciousness open up and you begin your journey towards being in contact with the cosmic energy. You will be able to travel far more easily and faster in such places than anywhere else. Elsewhere, you may unknowingly reach some negative place and open up your sails in the wrong direction: you may move further away from your destination and become lost.

For example, if you are sitting and practicing Cosmic Sound Secrets at a place which is full of negative emotions -- where butchers are killing animals the whole day -- there will be a great struggle and conflict in your mind. In your paath you become very receptive, open and vulnerable, so whatever is happening around you at that time enters you. So when you practice Cosmic Sound Secrets it is always necessary to choose a place which will not take you in a wrong direction.

Whenever, during your paath, you have disturbing thoughts or find it difficult to be silent, move from such a place.

You can sit in paath in a jail too, but that requires a very strong individuality. But in a shaktipeeth, a holy pilgrimage place, you drop all resistance and open all your doors and windows. There, positive energy is flowing in abundance. Hundreds of people have traveled into the cosmic field from there and have created a path. It is as if they have made a path by cutting down trees and removing the bushes blocking the path, so that those walking behind them find it easier to travel.

On the religious path, efforts are made by the higher, stronger consciousnesses to help weaker people, in every way. The Energy Center is one such experiment.

A shaktipeeth is where the currents are flowing towards the cosmic sphere, where the whole atmosphere is charged; from where people come in contact with divine energy, from where people easily come out of their sufferings. Such places become specially charged. In such a place, if you just open your sails, without doing

All tirthas used to have their own music. In fact all music was born in such places, and the music was originally created by seers and sages. Not only the art of music, but all dance originated in temples.

Fragrance was also first used in shaktipeeths. When it became known that one could reach the divine with the help of music, it was also realized that through music one could also go astray. If a certain fragrance can help you go toward the divine, then with another fragrance one can also go towards sensuality. If in a certain kind of room one can go into meditation more quickly and easily, there are other kinds which can prevent meditation.

All methods of helping a seeker were found in tirthas and temples. The bells hanging in the temple, the sounds that emanate, the incense, the flowers -- their fragrance -- were all prearranged. It was all designed to maintain a certain harmony whose continuity would not be broken.

If paath is to be done, it is always performed at fixed times, for a fixed length of time, in the morning, the afternoon and the evening, and always accompanied by the same mantra or incantation. The ritual goes on at regular intervals year after year for thousands of years.

There is one other thing to be understood. Ordinary we have the illusion that we are all separate individuals. This is a wrong belief. There are many of us sitting here, but if all of us sit silently separate individuals do not remain but only one cosmic reality. The shaktipeeth is a mass experiment.

When human consciousness forms a bigger contact field, the possibility of the divine descending into it becomes greater. The descending of the divine is a great happening. The greater the happening, the greater a place we have to create for it.

The Cosmic Grace Energy Centers will create large contact fields.

The ultimate power could be drawn more easily in a large scale energy center-- no one will return empty-handed from them. If an energy center can be created with all the right conditions, the divine in many forms can help. The whole arrangement is to provide help.

I have told you some things to explain the tirtha to you -- but that is not enough. There are many things connected with such places which can't be understood -- but they do happen. Such things cannot be intellectually clarified or made into mathematical formulas, but they do happen.

Energy centers do the same work as is done by radars today: radars reach where the eyes cannot. Stars which cannot be seen with the eyes can be detected by radar. Now through the energy centers communication can be established between us and the cosmic energy.

The shaktipeeths have their own science, and that science has specific rules for the whole process. The second step follows the first, and the third follows the second; even if one step is missed, the result will not be the same.

It should also be understood that once the science of shaktipeeths is properly understood, the ritual and methodology becomes simplified, they don't remain complex. When technology isn't properly developed, the process remains very complicated. In the Cosmic Grace Energy Centers all the spiritual technology will be used and will be made available to the scientists and medical professionals to understand.

The Science of Cosmic Sound Secrets Dance and Divine Music Can Also Help

Gurudev, you have given us the cosmic tools of Cosmic Sound Secrets to liberate us from all our sorrows and suffering. You have also introduced dance and divine music as cosmic tools. How do these things help us?

In this connection let us understand a little about the science of sound. Science believes that the ultimate unit of all matter is electricity. The Eastern sages believe that the ultimate unit of matter is not electricity but sound. Modern physics believes that ultimately all matter is made up of electricity, whereas the eastern sages say that sound is the basic unit of all matter. Whatever the truth may be, the thing to be understood is that there is a close relationship between electricity and sound. It is possible that the statements of the scientist and the sage are both true simultaneously.

If not today, tomorrow the reality of the ultimate element will be known: one form of that element is sound, and the other is electricity. What that element is has to be discovered. Searching from the religious aspect, the sage reaches the knowledge that sound is the ultimate; searching from the material aspect the scientist has been led to electricity. Remember, the sage has searched in the deeper realms of cosmos, not within matter: within the mysteries of cosmos, the ultimate experience of cosmic unity is that sound.

As long as you are aware of cosmic mysteries, there will be the awareness of sound. The deeper you go into these mysteries, the less audible will be the sound, until it becomes a void. That very silence has its own sound, the cosmic sound. That cosmic sound is

the ultimate sound: the last experience of human consciousness is this sound. Because of this experience, the Indian sages say that sound is the ultimate element.

The scientist divides and subdivides matter into its smallest component, and just before it disappears into the formless it is seen as the electron. Then when matter is completely lost and the formless appears, what remains is electricity.

What has to be thought about is whether the smallest, the ultimate part of cosmic consciousness, comes before the smallest part of matter. It is certain that cosmic consciousness is more subtle than matter, hence the ultimate part of cosmic consciousness must exist before that matter. So the Indian sages have held the view that sound is more subtle than electricity, that it comes before electricity, and is the ultimate source of everything.

Music, song, prayer and chanting are all uses of sound.

Every sound creates a particular state within you and connects you with a certain part of cosmic energy; there is no sound which doesn't.

Scientists who are experimenting with sound electronics now know that if special musical instruments are played in front of a plant it will grow flowers one month earlier than it otherwise would have. If special musical instruments are played in front of cows, they will give twice as much milk. If the wrong instruments, or wrong music is played, they may not give any milk at all.

Sound really reaches and strikes cosmic consciousness. Your neck can be cut with a sword, but with the sword of sound your sufferings can be cut. The edge of sound is sharper, and it disconnects your mind from its various preoccupations. So

Music, song, prayer and chanting are all uses of sound.

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you are totally staking everything on it. Every hair, every cell, every fiber of the body participates; every nerve, every bone, every piece of flesh and muscle become involved... every drop of blood has to call aloud.

When your whole existence becomes that sound, there will be results. The devotee has to practice the Cosmic Sound secret regularly for a special reason: you hammer on one spot again and again so that the door might break open -- and it does!

So sound, dancing and music have all been used.

Dancing as such is a different matter. Many people dance but they do not get liberated from their suffering. If they are dancing for the sake of dancing, that has no relationship with the infinite. So everything has to be done in relationship to the infinite and hence the spiritual dimension of dance has to be understood. That will continuously remind you that the dance is not for the sake of dancing. The dancing is on the periphery; the center is the divine, the center is in the supreme being. All is in preparation for being in contact with the ultimate.

Otherwise there are dancers, musicians, singers who are all superb in their art -- even devotees can sing very well.

But this is not of any relevance; the devotee is not concerned with music or song, his purpose is different. His whole effort is to become so overwhelmed that he can dissolve and lose himself so fully that the inner flow takes over and sets him afloat in the infinite. He has to become the circumference, with the supreme at the center. He has to create such liquidity that he can remain afloat, and flow.

In our conventions we also establish the idols of various gods and goddesses. That also has a special purpose. The idol has been used in many different ways to experience ecstasy. Those who speak against idols do not know what worship means. Anything can be said by someone who does not know; people are very ignorant and do not know anything. They accept whatever they hear -- especially the negative. It is a law that the mind easily accepts that which is

negative because it doesn't have to take any trouble to prove it.

If someone says, "There is no God," he does not have to prove anything. But whoever says, "There is a God," has to prove it. So the mind easily accepts that which is negative, but before it accepts anything positive, it makes certain conditions; otherwise it will have to take the trouble to prove it.

Worship is positive, idols are positive. In denying something there is nothing to lose.

Turgenev has written a small story.... In a certain town there was a very intelligent man, and quite influential too. And in the same town there lived an utter fool, an idiot. One day the idiot approached the intelligent man and asked to be shown some way of becoming intelligent. The intelligent man asked the idiot whether he wanted to be intelligent or appear to be intelligent, because to become intelligent was a long process, but to look intelligent was easy. The idiot replied that he wanted to be shown the easier way - - that if it was enough if he looked intelligent, he did not want to bother about becoming intelligent.

The intelligent man commented that in becoming intelligent there was a possibility to make a mistake, but in looking intelligent there could be no mistake. The idiot then became impatient and requested that the trick be revealed without any delay.

The intelligent man whispered something in his ear -- and from that day on the idiot gradually began to become known as intelligent throughout the town.

The people of the town began to gossip; How had this fool suddenly become intelligent?

When your whole existence becomes that sound, there will be results. The devotee has to practice the Cosmic Sound Secrets regularly for a special reason: you hammer on one spot again and again so that the door might break open -- and it does!

What had the intelligent man told him?

He had simply told to the fool to immediately negate every statement he heard. If anyone said, "There is something to idol worship," the idiot was immediately to reply that there wasn't. The idiot asked the intelligent man, "Should I say such things even when I don't know anything about the subject?"

The intelligent man said, "You don't have to bother about knowing anything at all -- just negate whatever is said. If somebody tells you that the works of Kalidas are wonderful, just say it is all rubbish! Tell them to prove that they are! If anyone says that Beethoven's music is heavenly, say that even in hell such music is played! And ask the person to prove what heavenly music is like. Just deny everything, and if anyone opposes you, challenge them to prove their claim."

Within two weeks the idiot became famous throughout the town for his intelligence. People started saying that he was very deep and difficult to judge or understand. If someone said that Shakespeare's poetry is beautiful, he would reply that it was simply rubbish -- any school child could write such poems. Then the person would feel shaky because it was difficult to prove what he was saying.

This century is, in a way, a century of many types of foolishnesses.

And the foundation of our foolishness is negation. For a whole century we have been denying one thing after another. When others are not able to prove something, they also join in the negating. But remember the more negative a life is, the more insignificant it becomes.

No truth can be known without being positive.

The more negative a life is, although it will seem more intelligent outwardly, inwardly it will be more stupid. The more negative a life is, the less will it be possible for truth, joy and beauty to penetrate it, because all elevating experiences happen only to a positive mind.

All experiences of value can be had only by a positive mind. Whenever someone says "no," something within his mind closes.

Have you ever thought about the effect of words? If you close

yourself in your room and loudly say "no," you will find that your whole heart contracts and becomes closed. If you loudly say "yes," you will find that your heart opens its wings and flies into the sky.

Words are not just born: the uttering of them creates some parallel event. In saying "no," something contracts within you, and in saying "yes," something opens within you. Idol worship is a very positive method. But you have to meditate and go so deep into the idol, into the worship, that you come to know that the idol is the symbol of cosmic energy.



Deeper Mysteries of the Universe

Gurudev, can you please explain the deeper mysteries of the universe?

A deep study of the ancient scriptures takes us into such mysteries of universe that calls for an in-depth scientific study at a global level. These researches belong to a para-scientific dimension that is beyond the comprehension of material science.

The science doesn't have a single research lab that can find and prove how the ancient sage Agastya drank the whole ocean. Was that the evaporation of the whole ocean?

If yes, how did Sage Agastya cause it without the help of an advanced scientific gadget? What technique did he use? If it was a scientific technique, then why doesn't science have it today?

To find these answers we have to shift our focus from the material science to the spiritual one. The power of the otherworldly science lies within the Cosmic Sound Secrets. Bhagirath, in the ancient times, brought the heavenly river Ganges to this earth. It is another example of what immense tasks can be fulfilled in the cosmic dimension of spiritual science.

Cosmic science is capable of solving unsolved mysteries of this universe as the cosmic power itself has given us these answers hidden and encoded in our scriptures. We can easily find these answers in the Vedas.

Even scientists have accepted that the Vedas carry the answers to many mysteries regarding the origin of the universe.

Atharvaveda has such powerful Cosmic Sound Secrets that can help us understand the mysteries of this universe, while helping us to overcome our physical, mental, and financial problems.

Today, more than 30 million people across the world are experiencing this mysterious and powerful dimension of cosmic science.

The incurable diseases are being cured, great problems are being solved with a simple practice of Cosmic Sound Secrets.

The answers to all our ultimate queries lie within the cosmic science, not the science of the material.

Gurudev, do Cosmic Sound Secrets carry the secrets of the cosmos?

Cosmos is a melody; Cosmos is musical -- for so many reasons.

Cosmos is harmony; it is not anarchy. It is not a chaos; it is a cosmos, a unity. So complex, so vast, but still united. And life pulsates -- from the lowest atom to the highest star. Wave lengths differ, pulsations are of different frequencies, but the whole cosmos pulsates in a deep unity, in a harmony. Greek philosopher, Plotinus has called this 'the music of the spheres'. The whole cosmos is a music.

It is musical in another sense also. All the spiritual paths have said in some way or the other that life consists of sound; cosmos consists of sound.

Science differs, but not very much. Science says that the basic particle is electricity not sound. But science also says that sound is a mode of electricity, a sort of electrical expression -- that sound consists of electrical particles.

Spirituality says that the basic element, the basic unit of cosmos, is sound, and electricity is a mode of sound. That's why we have the myth that, through music, fire can be created. If fire is nothing but a combination of sounds, then fire can be created.

This difference between the scientific attitude and the spiritual attitude is worth understanding. Why does science say that sound is nothing but electricity and spirituality says that electricity is

nothing but sound? Because science approaches cosmos through matter, and spirituality approaches it through life.

The deeper you go into the cosmic secrets, the more you will find a new world of healing sounds. When you reach to the innermost core of your being, you will find the soundless sound. That's what in the eternal tradition of India has been called nad: anahat nad -- sound which is uncreated, which is your very life. It is not created by anything, it is not produced. It is just there. It is cosmic.

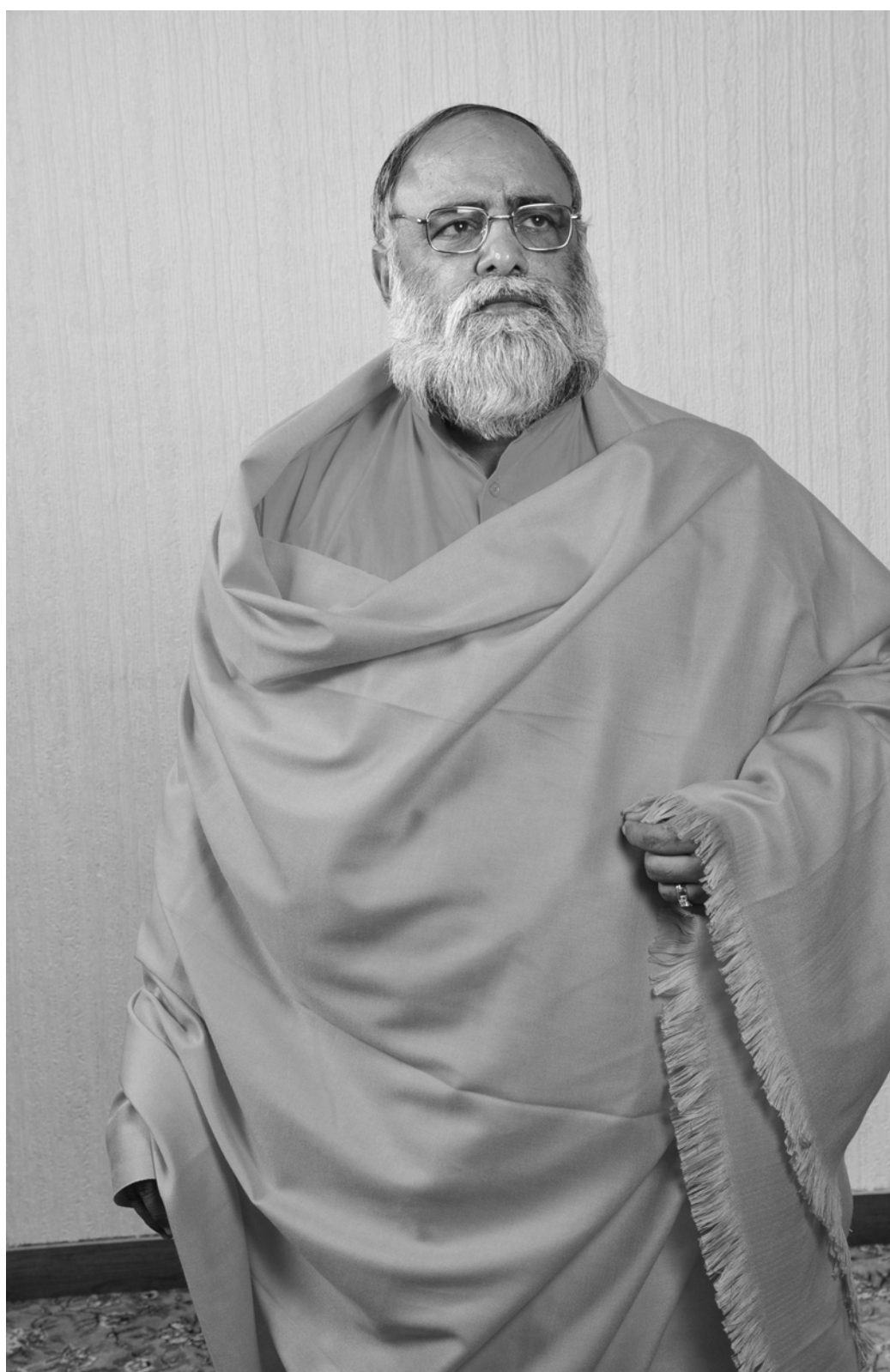
Aum is the symbol of that sound. If you go deeply within, when the ultimate core is reached you hear the sound aum. It is not that you produce it. It is simply there, vibrating. It is the basic element of life.

The method of Cosmic Sound Secrets is the method of falling in tune with the eternal sound of the cosmos. Once we fall in tune with that eternal sound, the healing starts happening at every level of our existence -- physical, mental, financial.

Part III

Cosmic Grace Conventions

A Glimpse into Practical Aspect of Cosmic Theory



Cosmic Grace Conventions

Brahmrishi Shree Kumar Swamiji is one of those rare beings who have gone to the deepest core of the cosmic mysteries. What makes him rarest of the rare is his dedication to eradicate all human suffering by sharing these mysteries by one and all. He is relentlessly traveling around the world holding Cosmic Grace Conventions where he lovingly offers cosmic tools to thousands.

The process of Cosmic Grace Conventions started in December 2002. Gurudev's TV show "Secrets of Ayurvigyan" had completed its 200 days. In that show Gurudev used to diagnose people's diseases or problems just by looking at the photos sent by them, and then he used to offer solutions in the forms of divine medicines and Cosmic Sound Secrets. At that time so many letters used to arrive that let aside reading them, it was impossible to open them all to have a look at them. When the problem was presented to Gurudev, he said that from then on we would organize large scale conventions to solve people's problems en masse.

The first convention was announced to be organized on the 21st-22nd December, 2006 in Hindu Mahasabha Bhavan near Birla Mandir in New Delhi. There has been no stopping since then. Millions around the world have benefited through these conventions. By the time of completion of this book, 227 conventions have already been organized and many more are on the way.

The Cosmic Grace conventions have been participated by various heads of state, governors, chief ministers, diplomats, actors, educationists, judges, medical scientists, surgeons, and media people across the world. Millions of lives have gone through revolutionary changes through these conventions.

People have found a ray of hope. It would not be an exaggeration to say that millions of people across the world have got rid of their physical ailments and millions have overcome their mental challenges because of these conventions.

Many of these people had reached a point where they could have committed suicide but after participating in these conventions they have embraced life. Those who had reached to the lowest depth of financial crisis are now running successful businesses. The bright light of cosmic science has lit up the lives that were wandering in the dark corridors of misery.

The Cosmic Sound Secrets offered in these conventions have proved to be very life-line for those who could see only death at the horizon. The greatest achievement of Cosmic Grace conventions is that science has gone through a 180 degree turn in its approach. The scientific world that once used to look at the concept of cosmic grace skeptically, is now literally bowing down to Gurudev.

Scientists have started conducting researches on the healing effects of Cosmic Sound Secrets. They have accepted that the cosmic science is a much bigger dimension than the material science. The scientists of the developed Western countries were simply amazed when they saw the proofs and evidences of people being healed of incurable diseases by practicing Cosmic Sound Secrets. The point of amazement for the medical scientists is that they still have found no cures for many of the diseases that are being cured by the cosmic science.

The long scientific debate regarding the authenticity of spiritual claims has come to an end. The cosmic grace conventions have also been a platform to convey a message of peace and mutual love to the world.

Gurudev has traveled more than 50 countries to spread his message of world peace. He is tirelessly working to realize his dream of a peaceful world without war and violence. In these conventions people of every religion, caste, creed, and nationality have found solutions to their problems.

The Significance of Worldwide Cosmic Grace Conventions

Conventions held all over India, America, Canada, England, and other European nations

The scientific advancement that we see today is more than ever. We have gone through a scientific revolution in leaps and bounds, and there seems to be no limit to the possibilities. Everyday there is a new gadget to make the human life faster and more comfortable, but the big question is - are we really comfortable?

In spite of this tremendous scientific revolution humanity is facing an unprecedented crisis. The magnitude of the present world crisis is such that even the world-power such as America is finding it difficult to bail out of the situation. Not only the underdeveloped or developing nations but the whole world - including the developed Western countries - is in a financial mess; the economies are crumbling.

On the other hand, there is terrorism, growing by the day. The scientific development and all the security arrangements are incapable of dealing with the sense of insecurity that has become the part of human life. Globalization finds itself moving backwards and the economic recession is spreading fast. The industries are folding, the share markets crashing. People are losing their jobs, while companies their business....

There is no part of the world that has not been touched or affected by the problem of terrorism. The whole world is living under the shadow of terrorism. America and its allies are threatened by the possibility of Talibans getting hold of nuclear weapons. If that happens, the consequences are unimaginable. The world peace will be a long forgotten dream. Already, no effort towards world peace seems to be of any significance.

The world war, though not imminent, seems like not an impossibility. The United Nations is clueless as to what can be done to restore world peace. Of humanity's future, there are predictions galore. And none of them is very reassuring. There are astrologers who are predicting the end of this world by the year 2012, while the others are predicting of a world war. If we believe the astrologers, the times ahead are not good politically, socially, or economically. Few astrologers have also predicted a major shift in the cosmos. To sum it up, the world is facing a major crisis that has endangered our physical, mental, and financial wellbeing.

And the scarier part is that there seems to be no immediate solution to it. Science is not being successful as it has its own limitations. The challenges that we are facing are not only material, but also spiritual, otherworldly. Science can not step into the otherworldly dimension.

According to the calculations of planetary conditions, the world is going through a phase of negative energies presently. The countries under this negative planetary influence are suffering the most. The countries worst hit by this influence are America, Canada, England, and other European nations. The citizens of these countries are suffering physically and mentally. The quality of living in these countries is dipping low. People are being victims of mental disorders. Compared to India, more people in the West are suffering from depression, hypertension, high blood pressure, anxiety, and coronary disorders.

The effect of psychological ailments is being reflected on the social and cultural fabric of the Western societies. The psychological perversions are rampant. Even the advanced medical science is finding itself incapable to cope with the situation.

The movement of de-suffering that Brahmishi Shree Kumar Swami started a decade ago has now taken a global form and almost 30 million people across the world are practicing the para-scientific tools of cosmic grace to overcome their physical, mental, and financial ailments. He travels around the world to bring people in touch with the cosmic grace, the source of all wellbeing.

In more than 50 large scale conventions across the globe, he has

not only taught Cosmic Sound Secrets to millions but has also bedazzled the scientists and medical professionals. Today, Brahmishi Shree Kumar Swami is the center of curiosity and amazement for the Western countries. Internationally, the medical scientists, professors, and doctors are in awe of the results that the practice of Cosmic Sound Secrets is bringing to people suffering from incurable diseases.

The mystical persona of Gurudev, and unimaginable power of cosmic science propounded by him have shocked people awake. It has triggered an international debate among medical scientists. There is a large section of scientists that has accepted that the Cosmic Sound Secrets are capable of curing even such diseases that the medical science has no cure for.

For the worldwide peace and wellbeing, Gurudev has already traveled to America, England, Canada, France, Germany, Hungary, Austria, Port of Spain, Kuwait, Singapore, Malaysia, Thailand, and Nepal. During his tours of these countries he made people experience the cosmic grace through powerful tool of Cosmic Sound Secrets. Wherever he went, he brought people freedom from suffering.

Gurudev has categorically stated that only a short regular practice of 10-15 minutes of Cosmic Sound Secrets is enough to bring this world out of its economical, social, psychological, physical, and political problems.

There are millions around the world who have gone through this practice and experienced the positive results. There are people

The mystical persona of Gurudev, and unimaginable power of cosmic science propounded by him have shocked people awake. It has triggered an international debate among medical scientists. There is a large section of scientists that has accepted that the Cosmic Sound Secrets are capable of curing even such diseases that the medical science has no cure for.

Cosmic Gace Convention in New Jersey: A Dimension of Life & Light

The convention held at New Jersey brought the dimension of love to life and light. Among the hundreds of international participants also present were New Jersey assemblyman Upendra Chivkula, Edison County Councilman Dr. Sudhanshu Prasad, prominent ayurvedic researcher Dr. Ramesh Pandey, delegates of medical fraternity, and prominent journalists.

Addressing the assembled seekers Gurudev said, "We all define love according to our own convenience. We believe love to be the relationship that exists between husband and wife, lover and beloved, siblings, or friends. In fact, what exists in these relationships is not love but a sense of belonging. Real love is beyond relationships. It is unaddressed. If you really know how to love, you will love friends and foes alike. In fact, if you have known love there will not be any enemy. A loving heart does not differentiate among people. A really loving heart will not differentiate between humans, animals, birds, or even trees. The light of divine grace awakens this kind of love in our heart. All the miseries, sufferings, conflicts or wars that we have seen in this world have occurred because of the lack of real love. On the other hand, whatever joy and happiness we have experienced is because of love. If you want to know god, if you want to be acquainted with the light of god's dimension then love is the only way. The bright aspect of divinity is nothing but love. If we have to find a simple definition of love that we can understand then we can say that love is to bless even those who try to harm us. Even if you don't believe in god and have love in your heart, you are not far away from him because love is god's nature. This is what also Jesus said. He asked god to forgive those who were crucifying him."

Gurudev also said, "This world follows the law of karma which means what we sow we reap. Each act is bound to a law and has a certain limitation. For example, if we fall sick we go to the doctor for our treatment. If the sickness develops any further, we move on to the experts and the treatment becomes extensive and more complicated but sometimes we come to a dead end. There are diseases for which medical science has got no cure as yet. There, the limit of medical science ends and it can help no further. After this point starts the otherworldly territory and law that we call the divine grace. This territory has no limit as it is all encompassing. To reach that territory, there are tools that have been encoded in our ancient scriptures. These tools are called Cosmic Sound Secrets."

Elaborating on the nature and science of Cosmic Sound Secrets Gurudev said, "If we practice Cosmic Sound Secrets, we come into contact with the divine energy of cosmos. These tools of cosmic science are so powerful that they can solve all our problems. And there are no conditions to enter this hidden dimension of divine grace. Neither you have to pay any money nor do you have to change your religion. You don't even have to follow me to learn the Cosmic Sound Secrets. These secrets are unconditionally available for all. When you fall sick, the doctor doesn't ask which religion you belong to because medicines work equally on everyone. There are not different medicines for people belonging to different religions. Just like medicines, Cosmic Sound Secrets are universal and beyond religious boundaries."

Going deeper into the meanings of Cosmic Sound Secrets he explained, "The whole cosmos is based on sound or word. Everything revolves around words. Sometimes we use such words that cause conflict and disharmony. Similarly, there are words that bring harmony and love. This



US Assemblyman, Shri Upendra J Chivukula presenting a felicitation shield to Gurudev

dimension of cosmic science has found words with specific sounds that can solve all your problems."

Gurudev also said, "The nature of a touchstone is to turn the base metal into gold. But it doesn't turn the baser metal into touchstone itself. It means that somewhere there is a flaw in its nature. It can take the baser metal into a higher stage but not to the ultimate one. A master would like to turn you into a master of your own being. I attained this light of cosmic grace, I would have kept it to myself if I wanted. But I do not want to make anyone my disciple, so I am offering this mysterious dimension to everyone so that everyone becomes a master just like I am."

Some participants in the convention also shared their experiences. Few of them we are presenting here.

Sukat from New York said, "Till last year, I had a job which was not paying me well. I was in a financial crunch and was living hand to mouth. Last year when Gurudev came to New York I got initiated into Cosmic Sound Secrets. I started practicing Cosmic Sound Secrets with total determination. It is the result of my regular practice of Cosmic Sound Secrets that today I am working as a manager in a good company and earning very well.

Reema from Maryland shared, "Last year when the convention was held in New York, I had come to participate. At that time I had joined a new job and was getting late to reach my office as the convention had stretched beyond the scheduled time. As I started to get up to leave, Gurudev asked me to sit down. I told my problem to Gurudev and why it was necessary for me to reach office on time. He asked me how much I was being paid for that job. I told him that I was getting \$9 per hour. Gurudev told me if I would not leave then I would get a job that would pay me \$19 per hour. I did not leave. And today I am being paid exactly \$19 per hour! I ask everybody, if it is not a miracle then what else can be called a miracle. Everything in my life is because of Gurudev's blessings. I will forever be grateful to him."

Cosmic Grace Convention in London: Immense Powers of Cosmic Science

The convention held in London was a glimpse into the immense powers of cosmic science. The Members of Parliament of British Government Mr. John McDonald and Mr. Virendra Sharma were also present at the occasion along with thousands of seekers from all around the world. The occasion assumed more importance as it was also a part of ongoing Gurupurnima celebrations.

The convention started with the heartfelt expression of gratefulness by the devotees. The general secretary of Bhagwan Shree Lakshmi Narayan Dham, Shri Gurudas started the proceedings by saying, "Gurupurnima is a festival when the master showers his immense blessings over the disciples and it is fortunate for all that Gurudev is physically present here in London at this occasion. Many of you must be participating a convention in Gurudev's presence for the first time, but you must know that you are here because Gurudev has already blessed you. I would like to share an incident that happened while a convention in Gurudev's presence was in process in Kenya. A gentleman who was participating in Gurudev's convention for the first time narrated a very beautiful experience. he said that even before he came to know about Gurudev, he along with Guru Maa had already appeared in his dream. Similarly, a lady from America who had come to Birmingham convention in 2004 said that Gurudev had initiated her into Cosmic Sound Secrets in her dream. This is a unique dimension of master's work."

The next speaker, Mr. Hardayal Singh Alagh said, "For Gurudev, entire world is like a family and he is traveling around the world for the welfare of this family. His vision is to bring peace to this planet in all possible ways. He wants this world to be without suffering. And fortunate is this world as Gurudev doesn't ask for anything in return for what he is offering us."

Addressing the assembled seekers Gurudev said, "We are passing through hard times currently. The whole world is suffering from economic meltdown and there is an atmosphere of fear and insecurity in the world. But we need not worry as the divine source is always there to take us beyond our sorrows and anxieties. This divine source does not belong to any particular religion. It is just a sound that is pervading the whole cosmos. If you chant this sound, or the different variations of this sound that I call Cosmic Sound Secrets, you will find your problems and miseries disappearing miraculously."

Further he said, "I have been a personal physician to the President and other high ranking government officials of India. I used to believe only in the dimensions based on science. Vedas, Puranas, and Upanishads were a matter of joke to me. I did not believe in the existence of God. I used to think that to believe in god or to follow any religious rituals is simply hypocrisy and blind faith. In short, I believed in science, not in spirituality. Then came a turning point in my life. When I was serving the President of India as his personal physician, he came down with a sickness that was proving impossible to be treated by known medical resources. One day, I came across a sage who gave me a bunch of some herb and taught me a particular Cosmic Sound Secret. I asked him what I was supposed to do with the mantra and that herb. He asked me to repeat the mantra nine times and then make the President to smell that herb. He said that it would cure him completely. I told him that I did not believe in that stuff. He said that he was not asking me to believe in anything, that I should take it just as a scientific experiment. He also asked me to get the President tested before that experiment and then to repeat the tests again after three days. Although, it was all a joke for me but I did everything the sage had asked me to do. Everyone was surprised when the President was tested after three days. His sickness had disappeared and he was completely normal. That was the day when I began my search in this direction."

Explaining the true nature of Cosmic Sound Secrets Gurudev said, "The dimension of Cosmic Sound Secrets is beyond the world we

can see or touch. The regular practice of Cosmic Sound Secrets connects us directly to the divine source of this cosmos. If I have to define this dimension to you in one sentence then I would say that what the lifetime hard work can not give you can be achieved immediately by the practice of Cosmic Sound Secrets. This special tool of cosmic science takes away all your sorrows and sufferings, and brings prosperity to your life. I am sharing these tools with you. Don't start worshipping me if you get benefited by them. These tools are god's blessings. Thank and worship only god."

Giving a reference of Shrimad Bhagwad Gita Gurudev said, "Lord Krishna, while imparting his wisdom to Arjuna has said that the Cosmic Sound Secrets work on four dimensions. Firstly, they take care of our material needs. Secondly, they give us physical health. Thirdly, they improve our mental and emotional health. And finally, they help us in the spiritual dimension. So, this is a dimension that includes everything. If we enter into this dimension with complete trust, there is nothing that remains unfulfilled. Everything comes to us even unasked."

Mr. John McDonald and Mr. Virendra Sharma presented a felicitation letter to Gurudev on behalf of the British government.

Mr. John McDonald said in his address, "We are passing through difficult times today. We are deeply in an economic crisis. Gurudev's visit to England at such a time carries a lot of significance. We want to express our gratitude to him from the depths of our hearts."



1. Member of British Parliament, Mr. John McDonald felicitating Gurudev
2. Member of British Parliament, Mr. Virendra Sharma felicitating Gurudev

Mr. Virendra Sharma said, "It was two years ago that I had first come to visit Gurudev. It is evident from what I am seeing today that his mission is growing bigger with an immense speed. The whole world is waking up to his message and becoming aware of the cosmic science that he wants to share with every human being. I thank him deeply for his efforts. I hope that he keeps blessing the world for a healthier and happier future. We are eagerly waiting for him to come to House of Commons and address us all."

Mr. Rakesh Pabbi said, "India has been the land of sages and mystics. In India there have been many mystics who had immense powers to heal the sorrows of humankind. We are fortunate that a mystic such as Gurudev has come to England to bless us. I often watch him on the TV and always get amazed when I hear people share their experiences with Cosmic Sound Secrets. Here I heard many people share such experiences, so naturally, I want to know more about the Cosmic Sound Secrets and how they work."

Many participants who had been practicing Cosmic Sound Secrets and have benefited by them narrated their experiences. We are presenting here few of those experiences.

Nirmala Kumari, London: My kidneys were so badly damaged that I had to undergo a major surgery. After the surgery I went into coma and the doctors declared that I would not survive. While I was in coma, my children kept chanting Cosmic Sound Secrets. After five days I came out of coma. Doctors could not believe how this miracle was possible. Now I also practice Cosmic Sound Secrets and feel perfectly healthy.

Surabhi, London: In 2007, something went wrong with my spinal cord. It was so painful for me that I could neither sit nor stand properly. Due to this condition, I could not do any household work and had to take a leave from my job. I went to Bangalore for my treatment but even after a long treatment there were no positive results. In April 2008, I participated in the convention held in Jalandhar and got initiated into Cosmic Sound Secrets. When I

reached back London I had already been practicing Cosmic Sound Secrets for sometime and had been feeling quite well. Once in London, I went for my routine check-up and found that my spinal cord had no problem. This is all because of Gurudev's blessings.

Manisha, London: My father is a heart patient and has already suffered two major heart attacks. Three months ago I received a call from India that he had had his third attack and there was no hope that he would survive. As soon as I heard this, I along with my husband started chanting Cosmic Sound Secrets for his recovery. When I went to India, I found him completely healthy. He was surprised at the miracle.

Anita, Nigeria: There was a phase in my life when I was neck deep in problems. Nothing was going right in my life. Our financial situation was at its worst and our company was under litigation. To top it all, I was pregnant. The complexity of the situation had led me into depression and anxiety. In December 2006, I got initiated into Cosmic Sound Secrets by Gurudev and started practicing them regularly. It is because of this practice that I am living a very happy life today.

Parmila Sharma, London: I was suffering badly since last four years. My shoulders used to hurt severely. When I consulted the doctors, they advised me to undergo a surgery but even after the surgery pain did not subside. It was a very frustrating and helpless situation. Finally I came to know about Gurudev and got initiated into Cosmic Sound Secrets. Since then I have been practicing Cosmic Sound Secrets regularly and I have no pain in my shoulders.

VIRENDRA SHARMA
Member of Parliament for Ealing Southall



6th July 2009

Respected Bramrishi Kumar Swamiji

As a representative of the Parliamentary Constituency of Ealing Southall I have had the honour to attend one of your conventions in London. I was delighted to see that people from various ethnic backgrounds participated. Under the current global climate this is of great value.

The work that you are doing for the welfare of humanity is outstanding and it is amazing to learn how quickly your scientific teachings are spreading worldwide. The fundamental basis of your mission is unique and simple for everyone to understand.

It is highly admirable that you are devoting your entire life to help people in finding a better future for generations to come. It has been an absolute pleasure to have met you and we would look forward to seeing you again.

Yours sincerely,

Virendra.

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Cosmic Grace Convention in Toronto: The Way Beyond Suffering

In Toronto convention Gurudev led assembled people into the dimension of cosmic grace and showed them the way beyond suffering and misery.

Thousands had gathered to learn the tools of cosmic science which are becoming very popular in the West as people have been witnessing the positive results of this science through TV and other media. Member of Canadian Parliament, Mr. Gurbakhsh Malli, was among the prominent people present at the occasion.

Inaugurating the convention, Mr. Sarvpreet said, "Many of us have come from India to settle here. We had come in search of happiness and prosperity. But it seems, most of us are still not happy as we didn't find what we had expected. Gurudev has come to offer us the ways and means to fulfill our wishes. He is offering us an easy way."

There was a pin drop silence when Gurudev started speaking. It felt as if the time had stopped to witness a historical moment. He said, "People living in the Western countries are materially rich. They have everything one can desire -- big houses, big cars, money, security. But there is something that is missing. Love is missing, joy is missing, devotion is missing. You have spent your whole life in collecting material things -- running after money and all that money can buy. You forgot to stop for a while and look within. Unless we look within, we can never experience love. Had you experienced love, you would have moved into a deeper dimension which is called devotion to god. And the irony is that if you can move into devotion you don't have to run after anything. A devotee simply has to make a wish and god fulfills it immediately. So, I want to tell you that even if you keep running after material things for your whole life, you will never be able to achieve all that you want to achieve. But if you stop and give your heart some time to move towards god,

there is nothing that you can't achieve. The cosmic science is nothing but the science of devotion. You have been doing a thousand and one things in your life. Give a chance to what I am asking you to do. And what I am asking is very simple and easy. Simply practice Cosmic Sound Secrets for 10-15 minutes every morning and evening. And you will find that your life has changed miraculously."

Gurudev also spoke about moksha, the ultimate liberation of a being. He said, "Human body has nine openings. The tenth opening is invisible and that is the door to our ultimate liberation. If you can open the tenth door you will be liberated from the cycle of life and death, but it takes arduous effort to open that door. Even great sages and seers had to practice austerities for years to open the tenth door. The dimension of cosmic grace is so powerful that it can help you in opening the tenth door without any difficulty."

Responding to a question, Gurudev explained the difference between the god and the master. He said, "Ice and water are two forms of the same substance. The only difference is that while one has form and color, the other is formless. This is exactly the difference between the god and the master. The master has a form while the god is formless."

Responding to another question, Gurudev said, "Some people are always worried about how much has been done for the other people while not enough has been done for them. Such people always feel that nobody belongs to them. In fact, such feeling arises only if you don't have a sense of belonging. This is the sign of a selfish person. You will always be happy if you consider everyone to be your own."

Gurudev also explained the mysteries of Cosmic Sound Secrets. He said, "This dimension is so deep and complicated that usually you have to go into a deep practice for 40 years to be able to learn just one part of it but I am offering you the whole science because I don't want anyone to be in misery and suffering. Today's world is the most miserable because the materialism has touched its heights and anyone who has compassion for humanity can not sit and watch. That is why I am moving around the world to teach people

the secrets of cosmic science. This is the only dimension that can help people in the modern times. If you practice Cosmic Sound Secrets regularly, all your physical, mental, and material problems will be solved. And not only your problems will be solved, your personality will go through many positive changes."

Speaking about the widespread Western culture, Gurudev said, "Today's generation is spending most of its time in bars, discos, and clubs. These are the places where you get nothing except pain and sickness. People frequenting these places bring many diseases with them. Interacting with each other while dancing and drinking together people exchange all kinds of sicknesses. Moreover, these places are full of smoke and perspiration. We breathe all that pollution while we are there. These kind of activities are not only physically and mentally harmful, they are also a waste of time. If you can spend the same time in practicing Cosmic Sound Secrets, all your physical and mental problems will disappear."

Responding to another question, Gurudev said that desires can never end. He narrated the mythological story of King Yayati to prove his point. He said, "Yayati was a very compassionate king. He never did or said anything wrong to anyone. When death came to take him away she said that she would like to fulfill any of his wish before she took her away as he had always been good to everyone. He said that he wished to live for 100 more years as he felt that there were many things that he still needed to do. The goddess of death granted his wish and left. She came back after 100 years but it was the same story again. He wanted to live for another 100 years. Again, she came back after 100 years and again the same story. This went on till Yayati grew up to be 1000 years old. Meanwhile hundreds of his queens had died and he had had thousands of children,



Shri Gurbaksh Malli, Member of Canadian Parliament
felicitating Gurudev

many of whom were long dead. This time, the goddess of death said that she would not be able to go without him but she would leave him if there was anyone who was willing to die in his place. Yayati was very happy to know this. He thought that out of hundreds of his queens and thousands of children there would be many who would

willingly die for him. He went to his queens and elder children who were very old. They all said that they could not die because they had many desires which were still unfulfilled. He asked everyone but in vain. Everyone had unfulfilled desires which they thought they could fulfill if they got to live longer. Finally, Yayati's youngest son who was only 12 years old, came to him and said that he would like to die in his place. Even the goddess of death was surprised to see such a young boy willing to die. She asked him why he wanted to die when he had not seen anything in his life yet. He said that when his father who was 1000 years old and many brothers who had lived for 8-900 years and still had so many desires left unfulfilled then it means that desires can never be fulfilled. He said that he wanted to be liberated from this vicious circle." He said that we are all like Yayati. There is no end to our desires. But the dimension of cosmic grace fulfills all our wishes.

At the end, Mr Gurbakhs Malli, Member of Canadian Parliament said, "The Cosmic Sound Secrets given by Gurudev are very powerful and the whole world is being benefited by them. Gurudev has chosen a very appropriate time for his peace tour as these are very difficult times for the whole world. We are very fortunate that Gurudev is among us."

Many of those participants came forward who have been benefited by Cosmic Sound Secrets. As they shared their unbelievable experiences, everyone listened spellbound. We are presenting here few such experiences.

Premila, London: I used to have epilepsy fits. My problem was so serious that it was almost a daily routine that I would go unconscious and my mouth would start bleeding. It would happen

to me anytime and anywhere. It had become difficult for me to move out of the house. I was almost living in a nightmare. When Gurudev came to London, I met him and got initiated into Cosmic Sound Secrets. I started practicing them very regularly everyday. Now my problem is completely gone. The Cosmic Sound Secrets have changed my life.

Nirmal Kaur, New York: My husband was an alcoholic. His condition was so bad that he used to start drinking early in the morning and it would go on the whole day. The whole family was disturbed because of this. In 2008, I got initiated into Cosmic Sound Secrets in New Jersey convention. I started practicing Cosmic Sound Secrets for my husband. Within a few months, my husband dropped alcohol completely. He has never been tempted for alcohol ever since. Cosmic Sound Secrets also helped me to recover from my gastrointestinal problem.

Anjali, Toronto: I had a strange allergy. I could not take proper bath as immediately after bath I would fall sick. For days, I had to go without bath. It used to give me very nauseating feeling. I got initiated into Cosmic Sound Secrets when Gurudev visited Toronto three years ago. My allergy has been cured because of my regular practice of Cosmic Sound Secrets. Now I can take a regular bath.

Suman Patel, Toronto: I had a severe problem of back pain. Due to my pain, I could neither sit nor stand in one place for more than 10-15 minutes. I was not able to lead a normal life. Finally, I got initiated into Cosmic Sound Secrets by Gurudev and started practicing them regularly. Now my back pain is gone and I can do all the activities normally.

A Convention for World Peace

Cosmic Grace Convention in Mumbai, Maharashtra

Just when Mumbai was trying to heal its wounds after the terrorist attacks in November 2008, a cosmic grace convention was held in the city to bring in an atmosphere of peace by evoking cosmic grace. Thousands gathered to be a part of this unique event.

Many wellknown faces from the film indutry were present during the convention. The leader of opposition in Mumbai Legislative assembly, Shri Ramdas Kadam, and Parliamentary Secretary, Shri Muzaffar Hussain were also present among other prominent people from the city.

Addressing the convention Gurudev said, "The present time is very difficult and the times in the coming future are going to prove even more difficult as the world will have to face many challenges at different levels. Man's security, health, and finances will all be challenged by negative forces. But the dimension of cosmic grace will help you cross every hurdle. If we practice the methods of cosmic science, it will help us not only on individual level but the whole nation as a whole can progress. This divine source does not belong to any particular religion. It is just a sound that is pervading the whole cosmos. If you chant this sound, or the different variations of this sound that I call Cosmic Sound Secrets, you will find your problems and miseries disappearing miraculously."

Talking about the function of the master Gurudev further said, "A true master is one who liberates us from our sorrows but there are gurus who add to our problems. When you go to them with your problems, they divert your mind with beautiful words that prove to be a very short lived relief. There are others who tell you that all your problems are your fate, or the result of your karmas. In their influence, one simply accepts his miseries to be his fate and consoles himself. Today, millions of people are suffering physically, mentally,

and financially because they have learnt from their gurus that all their problems are written in their fate so they have to go on suffering. Thousands of seekers coming to cosmic grace conventions share how their miseries kept on piling up as they were moving from guru to guru. They also share how the Cosmic Sound Science helped them overcome their misery."

He also said, "A true master is beyond the geographical boundaries as his work is dedicated to every human being. He does not belong to any country as all countries are his. A master is universal just like the elements of earth, water, fire, wind, and space. He doesn't belong to any particular religion as the heritage of all the religions belongs to him. He has imbibed the essence of that cosmic center which is the source of all religions and mystic paths."

The popular TV actor, Arun Govil, who was also present at the occasion said, "In the blind race to follow the Western civilization, the present generation is forgetting our eternal values. Without thinking, we are all running towards the West while people from those countries are coming to India in search of inner peace and contentment. This is the pull of our eternal values that is drawing all those people to this land. Gurudev is trying to spread this eternal message in the whole world and his efforts are the true service to humanity because he is trying to give our roots back to us."



Cosmic Grace Convention in Delhi: A Dimension Beyond Astrology

The convention held at the posh suburb of Greater Kailash in Delhi was a historical event as Gurudev analyzed the astrological sciences under his spiritual microscope. Gurudev addressed the astrologers of the whole world and made them aware of the powerful science of the cosmic grace through this convention. It was a unique and historical event because this is where the next rungs of the ladder beyond astrology were revealed not only to the astrologers but also to the seekers and participants arrived from all over the world. Well-known scientists were also present to witness the scientific dimension of cosmic grace. Millions across the world watched telecast of the proceedings at the event and witnessed that the cosmic science is beyond both astrology and material science.

Addressing the mammoth gathering, Brhmurishi Shree Kumar Swamiji said, "Nobody needs to be afraid of destiny as preached by astrology. Astrology may be a science, but it is not higher than the science of cosmic grace. With cosmic grace, even your destiny can change."

Citing his own example, Gurudev said, "According to the astrological calculations, my horoscope had no money, fame, or the joy of married life in store for me. The fact that I have everything today is just because of the cosmic grace and the practice of its principles. If this science can change my life, then why not yours? This science can remove the negative influences of saturn, uranus, pluto or other planets. I am a living example of what I am saying. Simply practice Cosmic Sound Secrets for 10-15 minutes everyday, and you will find that the lines on your palms are changing, that the planets in your horoscope are changing their course."

Emphasizing the powers of cosmic science he said further,

"Liberation from all sorrows is possible through this science. A simple practice of 10-15 minutes can cure your incurable diseases. Your financial problems will be solved; your children will become intelligent and excel in studies. The medical science has accepted that this dimension has cure for even such diseases that they still have no cure for. They have seen with their own eyes that the patients who had no hope of surviving had not only survived but are living a healthy life."

Gurudev also explained that cosmic science is not a matter of blind faith. He said, "It is not a miraculous hoax. It is a science based on facts and evidences. Just because it is beyond the comprehension of material science, they may raise a doubt but you can not doubt the results which are before you to see and study. Just like material science you do not need to belong to any particular religion, caste, or nationality to practice cosmic science. There are no pre-conditions involved. No arduous practices are needed. This dimension is beyond all conditions. It is available even to atheists."

He said, "There was a time when Western scientists treated cosmic science as a laughing matter but they were amazed when I proved its effectiveness to them with evidence. Today the whole scientific world is eager to know the secrets of cosmic science. Now it is not a hidden fact that millions of people have been cured of their incurable diseases by the practice of Cosmic Sound Secrets. Such cases have been studied in the hospitals and medical scientists have seen the genuine evidences to prove the effectiveness of this cosmic technique. More than 30 million people in 160 countries across the globe are practicing Cosmic Sound Secrets regularly and overcoming their physical, mental, and financial problems."

Talking further about the mysterious nature of the cosmic science, Gurudev said, "The cosmic science is a secret hidden in our scriptures that becomes obvious only to those who learn to decode their language with total trust. These secrets are brimming with positive energy of cosmos and by nature they are the providers of health and happiness. These secrets belong to Lord Shiva and it has been recorded in the ancient scriptures that their practice brings

health, wealth, fame, and success. Lord Shiva himself has promised this."

Explaining the inspiration behind the science propagated by him Gurudev said, "My quest for truth took me deeper into the meanings of ancient scriptures and there I found these encoded secrets. When I practiced these secrets with unbiased mind, I had no other option but to believe them as truth needs no other evidence. Then I wanted to share it with everyone in this world. And today more than 30 million people across the world are being benefited by this unique cosmic dimension."

Gurudev invited scientists to study the effects of Cosmic Sound Secrets. He asked the doctors to make it a point of research how people are being cured of incurable diseases by practicing Cosmic Sound Secrets.

The popular actor, Shri Arun Govil, who was also present at the occasion said, "My life has become peaceful after coming to Gurudev. Now I can communicate myself very easily, without any aggression. All my worries and sorrows are gone. My mind is free from thoughts. This liberation from sorrows, thoughts, and aggression is a compassionate gift of Gurudev. He has changed my thinking process."

Shri Gurudas, the general secretary of Bhagwan Shree Lakshmi Narayan Dham said, "Today the medical eyes want to see the divine light of cosmic grace propagated by Gurudev. The whole world is curious to know and experience the science of cosmic grace. Gurudev has a treasure that he wants to share with us. This treasure is not of this world; it belongs to the cosmic realms."

The president of Gurudwara Shri Guru Singh Sabha, S. Balwant Singh Ghai; general secretary, S. Parvinder Singh were also among the other dignitaries who participated in convention.

Gurudev also answered questions from intelligentsia and media. Many participants shared the experiences of their unbelievable cures and showed their medical reports to substantiate their claims to the amazement of medical scientists. Here, we are some of them.

Pradeep Sharma, Delhi: My wife had developed tuberculosis after the delivery of our child. Her treatment continued for two years but there was no improvement. For months she was being treated at Guru Tegbahadur Hospital in Delhi. During her treatment, she started vomiting blood. Even expensive medicines were not able to make any difference in her condition which was worsening. One day I saw Gurudev on TV and also heard the experiences of many people who were being cured by the practice of Cosmic Sound Secrets. I and my wife attended the convention and received Cosmic Sound Secrets which we started practicing regularly. Now my wife is completely fine and is not on any medication.

Mohan Lal Sahu, Gurgaon: When my mother had her second heart attack, doctors clearly said that she would not survive and asked us to call all the near and dear ones to the hospital to see her for the last time. I was in Gurgaon at that time, and as soon as I came to know of the situation I started chanting Cosmic Sound Secrets given by Gurudev. Suddenly, my mother's condition started improving and by the next morning she was completely normal. My regular practice of Cosmic Sound Secrets has also helped me overcome my financial crisis.

Chandrakanta, Delhi: My husband had been an alcoholic since long. Even after being to the rehab he was not being able to quit his addiction. He used to bunk office due to his addiction and his job was in jeopardy. We often used to quarrel and our life was literally a hell. I decided to meet Gurudev to request him to help me. Gurudev taught me some Cosmic Sound Secrets to practice and within a month my husband got rid of his addiction. People were surprised that someone who was so deeply addicted has come out absolutely clean within such a short period of time. Now my husband has been appraised for a promotion and his behavior at home has also changed. It seems our family has got a new life.

Kamlesh Aggarwal, Delhi: My father had suffered a massive attack of brain hemorrhage. The doctors had clearly said that he

would not survive as it is very rare to survive brain hemorrhage. We were worried and had lost all hope. As the last resort we met Gurudev to receive Cosmic Sound Secrets from him. My father survived miraculously and even doctors are wondering how this could have been possible.

Kranti Sharma, Gurgaon: My blood pressure had shot up alarmingly. I started my treatment at Fortes Hospital. The doctors had told me that I would have to take medicines for the rest of my life. With the practice of Cosmic Sound Secrets, my blood pressure is normal. I have also got rid of my migraine problem.

Lakshmi Kalara, Gaziabad: I have got rid of many physical ailments with the practice of Cosmic Sound Secrets. Since my teenage I had congestion in my chest and used to cough continuously. It used to be painful as well as embarrassing for me because even in a social gathering i would start coughing and could not control it. Before I started practicing Cosmic Sound Secrets, I had tried many treatments but they did not help me. Now I am totally free of that and feel like I have got a new life.

Nirmal, Ambala: I had developed an ulcer which according to the doctors was very difficult to be treated. I was so disturbed due to my ailment that many a time I felt like committing suicide. My body was deteriorating slowly, and I used to feel that I would not live much longer. I started practicing Cosmic Sound Secrets at a friend's suggestion. Within two weeks my ulcer healed. It is not less than a miracle for me. I would like to give this message to all those who are suffering physical or any kind of problems: If everything else has failed for you, try practicing Cosmic Sound Secrets. All the problems will be taken care of.

Sarita, Delhi: My son used to have hysteria attacks. Our financial condition was not so good that we could get him properly treated. I took him to Dindayal Hospital. When even after a long treatment

there was no improvement, somebody suggested me to bring him to Gurudev. I attended Mohadi convention and received Cosmic Sound Secrets and started practicing them. Now my son is very healthy and the attacks have never recurred.

Bimla Sharma, Delhi: My in-laws used to harass me all the time. Nobody used to talk to me and I was living in a constant fear. I received Cosmic Sound Secrets from Gurudev and started practicing them. My practice gave me an inner strength and my life started changing. Now my husband has called me to live with him and there is peace in my life.

Balbir Kaur, Delhi: My son-in-law had suffered a massive electric shock. His condition was so critical that the doctors thought he would not survive. I started practicing Cosmic Sound Secrets for him and within sometime his consciousness returned. Soon he was completely normal. It was hard for the doctors to figure out the reason for his sudden recovery.



The Ecstasy of True Name

Cosmic Grace Convention in Amritsar, Punjab

The Cosmic Grace convention held in the holy city of Amritsar was a historical event. The very name of the city - Amritsar - means a lake of nectar and for hundreds of thousands gathered there to participate, it was like taking a dip into that lake or being drenched in a rain of nectar that showered over them as translucent pearls. To witness this event of monumental importance, the Chief Minister of Punjab S. Prakash Singh Badal was also present along with his cabinet ministers and other government officials.

This historical event that witnessed the establishment and science recognizing the scientific and practical aspects of Cosmic Sound

Secrets had drawn people not only from Punjab but from all over India and the rest of the world. Navjot Singh Sidhu, the cricketer of international fame and Member of Parliament was also present beside the popular TV actors such as Arun Govil, Gajendra Chauhan, Surendra Pal, Mukesh Khanna, Arjun, Sunil Lahiri, Rupa Ganguly, and Praveen Kumar.

In this convention, for the first time a scientific platform was offered to study the miraculous effects of Cosmic Sound Secrets. The Chief Minister appreciated Gurudev's work and announced that the Punjab government is ready to give land for Prabhu Kripa research center in Punjab. Echoing his sentiments, Navjot Singh Sidhu promised to donate Rs. 10 million to the research center.

The Tribune, the leading daily of Punjab reported, " Badal said it was great day for Punjab that Swamiji organized such function to remove sufferings of the humanity. He assured that the Punjab

government would extend all help to establish an institute in the state to remove sufferings of residents on the basis of Gurbani. BJP MP Sidhu said if any institute based on Gurbani was set up in Punjab, he would donate Rs 50 lakh from his pocket and Rs 50 from the MPLAD Fund."

The former Health Minister of Punjab, Dr. Baldevraj Chawla, who has also been appointed as the chairman of Prabhu Kripa research



The Chief Minister of Punjab, S. Prakash Singh Badal, felicitating Gurudev

center, said that now very soon the scientific world will realize that Cosmic Sound Secrets are a powerful aspect of science.

Addressing the convention, Gurudev said, "I have brought such grace of the True Name that will take away all your sufferings and sorrows, and will fill your life with divine ecstasy. You will be able to have a glimpse of Shri Guru Granth Sahib and will be able to understand what life is, and how it can be made more beautiful."

Speaking about the divine powers of Shri Guru Granth Sahib he said, "Shri Guru Granth Sahib has a unique power. There is no other guru greater than this holy book. Even the scientists of the world are bowing down to the powers of Shri Guru Granth Sahib. They have realized that many people have got rid of their sufferings by chanting the True Name. Shri Guru Granth Sahib is an unparalleled gift given to this universe, and everything is possible by its powers."

He also said, "There are many who still have not realized what powers are hidden in Shri Guru Granth Sahib. The daily morning and evening recital of this divine scripture can cure your incurable diseases, solve your mental and financial problems. You will see how your life starts changing."

Gurudev also talked about the social problems that Punjab is struggling with and offered solutions for them. He said, "This state is struggling with the evils of alcoholism and foeticide. These problems can be overcome by everybody reciting Shri Guru Granth Sahib regularly. This holy book is a treasure house of miraculous powers and I want to bring such treasures to light that will drown

The Chief Minister S. Prakash Singh Badal said that Gurudev's mission to eradicate human suffering by the help of Cosmic Sound secrets is the very soul of eternal tradition of sages and seers. He said that Punjab would be honored to provide land for the Prabhu Kripa center for further scientific research into Cosmic Sound secrets

you in divine drunkenness, making you forget alcohol or any other intoxicant. If a woman chants the mantra for 10 minutes, she will forget everything about foeticide and the girl child that she will give birth to will grow up to be an intelligent human being. A woman who recites Shri Guru Granth Sahib can never think of foeticide."

Touching the family issues Gurudev said, "Many couples due to mutual disharmony are on the edge of divorce. After the practice of Cosmic Sound Secrets they will develop such harmony that they will be ready to touch each other's feet. The children who are weak in learning can practice it for two minutes nine times a day, and they will receive immense grace from the goddess of wisdom. The practice can cure such incurable diseases of which even medical science is clueless."

Further elaborating on the nature and powers of Cosmic Sound Secrets he said, "The Cosmic Sound Secrets are the essence of all the religious scriptures and a powerful aspect of the cosmic grace. They are a scientific dimension beyond science. If you believe in Hinduism then I will give you secrets from Gita, if you belong to Sikh faith then I will give you secrets from Shri Guru Granth Sahib. To Muslims, secrets will be given from holy Qoran and Christians will be given secrets from Bible. If you are an atheist, you will be given secrets in a scientific format."

Many participants shared their amazing experiences of Cosmic Sound Therapy during the convention. Not only the Chief Minister and other guests but the invited medical professors and journalists listened to them spellbound.

Here, we are presenting the experiences of some of the participants:

Sarla Upadhyay, Amritsar: I was suffering from migraine for last 25 years and no therapy or medicine had helped. By practicing Cosmic Sound Secrets I got rid of it in a surprising short time. After my husband had gone through a major uterus surgery, his situation was critical. Even the doctors were skeptical about his recovery, but the Cosmic Sound Secrets cured him completely. He used to be an

atheist and now he practices the Cosmic Sound Secrets regularly.

Jagdish Chandra, Jind: My hemoglobin had dropped down to count 4. Seeing the seriousness of my condition the doctors referred me to a Delhi hospital, where I started my medication. Medicines were not helping and the doctors were worried. At that time I started practicing Cosmic Sound Secrets and to everybody's surprise my hemoglobin count started rising and very soon reached to 12.

Poonam, Amritsar: My daughter's legs were deformed since birth. She was in a lot of pain. The practice of Cosmic Sound Secrets cured her deformity. I was really scared when I was pregnant with my second child. Doctors told me that the child in my womb also had the same deformity. This time I knew what I had to do to stop that from happening. I started practicing Cosmic Sound Secrets regularly and gave birth to a completely healthy child.

Premlata, Himachal Pradesh: Since last 15 years I had a boil in my eye. No therapy was proving effective. Other than that I was also suffering from migraine since last 20 years. I received Cosmic Sound Secrets from Gurudev in Mandi convention and started practicing them regularly. Now I am so happy that I have got rid of both my problems.

Manpreet Kaur, Ludhiana: I used to have a continuous pain in my back for last 15 years. The doctors had clearly told me that I would have to suffer the pain for the rest of my life. I received Cosmic Sound Secrets in Panipat convention and started practicing them. In no time my back pain and ulcers disappeared.

Tripta Devi, Himachal Pradesh: My brother's spinal cord had dislocated. I practiced Cosmic Sound Secrets for my brother and he completely recovered. My husband got a much awaited promotion. By the grace of Cosmic Sound Secrets, our whole family is prospering.

Popular TV actors present in the convention also expressed their views. Mukesh Khanna said, "I am fortunate that I have got this opportunity to participate in this divine convention. To come to the feet of a mystic like Gurudev is in fact because of the divine grace."

Surendra Pal said, "The Cosmic Sound Secrets offered by Gurudev bring powerful results. It takes away all your sorrows and sufferings." Adding to it, Pravin Kumar said, "Anything in this world can be achieved by practicing Cosmic Sound Secrets. It is a good fortune for all of us that what Gurudev learnt after such hard austerities, he is offering to us with such ease."

Feroz Khan, who is famous for playing his epical role of Arjuna in the TV serial Mahabharat, sang many devotional songs and expressed his gratitude saying, "Even though I am a Pathan but I have come to Gurudev because I see Allah's grace in him. He is like our father, and we are all his children. I have not come here as an artist but as his disciple. Coming to Gurudev all my wishes have been fulfilled."

Rupa Ganguly said, "Today wherever one goes one finds things to be miserable, but coming to these conventions with Gurudev one finds peace. In these conventions I experience an inner strength. I would like to participate again and again."

Arun Govil, who makes it a point to participate in every Prabhu Kripa convention said, "Like millions of people who come to Gurudev, I too come here to receive his grace. We can experience truth by practicing Cosmic Sound Secrets. It changes our whole psychology, our problems start getting solved without any effort on our part."

"The Cosmic Sound Secrets are the essence of all the religious scriptures and a powerful aspect of the cosmic grace. They are a scientific dimension beyond science. Cosmic Sound Secrets will be given to you from the scriptures of whichever religion you belong to. If you are an atheist, you will be given secrets in a scientific format."

Sunil Lahiri said, "We are all getting rid of our problems and sufferings by the grace of Gurudev. The power of Cosmic Sound Secrets is like that of a shining sun. They can eliminate all suffering from the world. Incurable diseases get cured by their power."

The General Secretary of Bhagwan Shree Lakshmi Narayan Dham, Shri Gurudas said addressing the assembly, "What Gurudev has achieved after a long sadhana of years, he is making available to us so easily. The depth of his grace is endless. The whole world has seen the results of his work."

Dr. Baldevraj Chawla again spoke of the scientific importance of Cosmic Sound Secrets. He said, "We have seen such incurable diseases being cured that even medical science was unable to. Cosmic Sound Secrets have cured cancer, asthma, jaundice, and even AIDS. Now the time has come that the Cosmic Sound Secrets be scientifically examined. A complete medical university should be created around them."

The cabinet minister of the Punjab Government, Shri Gurdas said, "Without the True Name we are all poor. Gurudev has brought the splendor of True Name to light for everyone to see. He is serving the whole world in true sense. I welcome him to the land of Amritsar."

The Chairman of the State Police Advisory Committee, Shri Rajendra Marwah said, "I welcome Gurudev to Amritsar on behalf of all the citizens and the industrialists. I request him to honor this city by visiting here again."

The MLA from Amritsar, Shri Anil Joshi said, "We are all fortunate to have Gurudev among us. His wisdom is eliminating the sorrows of humanity. I bow down to his compassion and love."

The Mayor of Amritsar, Shri Shwet Malik said, "In the modern world everybody is tensed and has lost his health and happiness. Gurudev is the greatest physician in the world. He is not only curing our diseases but also making our tensions disappear. His Cosmic Sound Therapy is the greatest legacy of our culture."

The Chief Minister, S. Prakash Singh Badal and Navjot Singh Siddhu felicitated Gurudev by tying a traditional turban on his head. A souvenir was also presented to him on behalf of the Government of Punjab. The Chief Minister also launched Gurudev's book

Maykhana and the latest issue of the monthly magazine Prabhu Kripa.

The Deputy Speaker of Punjab Legislative Assembly, Shri Satpal Gosai, the Transportation Minister, Shri Mohanlal, the Family Welfare Minister, Smt. Lakshmikanta Chawla, The General Secretary of BJP Punjab, Shri Kamal Sharma, the Head of Durgayana Temple, Shri Harnam Das Arora, the Head of Shri Devi Talab Mandir, Shri Sheetal Viz were also present at the occasion beside other wellknown people from Amritsar.



The Member of Parliament and famous cricketer, S. Navjot Singh Siddhu felicitating Gurudev



The Mayor of Amritsar, Shri Shwet Malik, felicitating Gurudev



The Health & Family Welfare Minister of Punjab, Smt. lakshmikant Chawla, felicitating Gurudev



The Transport Minister of Punjab, Shri Mohanlal, felicitating Gurudev



The Deputy Speaker of Punjab Assembly, Shri Satpal Gosai, felicitating Gurudev



Popular actor, Rupa Ganguly felicitating Gurumaa



Amritsar MLA, Shri Anil Joshi felicitating Gurudev



The Medical Education Minister of Punjab, Shri Tikshna Sud, felicitating Gurudev

Cosmic Grace Convention in Bhatinda, Punjab: A Unique Experiment with Music

The cosmic grace convention held at Bhatinda was a unique synthesis of music and the cosmic experiments. Gurudev made thousands of people burst into spontaneous dance of ecstasy as he invoked devotional music in the convention. Senior politicians and administrative officers of Punjab, intelligentsia, and media witnessed the experiment with a spellbound awe. As Gurudev directed, Sufi singer Shri Hansraj Hans created such an atmosphere of songs and music that not a single participant could resist dancing. Gradually, the music and dance reached such a crescendo that it became a cosmic event and people were instantly healed of their illnesses.

Gurudev explained that this form of dancing is not an ordinary dance. He said, "Dancing on this special music, you will be cured of all your physical and mental problems. The only condition is that you should be total in your dance. Close your eyes while you are dancing because it is not a performance for others. Nobody should see anyone else. Everybody has to be in his own. Meera and Radha used to disappear into dance in such totality that they never bothered whether people are looking at them or not. Dance with the same devotion. This will cure all your problems."

As the dancing subsided, Gurudev said, "There are many who do not believe in the cosmic grace because they don't find it rational. I would like to tell those people that it is a science. It is the science of divine, of god. Our worldly and material science is based on five elements. Hence it is confined in their boundaries. We have not been able to find the particles smaller than neutrons, protons, and electrons. So, it is impossible for our minds to delve into the mysteries of cosmic science. Many scientists and psychologists

devoted their whole life to explore the mysteries of human mind. Even the father of psychology, Dr. Sigmund Freud has been unable to get to the deepest point of the mysteries of mind just because they are beyond our comprehension. In the light of cosmic grace, even these mysteries can be known."

Speaking about the greatness of Indian heritage, Gurudev said, "This is a country where children are taught human values. Since thousands of years, sages and seers have meditated on this land and have enriched the whole climate. The very air of this country has become sacred because of all the seers and sages who have been born here. But these days, parents are sending their children to Western countries for higher education and better opportunities to earn money. They think that their children will touch the heights of success in the Western countries, whereas the reality is just contrary to it. Children forget their values and morality in those foreign lands and start blindly following the Western culture. Every land carries its own atmosphere and affects the people who are living on it. There is no other land on this earth that has given birth to Lord Krishna, Guru Nanak Dev, and Lord Rama. No other land on this earth grows trees of Neem, Peepal, Banyan, Tulsi, and Rudraksh. Our wise sages have said that one should not live on a land where these trees are not found."

During the course of his talks Gurudev also talked about his recent world peace tour. He said, "One of the conventions in America was scheduled to start at 10 am. The people there are very punctual about the timings, but due to some reasons I could not reach there before 10 pm. When I reached, all the participants were waiting very peacefully but a few journalists were very angry. When I asked them why they were so angry, they said, "It is not



Padmashri Shri Hansraj Hans performing in the convention

fare. You called us at 10 am and we have been waiting since 12 hours. You have no idea how much it has cost us in terms of time and money. I told them very gently that you have to use the toilet every hour; every half an hour you need to smoke but in last 12 hours you have done neither. In fact, this waiting saved you from harming your body by cigarettes. Bewildered, he looked at me and said he was not able to understand what was happening. I told him that at that moment he was in the dimension of cosmic grace. I also told him that although you deny the existence of this dimension, but this is the very dimension that is keeping you alive."

Further he said, "There was a time when I did not believe in the cosmic powers. I belonged to the medical profession and have been the physician to the President and the Prime Minister of India. I have also treated many other politicians and bureaucrats of various other countries. For me the concept of cosmic grace was a matter of joke. My scientific mind did not support this concept. Then, I came in contact with some sages. When I got a chance to have a private dialogue with them, I asked them about these mysteries. Since their words had an authority of experience, I was convinced of what they said and started my long and hard spiritual practices. It went on for years. Finally, I could enter the light of god's grace. I realized that these cosmic secrets are strewn all over our Holy books such as Guru Granth sahib, Shrimad Bhagwad Gita, Vedas, Upanishads. Hence, these secrets are beyond the confines of religion. These secrets are powerful enough to take away all your physical, mental, and financial problems, and that too with an easy practice."

Gurudev said, "When I switched from my scientific dimension to the dimension of cosmic grace, everybody tried to dissuade me. People said that you are a doctor and you have a reputation in the society. You should not do all this. I told them that they should also try the tools of cosmic science and only then should they form any opinion about it. They said that they did not believe in it, hence they will not try the tools of cosmic science. I told them that I was not asking them to believe in it, only to practice and try. When they were ready to try, I taught them the techniques. They were amazed at the results when they tried the Cosmic Sound Secrets. Today, more than

30 million people around the world are practicing Cosmic Sound Secrets and are being benefited by them. Just a simple practice of 10-15 minutes every day is enough to bring an end to all your sorrows and suffering."

Gurudev narrated a very beautiful incident to illustrate the fact that all our actions bring a result in this life itself and we have to face the consequences. Narrating the incident Gurudev said, "There were two friends in Malwa who had to go out of town to find some job and earn some money. They were both very hard working. When they reached a big town, they found a job in a car garage. They worked very hard and earned good money. Then they got a job in a big hotel. Soon, they managed to earn a lot of money with their hard work. When they had enough money that they wanted, they decided to return home. In the night, they both stayed in a dharmshala. They both had 50 lakh rupees each. One of the friends thought that if he kills the other by poisoning him, he would get all the money since no one else knew about it. He mixed poison in his friend's food and killed him. He took 40 lakh rupees from his bundle and left 10 lakh rupees back. After he was done with his stealing, he started crying and screaming that his friend had died. People thought what a nice and honest man he was because if he wanted he could have kept his friend's 10 lakh rupees but he did not even touch them.

"He came back home and time passed. One day, suddenly his wife and the only child died. He had no dearth of money, so he married again and soon his wife gave birth to a son but the son was dumb and could not speak. He decided that no matter what he will get his child cured. He went around the world to consult the best doctors. He spent a lot of money but to no avail. By and by his money was shrinking.

"One day, a monk came to his house. The monk told the man that he knew why he was upset and he had the solution to his problem. The man said that he was ready to do anything. The monk asked the man to look into his eyes. When he looked into the monk's eyes, he saw the whole scene when he had killed his friend by poisoning his food. The man got afraid and said loudly that he had not killed his

friend. Suddenly the child said, 'Liar! You know what the truth is. You still have my 2000 rupees with you. Until you give me all my money back, I am not going to leave.' The man was shocked. He could not believe what was happening. The monk told him that the spirit of his friend had entered into his son's body to settle his account with him. So the man gave 2000 rupees to that monk and the child died within two hours. This story tells us that we should not mistreat anyone. Whatever we do, we have to face the consequences. If we do not face them, our close ones will have to pay for it."

Popular actor Shri Arun Govil who was present in the occasion said, "Many people think that Gurudev's grace is the wonder of wonders but I do not agree with that because surprises or wonders happen only once in a while. That is why they are called surprises. But Gurudev's grace and blessings for his devotees are increasing day by day. Hence, it is not a wonder but a fact. Anything which is incomprehensible, we bring it out of the scientific category. This dimension is the science of cosmos. I had first met Gurudev five years ago. At that time, I used to address him merely as Swamiji, and did not realize when I started addressing him as Gurudev. This is Gurudev's blessing that in spite of my weaknesses he has accepted me to be so close to him. I am not worthy to be associated to him but his blessings know no limit.

The general secretary of Bhagwan Shree Lakshmi Narayan Dham, Shri Gurudas said, "The cosmic grace has two forms: the subtle and the obvious. But for an ordinary human being it is not possible to see either. Gurudev makes us encounter even the subtle form of cosmic grace. All the experiences that we come across during these conventions are coming from the subtle form of cosmic grace which is beyond comprehension."

Many participants shared their experiences in the convention. Few are presented here.

Kanta Nagpal, Panchkula: Both my arms used to pain a lot. I could not lift anything, heavy or light. I consulted Dr. Gupta in Panchkula. He said that I needed to get some serum injected in my bones. Though, my condition was very bad, I refused to get the

serum injected in my bones. I got initiated into Cosmic Sound Secrets when Guredev held a convention in Panchkula. Within days after I started practicing Cosmic Sound Secrets, my hands came to their normal state and I did not have to get the serum injected in my bones.

Sneh Lata, Sirsa: I had a problem of stomachache since years. Gradually my problem started worsening. When the pain was unbearable, I went to Jaipur for my treatment. Seeing no hope in Jaipur, I went to Ludhiana to consult dr. Sood who is considered to be an expert in this particular problem. But even he could not diagnose what the problem was. In the year of 2007, I got initiated into Cosmic Sound Secrets and started practicing them regularly. Now I am absolutely normal.

Dimple Singala, Barnala: I was suffering from migraine and high blood pressure since last 5 years. My condition was so bad that for hours I used to fall into unconsciousness. I consulted many doctors in Barnal including Dr. Barmender, Dr. Paul, and Dr. Ashok. But no treatment responded to my problems. I got initiated into Cosmic Sound Secrets in the convention held at Dhuri and started practicing them regularly. Today, I am absolutely free of my migraine problem and my blood pressure is absolutely normal.

Ramesh Mittal, Ganganagar: I was very disturbed since last 4 years. I had a very peculiar problem. As soon as I would eat or drink something it would immediately come out of my body in the form of stool or urine. Everybody in the family was worried because of my condition. I got a treatment from Dr. N D Verma and Dr. J P Joshi but there was no improvement in my condition. Finally, I started practicing Cosmic Sound Secrets. Within a few days I realized that my condition was improving. I continued with my practice and as a result, now I am absolutely normal and healthy.

Rajendra Patel, Allahabad: My wife had a kidney stone. She was in a tremendous pain because of that problem. I took her to Dr. A K

Gupta for the treatment. Dr. Gupta told us that she needed to go through a surgery to remove the stone from her kidney. I was unable to bear the expenses of the surgery. I tried many doctors, but there seemed to be no hope. In 2008, a convention was held in Jalandhar which was conducted by Gurudev. Both of us got initiated into Cosmic Sound Secrets and started practicing them twice every day. After a few days we got an ultrasound test done on my wife. The report of the test was nothing less than a miracle for us. There was no trace of any stone in her kidney. This is all because of the Cosmic Sound Secrets.

Hazarilal Godari, Bhatinda: My wife and I started our journey to Amarnath on June 16. On a narrow path on the way, my wife slipped and fell down. I tried to get her up but she was unable to. Later we came to know that her leg bone was fractured very badly. In spite of that, we completed our journey to Amarnath. After reaching back home, we started a treatment with Dr. R K Sharma. Dr. Sharma said if she was not operated upon as soon as possible, her condition would become very serious. We got initiated into Cosmic Sound Secrets in Hanumangarh convention and started practicing them regularly. Immediately, her condition started improving and she did not need to go through any surgery. She is absolutely normal now.

Sarita Garg, Faridkot: I had got initiated into Cosmic Sound Secrets in 2004. I have been receiving immense blessings since then. This year, on August 7, my sister in law gave birth to a baby boy. Doctors at the hospital said that the baby had an infection. We took him to the child specialist Dr. Bharti who advised us to get him admitted into the hospital. After three days, the doctor said that the child was absolutely normal and discharged him. As soon as we reached home, the baby went numb. We rushed back to the hospital but the doctors said it was not in their hands to save the baby. Everybody in the family was disturbed but I had an absolute faith in the powers of Cosmic Sound Secrets and started practicing them for the baby's wellbeing. Within hours he was normal and has been healthy and robust since then.

Ganesh Kumar, Barnala: I was very badly addicted to alcohol. I had to drink all the time, otherwise I used to feel very uncomfortable. One day I started vomiting blood. I was rushed to the hospital where doctors said that my condition was very critical and I would have to go for an endoscope. I did not want to go for endoscope, so came back without any treatment. Then I started practicing Cosmic Sound Secrets at the advice of my wife. Now, I am absolutely normal and free of my addiction.

Usha, Faridkot: I had a skin disease since last 22 years. My feet were most affected by the disease. The skin around my ankles used to split and there was a constant irritation all over the body. I got a treatment from Dr. Brar and Dr. Rajan at Faridkot Medical College but there was no improvement in my condition. In 2006, I got initiated into Cosmic Sound Secrets and started practicing them. Gradually, my condition started improving and now I am absolutely free of my problem.

Ajay Kumar, Sirsa: My wife had a serious problem of joints pain. We started a treatment with Dr. Chatterjee in Sirsa. In the beginning his treatment gave her some relief but later her condition started worsening again. It was so bad that she had to be supported even if she wanted to stand or walk a few feet to go to the bathroom. We had lost all hope because no treatment was responding to her problem. This year in January, we went to the convention held at Mohali and got initiated into Cosmic Sound Secrets. We started practicing them regularly. Now my wife has no joints pain and does everything normally.

Parvati Joshi, Chandigarh: I was suffering from serious problem of back-pain since last 10 years. My back used to hurt a lot. I had consulted the doctors at PGI hospital in Chandigarh. The doctors told me that I would have to depend on pain killers for life. According to the doctors there was no other way. Finally, I got initiated into Cosmic Sound Secrets and started practicing them regularly. There was a time that I could not sit still in a position for

more than 5 minutes, whereas now I can sit for hours. Really, the powers of Cosmic Sound Secrets are beyond the comprehension of an ordinary person.

Om Prakash, Nagaur: There was a whole in my wife's ear drum. The doctors had said that she would have to go through a surgery. The expenses for the surgery were rupees 20,000 which I was unable to bear. We went to the convention held at Udaipur and started practicing them regularly. With the powers of Cosmic Sound Secrets, my wife is absolutely healthy and normal now.

Parminder Kaur, Jalandhar: My son had muscular dystrophy. This is a disease that has no cure in medical science but still with a hope in my heart, I took my son to many hospitals and doctors. But from everywhere I got just one answer that I should prepare myself for the loss of my son because till now nobody has survived from this disease. We even consulted doctors in America but they didn't show any hope either. Finally, I resorted to the practice of Cosmic Sound Secrets and kept going for his tests regularly. Gradually, his condition started improving. His weight started increasing. Now, even the tests show that he is out of danger and completely normal.

Madhu Rani, Sangrur: I had a problem of spinal disc. It was very painful for me to even sit properly. I started my treatment with Dr. Praveen in Sangrur. In the beginning I got some relief but the pain started worsening later on. I got initiated into Cosmic Sound Secrets by Gurudev and started practicing them regularly. Soon my problem disappeared. I will always be grateful to Gurudev.

Girdharilal Singla, Haryana: Traveling was always a problem for me as it used to make me sick. I always had to carry medicine with me while traveling. I consulted the doctors who told me that there was no other way than carrying medicines while traveling and depend on them. I got initiated into Cosmic Sound Secrets in Bilaspur convention. Now, I travel for hours without getting sick.

Vinay Kumar, Monga: My father had diabetes. His condition was very serious because of this problem. We consulted many doctors and followed the courses of medication suggested by them but there was no improvement in his condition. Finally, my father and I started practicing Cosmic Sound Secrets regularly. Gradually, his sugar level started dropping back to normal and now he is absolutely normal and healthy.

Senior Additional Advocate of Punjab General Sukhdeep Bhinder, Chairman of Improvement Trust Shri Ashok Bharti, SSP Shri Chamanlal, DSP Shri Deshraj, District President of BJP Shri Shyamlal Bansal, District General Secretary of BJP Shri Navin Singla were among other eminent personalities who participated in this convention.



Secrets of Ancient Scriptures Revealed

Cosmic Grace Convention in Faridabad, Haryana

The convention at Faridabad was a meeting point of devotion, beauty, and mysteries. It was like a sky where devotional feelings soared high and the ancient epics of Ramayana and Mahabharata embraced each other mid-flight. As Gurudev revealed the secrets of ancient scriptures, the assembled gathering of seekers from all over the world went deeper and deeper into the mysterious state of cosmic bliss. The evening took a magical turn when Gurudev took people to the very origin of Cosmic Sound Secrets and explained how easy is their practice.

Gurudev was explaining the origins of cosmic science and its secrets. He said, "These secrets originate from Lord Shiva, Goddess Durga, and Goddess Lakshmi. By practicing the Cosmic Sound Secrets one can fulfill all his wishes. These secrets open all the doors to material and spiritual success and man can overcome all his difficult challenges. The powers of cosmic science are unimaginable. One can achieve such goals by their practice as he had never even imagined before."

He also explained that received from the direct divine sources, these secrets have been encoded into the ancient scriptures and Vedas. He said, "It is not easy to decode these secrets hidden in the scriptures. Many scholars have tried to find them as from time to time mystics have indicated their existence in the scriptures. To be able to decode these scriptures one has to be in tune with the cosmic energy."

Gurudev invited scholars of various religions on stage and made them experience the power of cosmic secrets. He said that these secrets are the essence of all the religious scriptures and anyone can practice them easily.

He said, "Lord Shiva had given a cosmic secret to Ravana. The secret was so powerful that Ravana could destroy anyone at his wish by its practice. I want to give you the same secret for reversed results. By practicing this Cosmic Sound Secret you can also win hearts of people and befriend them. Even your enemies will become your friends. You don't have to destroy the enemies, but the enmity."

Explaining the super-scientific nature of these secrets he said, "There are millions in this world today who have come out of their incurable ailments by practicing Cosmic Sound Secrets just for 10-15 minutes. Even such diseases have been cured for which even medical science doesn't have a cure. The dimension of cosmic science is not a miracle, but it surely is a wonder. The scientists who did not believe in the powers of this dimension are now in awe of it."

Popular TV actors Arun Govil, Sunil Lahiri, Arvind Trivedi, Feroz Khan, Praveen Kumar, Gufi Paintal were also present at the occasion. Among other dignitaries present were music director Chandra Kamal, The special advisor of the President of India, G V Sharma, DSP of Faridabad, Ram Kumar Malik, SDO of Faridabad, Raman Sharma. The famous Bollywood star, Neetu Chandra also participated in the convention.

Member of Parliament, Shri Avtar Singh Bhadana said, "Many of us have got our wishes fulfilled by Gurudev's blessings. I ask Gurudev to bless me so that I can keep serving people and can prove my sincerity in every situation."

The General Secretary of Bhagwan Shree Lakshmi Narayan Dham, Shri Gurudas said, "The cosmic secrets revealed by Gurudev do not belong to any particular religion. They are the global heritage and everyone can practice and benefit from them. Gurudev offers them to everyone, without any discrimination."

Cosmic Grace Convention in Simla, Himachal Pradesh: The Divine Dimension of Selfless Action

A unique cosmic grace convention was held at Simla, the capital of godly state of Himachal Pradesh. The convention resonated with the grace of Mother Goddess Durga. Ma Durga is the deity of power and energy which was experienced by all the participants. The Chief Minister of Himachal Pradesh, Professor Prem Kumar Dhumal participated in the convention along with the senior ministers of his cabinet. Member of Parliament Shri Varindra Kashyap, Member of Legislative Assembly Shri Randhir Sharma, Police Superintendant of Simla Shri R M Sharma, SDM Shri R P Kohli were also among the other eminent personalities who participated in the convention.

Addressing the convention, Gurudev talked about how people misunderstand religion. he said, "We become emotional about religion and following our emotions we start thinking that the cults are religion. Hinduism, Islam, Christianity, Sikhism are all cults of religion. Religion simply means the law of nature that is supporting us all. This dimension of cosmic grace is beyond all religions.

Talking about his own spiritual journey Gurudev said, "There was a time when I did not believe in the divine existence. I used to make jokes of this dimension and anyone wearing the saffron clothes of sannyas was a hypocrite according to me. But when I realized the real power of this dimension, I was so amazed by it that I devoted my whole life to it. This dimension is so mysterious that people get healed in seconds -- just sitting or dancing. That is not all. I have witnessed people getting healed just by listening about this dimension with open heart. All this mystery is grace of the divine."

Talking about the source of cosmic science Gurudev said, "Cosmic Sound Secrets carry the power of Ma Durga. They also carry the powers of Lord Brhma, Lord Vishnu, and Lord Shiva. If one

practices Cosmic Sound Secrets sincerely with total heart, for seven generations there will be no physical, mental, or financial problem will be faced by that person or his offspring. And one doesn't need to make arduous efforts to practice these secrets. Just a simple practice of 10-15 minutes every day is enough to be freed of all your suffering and sorrow."

Gurudev also spoke about the false masters who are exploiting simple masses. He said, "Gurudom is rampantly spreading in our country. Everybody is competing with each other to make more and more disciples. Such tendencies give birth to hypocrisy. We should make an effort to save our country from hypocrisy. We also need to protect our eternal heritage from the infiltration of Western culture. The western culture has affected our younger generation in such a way that it seems our eternal heritage is already on its deathbed. To resurrect our eternal values and heritage, the dimension of cosmic grace is the only way. I am sharing this dimension with the blessings of eternal divinity. This dimension is full of compassion and empathy and contains so many powers that your whole life can be transformed."

Going deeper into the realms of cosmos Gurudev said, "Directly or indirectly, most of our actions are influenced by our own selfish motives. Even when a wife serves her husband, she has her selfish



The Chief Minister of Himachal Pradesh, Shri Prem Kumar Dhumal felicitating Gurudev

interests to be fulfilled. If a woman serves her husband without any selfish interests, she will be equivalent to a goddess. What I mean to say by this is that only a selfless action is accepted and rewarded by god. God accepts and rewards your actions only on one condition that you forget what you have done for others. The dimension of cosmic grace makes you capable of indulging into selfless actions and to serve others without expecting anything in return. In the modern times, even the saints and sages brag about their service to mankind. They are always eager to talk about how many people they have helped. If for an ordinary man it is sin to brag about services he has rendered to others, it is a great sin for a saint to get into such talks."

Gurudev said that the Cosmic Sound Secrets do not belong to him. He doesn't possess them. He said, "These secrets belong to god, I am simply his postman. It will be an insult to that great power whom I pray for your wellbeing if you start worshipping me. It will be a sin if you worship me. You do not start worshipping the postman who brings you any good news. It is meaningless to worship me."

The general secretary of Bhagwan Shree Lakshmi Naraya Dham said on the occasion, "The clouds of Gurudev's blessings are hovering over us in all the directions and we are receiving the nectar of his compassion." With this poetic expression of his gratefulness, he invited those who have been benefited by the practice of Cosmic Sound Secrets to speak about their experiences.

It is beyond anyone's imagination to gauge the mysteries of Cosmic Sound Secrets and how they help us go beyond all our sorrows and suffering. The experiences shared by the participants are an evidence that there are powers beyond our comprehension that can take away all our problems. We are presenting here some experiences shared by the participants.

Namita Kaushik, Chandigarh: After the delivery of my child I started feeling a pain in my abdomen which started worsening with time. The doctor I consulted talked of muscle biopsy. After that, I

started a treatment at PGI hospital under the supervision of Dr. B K Sharma. He asked me to get admitted into the hospital for four days. During those four days, I underwent dozens of tests. The reports showed that I had muscular weakness. A long treatment started. After three months, I developed diabetes which weakened my eyesight. I used to take regular dosage of insulin. As if all the problems wanted to attack me at the same time -- I developed asthma and the problem of migraine. My blood pressure was so high that it got stuck at 170-110. I started taking steroids but my condition went on worsening. I underwent an MRI test in Ludhiana and the doctor suggested me to go through a surgery for hip replacement. In 2007 I got initiated into Cosmic Sound Secrets and started practicing them regularly. Without any surgery, I am free of all my problems now.

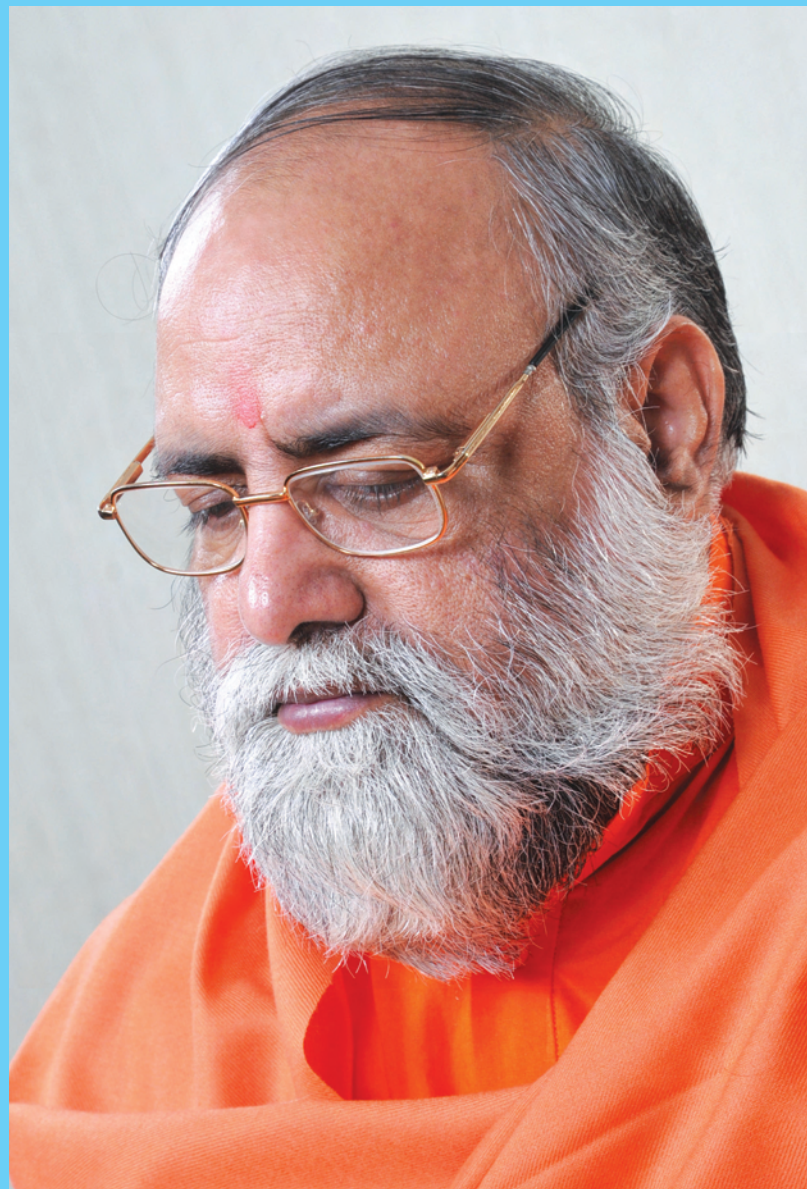
Balkrishna, Simla: At the age of little more than two years, my daughter went into seizure. We admitted her into PGI hospital of Simla. For 18 days she was in the hospital. During that period she underwent many tests. The reports indicated tuberculosis. For two months my daughter was on medication but her condition did not improve. On the contrary, some blue spots appeared on her body. When more tests were done on her, it was discovered that the number of platelets in her blood had considerably gone down which was a very critical case. The doctors suggested us to take her immediately to PGI where the tests showed that there were only 4000 platelets in her blood. Doctors told us that her survival was almost an impossibility. I got initiated into Cosmic Sound Secrets in the convention held at Sunam and started practicing them regularly. When after a few months my daughter went through the tests again, the reports showed that the number of platelets had gone up to 2,49,000. All this is because of the powers of Cosmic Sound Secrets.

Anita, Jalandhar: In 2004 I developed a certain allergy. In the beginning very tiny spots appeared on my body which soon became sores. Within a short time, there were many wounds on my

body. People started disliking and avoiding me. It was a very painful situation for me because my wounds used to hurt a lot and I felt that I was alienated completely. I had to take a heavy dose of pain killers every day. The pain killers would give me a little relief for some time and the pain would start again. It was difficult for me to put on clothes. I started taking steroids but my condition went on worsening. Finally, I got initiated into Cosmic Sound Secrets and started practicing them regularly. Now my allergy is completely gone and everybody has accepted me again. Now nobody avoids me.

Monika Thakur, Simla: My delivery was due in July. In May, I slipped down the stairs. When I went to the doctor for my checkup, he told me that my blood pressure was high and my child would be born very weak. When I got my ultrasound done it was found that my child was upside down in the womb. Gynecologist Dr. Kumud Bala at Kamla Nehru Hospital suggested that I start a treatment at PGI otherwise the survival of my child was very difficult. I started practicing Cosmic Sound Secrets regularly. After two weeks I went again for ultrasound tests and this time the reports showed that my child was in the normal position. On July 9, I gave birth to a healthy baby girl. All this has been possible because of the powers of Cosmic Sound Secrets.

Hemkund Sharma, Mandi: I am the eldest member of the family. Hence, the responsibility of the whole family is on my shoulders. Due to financial crisis I was under a lot of monetary debt. The debt was heavy and I was not being able to repay it. The financial condition of our family was pitiable. In Bilaspur convention, I got initiated into Cosmic Sound Secrets and started practicing them regularly. Suddenly money started coming from various sources. By and by I was able to repay all my loans and debts. My daughter got an admission in the nursing training course and all her tuition fees were arranged easily. I will forever be grateful to Gurudev for bringing me out of that crisis.





1. Gurudev being felicitated by former President of India, Dr. APJ Abul Kalam at Rashtrapati Bhawan, for his work in the field of human welfare.
2. The former Health Minister of India, Shri A Ramdoss felicitating Gurudev in the World Health Conference in the presence of international medical scientists.
3. The Central Parliamentary Affairs and Water Resource Minister, Shri Pawan Bansal, expressing his gratitude in Panchkula convention.



4. The Mayor of London, Mrs. Saddy Smith felicitating Gurudev on behalf of Queen Elisabeth and the government of United Kingdom.
5. The Member of Parliament of British Government Mr. John McDonald felicitating Gurudev in London convention

6. The Member of Parliament of British Government Mr. Virendra Sharma felicitating Gurudev in London convention



Gurudev discussing the secrets of cosmic science with the Foreign Minister of Trinidad, Mr. Nelson Gift in the Port of Spain



Assemblyman Shri Upendra Chivukula presenting a felicitation shield to Gurudev during New Jersey convention



The Chief Minister of Punjab, S. Prakash Singh Badal receiving blessings from Gurudev in Amritsar convention



The Chief Minister of Himachal Pradesh, Shri prem Kumar Dhumal receiving blessings from Gurudev in Simla convention



The former Governor of Uttarakhand, Shri Sudarshan Aggarwal felicitating Gurudev in Dehradun convention



The former Governor of Himachal Pradesh, Shri VS Kokje felicitating Gurudev in Simla convention



Cabinet Minister of the Government of India, Shri Suresh Pachauri, felicitating Gurudev in Delhi convention



The Chief Minister of Haryana, Shri Bhupendra Singh Hudda felicitating Gurudev in Mohari convention



International Cricket Star, actor, and Member of Parliament, S. Navjot Singh Siddhu, felicitating Gurudev in Amritsar convention



The Industrial Minister of Delhi, Shri Mangatram Singal addressing in the convention held in Delhi. Also seen in the picture are the Finance Minister of Delhi, Shri Ashok Walia; MP, Shri Dharmpal Sabarwal; Political advisor to the Chief Minister of Delhi, Choudhari Naseebam, and popular actors Shri Gajendra Chauhan and Shri Feroz Khan



The Deputy Chief Minister of Punjab, S. Sukhbir Singh Badal, participating along with his cabinet ministers in Jalandhar convention held at Shree Devi Talab Mandir



Popular sufi singer, Padmashri Shri Hansraj Hans felicitating Gurudev in Jalandhar convention



Popular singer, Anup Jalota felicitating Gurudev in Mumbai convention. Also seen in the picture are actors Shri Arun Govil and Shri Dharmesh Tiwari



Shankaracharyas, Mahamandaleshwaras, Mahants, and Saints of international fame participating in Haridwar convention



Gurudev receiving Guard of Honor by BSF battalion at Indo-Pak border



Gurudev's visit to Harmandir Sahib at the Golden Temple, where he was welcomed by the head managing trustee S. Harbhajan Singh and was presented a replica of the Golden Temple. The head PRO of the Golden Temple presented the traditional saropa to Gurudev and gave him a detailed tour of the temple. PRO Shri Fauji Ram Singh also felicitated him



1. Gurudev revealing the divine secrets of Jinvani and Bhagwan Mahavir to Jaina scholars in Secunderabad, as Muni Shri Sumermal ji looks on.

2. Gurudev revealing cosmic secrets of Holy Qoran at Hazratbal, Srinagar



Gurudev with Dalai Lama in Mecleodganj



Gurudev discussing the concept of cosmic science with Dada J. P. Vaswani



TV channels and other media are always present in the conventions to cover the event



1. A clinical test being conducted on Gurudev in Vivekananda Research Institute, Bangalore to examine his spiritual powers

2. The felicitation letter sent by Shri Virendra Sharma, MP, Britain



Shri Gurbakhsh Malli, the Member of Canadian Parliament felicitating Gurudev during Ontario convention

Blood donation and free treatment camps are often organized in the cosmic grace conventions

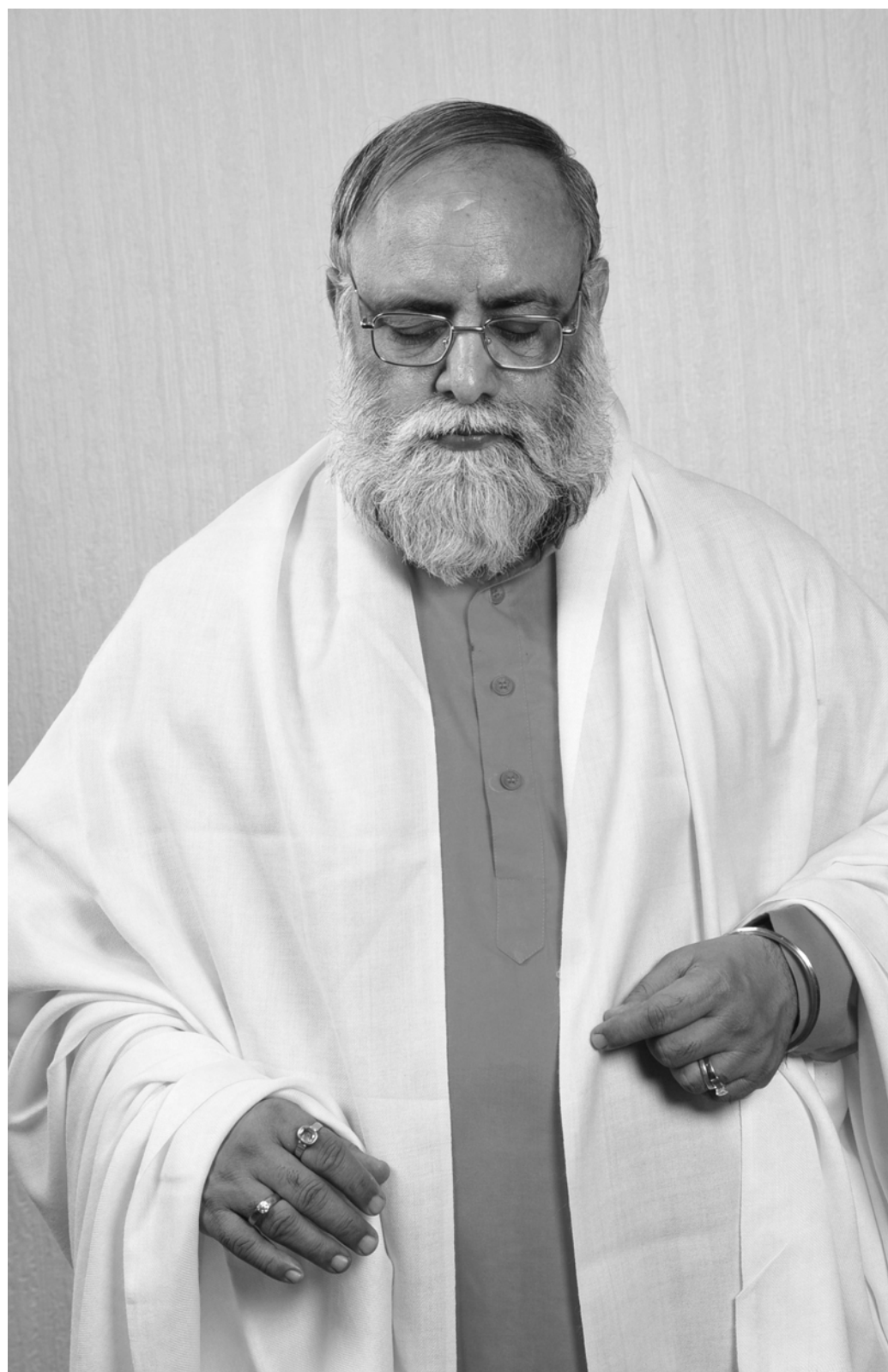


Part IV

Cosmic Science: A Step Beyond Medicine

Case Studies with Medical Evidence





A Step Beyond Medical Science

Today, we are living in a world which is more equipped than ever to combat with disease. Everyday, we hear of a breakthrough in health care. Many diseases have been wiped out from the face of the earth. Diseases that used to terrorize human beings can be cured within days. But the fact remains that the list of incurable diseases is still long. Although, cures are available for many diseases but they are so expensive that it is difficult for an ordinary person to take advantage of the medical facilities.

On the other hand, new inexplicable diseases are surfacing regularly -- diseases that medical science can not even diagnose.

In the past few decades many alternative therapies have also been developed and tried but the incurable diseases remain incurable.

What could be the cause of this failure on the medical front? The cause is simple. Medical science treats human body as a perishable object, hence does not care to find where the roots of a human being or everything -- material or immaterial -- lie. Unless, the roots or the source is discovered, it is impossible to bring a hundred per cent cure to the human body.

The cosmic science has gone deeper into the subject. Gurudev has propounded the fact that everything that we see or can not see comes from the play of the cosmic energy. According to him, the

cause of disease or any other suffering in the human life is not to be in tune with the cosmic energy. Hence, he says, the simple way to be free from disease or suffering is to get back in tune with the cosmic power. He has spoken in length about the fundamentals of being in tune with the cosmic energy. He calls these fundamentals the Cosmic Science. He has also developed tools and methods of this science that can bring us in tune with the cosmic energy.

He has explained many a time that once we fall in tune with the cosmic energy, it starts filling us with its positive energy that immediately starts a healing process in our body. According to him, this energy also brings a balance in all the spheres of our life, thus eradicating all sorrows and suffering.

There are millions of people around the earth who have been benefited by practicing the tools of Cosmic Science. The most powerful tools of this science are Cosmic Sound Secrets. One has to simply practice them for 10-15 minutes twice everyday to channelize oneself with the cosmic energy. Once the channel is created, the benevolent cosmic energy starts functioning as a benefactor. Hence, Gurudev calls this process as Cosmic Grace.

In the following pages we will see how people have come out of their serious physical and mental conditions by practicing the tools of cosmic science. Most of the experiences are backed up by the medical evidences, so that we can understand how the Cosmic Science is a step beyond medical science.

We have divided the cases in the various categories of human anatomy for easy reference, starting with brain -- the most delicate mechanism in the human body.

1: The Digestive System

The digestive system is the system by which ingested food is acted upon by physical and chemical means to provide the body with nutrients it can absorb and to excrete waste products; in mammals the system includes the alimentary canal extending from the mouth to the anus, and the hormones and enzymes assisting in digestion.

In an adult male human, the GI tract is approximately 5 metres (20 ft) long in a live subject, or up to 9 metres (30 ft) without the effect of muscle tone, and consists of the upper and lower GI tracts. The tract may also be divided into foregut, midgut, and hindgut, reflecting the embryological origin of each segment of the tract.

The GI tract releases hormones as to help regulate the digestion process. These hormones, including gastrin, secretin, cholecystokinin, and ghrelin, are mediated through either intracrine or autocrine mechanisms, indicating that the cells releasing these hormones are conserved structures throughout evolution.

Upper gastrointestinal tract

The upper gastrointestinal tract consists of the mouth, mouth cavity, salivary glands, pharynx, esophagus, diaphragm, stomach, gall bladder, bile duct, liver, and duodenum. The mouth (or buccal cavity) contains the openings of the salivary glands; the tongue; and the teeth.

Behind the mouth lies the pharynx which prevents food from entering the voice box and leads to a hollow muscular tube, the esophagus.

Peristalsis takes place, which is the contraction of muscles to propel the food down the esophagus which extends through the

chest and pierces the diaphragm to reach the stomach.

Lower gastrointestinal tract

The lower gastrointestinal tract comprises the most of the intestines and the anus.

Bowel or intestine

Small intestine, which has three parts:

Duodenum - Here the digestive juices from pancreas and liver mix together

Jejunum - It is the midsection of the intestine, connecting Duodenum to Ileum.

Ileum - It has villi in where all soluble molecules are absorbed into the blood.

Large intestine, which has three parts:

Cecum (the vermiform appendix is attached to the cecum).

Colon (ascending colon, transverse colon, descending colon and sigmoid flexure)

Rectum

Anus

Other organs consist of the:

Gallbladder

Liver

Pancreas

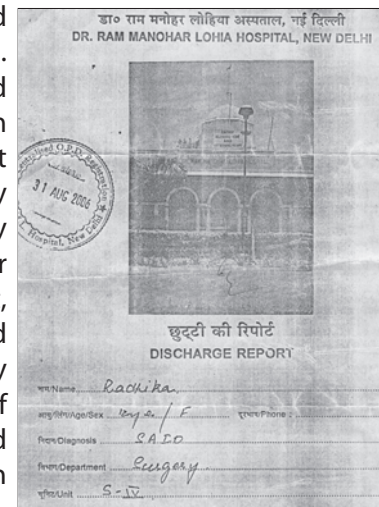
In the following pages we will see how people suffering from various digestive system disorders have been healed by practicing Cosmic Sound Secrets.

Persisting Stomach Problem Cured



My daughter often used to have very painful cramps. She was suffering from this problem since last 14 years. We tried all kinds of therapies and treatments but there seemed to be no cure for her. I even took her to faith healers and tantriks but nothing helped. One day, she started vomiting and had such a sharp pain in her stomach that she could neither eat nor drink anything. After the tests, the doctors advised us to take her immediately to Ram Manohar Lohia Hospital in Delhi. At the hospital, she was immediately admitted to the emergency ward. When I saw my daughter writhing with pain the whole night, I remembered Gurudev. I started reciting Cosmic Sound Secrets by her bedside. Soon she was out of her pain and the doctors found everything to be normal. Since then she has not suffered any cramps.

Simmi Sharma,
Karol Bagh, Delhi



Discharge report from Ram Manohar Lohia Hospital

Relief from Ulcer



Before being initiated into Cosmic Sound Secrets, I was suffering from many illnesses. Many of my family members were also suffering from various diseases. My father used to complain of a severe pain in his stomach. When we got him tested at a hospital, it was found that he had an ulcer in advanced stage. We started practicing Cosmic Sound Secrets for his recovery. Gradually he started complaining less and less regarding the pains and finally his pains ceased completely. When we got him tested next, there was no trace of ulcer in the report. I have come out of the difficulties that I used to face at the time of menstruations. I also had a serious allergy that caused rashes all over my body. I had tried many treatments but nothing had proved to be effective. After the regular practice of Cosmic Sound Secrets, I have got rid of that problem too.

Preeti,
Palwal, Haryana



Garg X-ray Clinic's report showing everything normal

Relief from Serious Gastrointestinal Problem

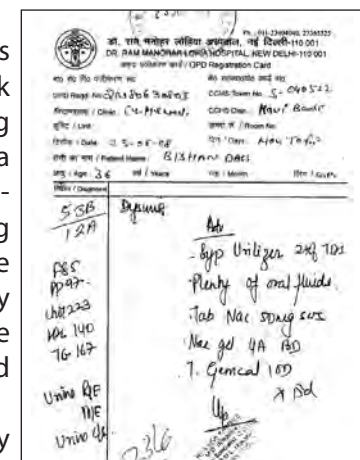


My stomach used to be very upset. Stomach aches, indigestion, diarrhea and constipation were routine problems. These problems were occurring so regularly that it had become impossible for me to lead a normal life. Things became worse when my gastrointestinal problems started leading to other ailments.

The right side of my neck and shoulder joint became so stiff that it became very painful for me to move my right arm. Soon, the entire right part of my body went numb. I also started suffering insomnia and whatever little sleep I could get, used to be full of such disturbing dream that I would wake up shivering. I constantly felt certain heaviness in my head and started losing my memory.

There came a point when it was impossible for me to even walk around the house. I was being treated at Dr. Ram Manohar Lohia Hospital in Delhi where senior physicians and neurologists were working on my case, but actually there seemed to be no improvement in my condition. In fact it was getting worse by the day. I also tried Yoga and Pranayama but to no avail.

Finally, a friend advised me to try the methods of cosmic grace. I



OPD card of Ram Manohar Lohia Hospital

started visiting Bhagwan Shree Lakshmi Narayan Dham at Greater Kailash in Delhi. Just after the second visit to satsang I stopped my medication completely. I had to take 10-15 different tablets or capsules. I stopped all that. I received Cosmic Sound Secrets from Gurudev in July 2008 and started practicing them regularly. Now I am healthy and have no physical problem. It is surprising for my family, my friends, and the doctors who had been treating me. They all want to know more about Cosmic Sound Secrets.

Vishan Das, Delhi

Relief from Stomach Problem



My son used to suffer from severe pain in his stomach. He had first complained of this problem in January 2009. I took him to many doctors. I also consulted child specialist Dr. Sameer Yadav MD, who performed some tests and suggested a course of medication but there was no improvement in his condition. He still complained of severe stomachache. In April 2009 I got initiated into Cosmic Sound Secrets and started practicing them regularly for my son's health. Since then, my son has never complained of any stomachache. The powers of Cosmic Sound Secrets are really amazing.

Narayan Prasad,
Ettwah, UP

Relief from Severe Stomachache



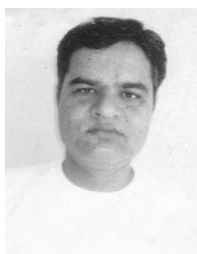
While wrestling fifteen years ago, I suffered a severe blow in my stomach and since then the injured area used to hurt very badly. I tried many therapies and treatments at many hospitals in Delhi -- AIIMS, Safdarjang, PGI apart from many private practitioners in Rohtak but nobody could diagnose what was wrong with my stomach. All the reports showed everything to be normal but the pain remained as it was. Some doctors tried to treat me for gastrointestinal problems but it did not work. After some time, I developed stone in both my kidneys. By that time I was so fed up by the doctors and medical treatments that I didn't consult any doctor for the kidney problem. I started practicing Cosmic Sound Secrets regularly and soon my stomach stopped hurting. I got checked up at Unique Health Care Hospital and found that there was no stone in my kidneys either. Now I feel absolutely normal.

Sandeep Kumar,
New Delhi



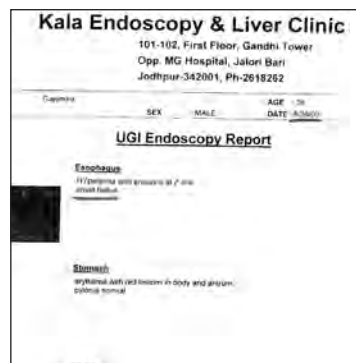
Ultrasound report from Unique Health Care

Hernia Cured Without Surgery



I am an advocate by profession. Since last 7-8 years I used to feel some pain in my abdomen. In the beginning I did not take it seriously but gradually the intensity of pain started increasing. When I consulted Dr. Sunil in Jaipur, he did an endoscope on me and found that I had a problem of hernia. He said that I would have to go through a long treatment. He also said that I would have to change my eating habits. He suggested that I should not take a full meal. Instead, I should take small portions of food at certain intervals. This, he said, I would have to do for the rest of my life. He also said that there all the chances of my problem worsening. The only sure cure according to the doctors was surgery which I did not want to go through. In April 2008, I got initiated into Cosmic Sound Secrets in Jalandhar convention and started practicing them regularly. In August 2009, I again got endoscope done. Doctors were amazed that my problem of hernia was completely gone, that too without any surgery! This miracle was caused by Cosmic Sound Secrets.

Gajendra Sharma,
Jodhpur, Rajasthan



Endoscopy report from Kala Clinic

Relief from Unbearable Pain



In 2006, the level of uric acid in my body had suddenly doubled. Due to that, my right ankle used to pain so unbearably that I could not even stand on my feet even for a second. I consulted the orthopedic specialist Dr. Kaushik in Sriganganagar. He said it was a fracture and plastered the whole leg. After the plaster was opened, the situation remained the same. For two years I tried few other doctors but my pain remained.

When I consulted orthopedic surgeon Dr. Ravi Bhagat, he asked me to go through few blood tests. After seeing my tests, he told me that the amount of uric acid in my body had doubled and it was dangerous for my kidneys. He prohibited me from eating 90% of vegetables, pulses and milk products as they help in the formation of uric acid. He started giving me a course of medication and told me that I would have to take a few medicines for the whole life.

Around that time, my younger sister visited us and advised me to see Gurudev. My wife and I participated in the convention held in our city and received Cosmic Sound Secrets from Gurudev. Since last year I have been practicing Cosmic Sound Secrets regularly and I have not had to take any medicine. My pain has disappeared and I eat everything normally.

Vivek Sukhija,
Sriganganagar, Rajasthan

Intestinal Problem Cured



In the beginning it started as a minor pain in my stomach. I did not pay much attention since it was just a minor pain. But gradually the intensity of the pain started increasing. My body became incapable of digesting whatever I ate. When my condition became really serious, I consulted Dr. Kajal in Guru Govind Singh Hospital. She asked for a few tests but my problem could not be diagnosed. Later, I started a treatment at DMC, Ludhiana. There, Dr. Sood told me that my intestines were swollen. He prescribed a course of medication for three months. I completed the course but there was no improvement in my condition. I also consulted Dr. Harjinder in Sukhmani Hospital but to no avail. On April 3, 2009 I got initiated into Cosmic Sound Secrets and started practicing them regularly. Within 15 days my problem had disappeared. I suffered for 4 years from my problem and got cured so easily. The powers of Cosmic Sound Secrets are inexplicable and beyond human imagination.

Sujata Arora, Faridkot, Punjab

DAYANAND MEDICAL COLLEGE & HOSPITAL, LUDHIANA			
DISCHARGE CARD			
NAME	AGE	SEX	
DR.	32	F	
ADMISSION NO.	DATE OF ADMISSION	DATE OF DISCHARGE	
18260	14/7/06	18/7/06	
Treatment	Unit		
Medicine	45		
Attendant Incharge	Dr. Ajit Sood		
Days	Mon / Thursday		
Remarks	pain abd & fever (evaluation) ? Intestine		
Instructions:			

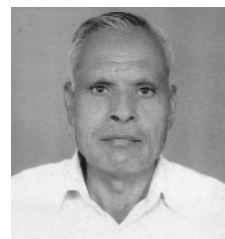
Piles of 15 Years Cured



I was suffering from piles since last 15 years and used to bleed heavily. Even after two surgeries there was no relief for me. I was on a continuous medication and had to watch my diet all the time. With the practice of Cosmic Sound Secrets my problem of piles has been absolutely cured. Now I am neither on any medication and nor do I need a special diet. Even my blood pressure is normal and I am living a completely healthy life.

Bhagrati Devi,
Nainital, Uttarakhand

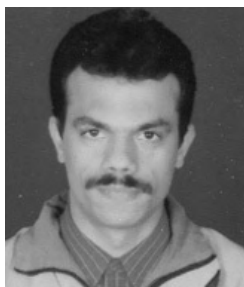
Recovery from Chronic Piles



I am a retired teacher and like thousands of others I have been a recipient of cosmic grace by the compassion of Gurudev. Since 20 years I had been suffering from Piles. I used to suffer unbearable pain due to this disease. In those 20 years I took all possible treatments and preventive measures but nothing helped to ease my pain. I used to think that I would have to suffer my whole life. I came to know of Gurudev and decided to meet him. I met him and received Cosmic Sound Secrets from him. With absolute trust I started practicing the technique regularly. Soon I completely got rid of my problem that I had been suffering from for one third of my life. Pain in my knees also disappeared by itself. I am grateful to Gurudev that he has given me a new life and a reason to live which I used to think I would never have.

Hazarilal, Rajasthan

Relief from Piles



I have been suffering from piles since many years. I had been to many doctors but nothing was helping. Somebody told me to try homeopathy. I consulted Dr. P L Verma in Janakpuri. I got some relief as I started the course of medication prescribed by him but as I would eat something that aggravates the problem I would find myself in the same painful condition.

At my wife's behest, I participated in Rohini convention where I received Cosmic Sound Secrets from Gurudev. I started practicing them with total dedication. Soon my problem disappeared from the very roots. Now I am not on any medication and I can eat whatever I want.

There have also been other miraculous things in my life since I have started practicing Cosmic Sound Secrets. Few days back the fuel pipe of my car burst while I was driving. It could have been a major accident as the road was very busy at that time and I was in the middle of the road but I came out of it without any damage.

Our economic problems have also been solved and our family life has become very harmonious. With the blessings of Gurudev, I have no problems in my life any more.

Gaurav Sethi,
New Mahavir Nagar, New Delhi

Relief from Piles



I had such a severe problem of piles that I would often faint with pain. Life was a continuous nightmare for me because I had to live with a constant pain. I consulted many doctors in Indore but there was no relief. When I came to know about Cosmic Sound Secrets, immediately I felt that I have found my remedy.

I got initiated and started practicing Cosmic Sound Secrets regularly. My problem disappeared within a short period, without any medical help. I am completely healthy and regularly participate in the cosmic grace conventions.

Ranjana Dubey,
Indore, MP

Piles Cured Within 3 Months



I had a problems of piles which I had not shared with anyone in the family. I consulted a doctor in the neighborhood who prescribed me some medication. I did not start taking those medicines as I was afraid the other members of my family would come to know of my problem. During the same period, Gurudev conducted a cosmic grace convention

in Delhi. I participated in the convention and got initiated into Cosmic Sound Secrets, which I started practicing regularly. Within three months my problem of piles was cured. The surprising fact was that my problem got cured without any medication. It is all because of Gurudev's blessings.

Babita, Seemapuri, Delhi

No More Bleeding in Mouth



For the past few years I had a strange problem. My mouth used to bleed all the time and I had to continuously spit the blood out. In the beginning I used to hide my problem from everyone, but thinking that it could be contagious I used to keep my children away from me, and never let them eat anything from my plate. In the end I shared my problem with my husband but he did not give any attention to it.

After that I developed an irritating behavior and could notice the changes I was going through because of my problem.

During that time, I happened to watch Gurudev in a TV program and decided to learn the Cosmic Sound Secrets from him. As destiny would have it, soon after that he visited Chicago in June 2008. I learnt and started practicing Cosmic Sound Secrets. Within a few days the bleeding stopped and I started behaving normally. I owe everything to Gurudev to bring my life to normalcy with such an easy method. I have shared my experience with many friends in Chicago and also in India. Many of them have tried the Cosmic Sound Secrets and benefited for them. It is a blessing for humanity that a sage such as Gurudev exists among us.

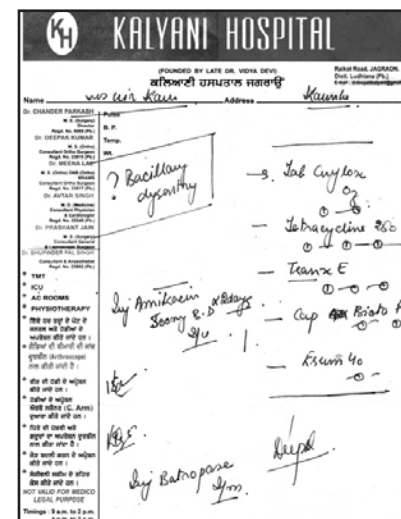
Neelam Sehgal,
Chicago, America

Gastric Problem Cured



I got initiated into Cosmic Sound Secrets in 2006 which was held at Gurgaon in Haryana. The miracles that I have witnessed in my life since then can not be expressed in words. Before I got initiated into Cosmic Sound Secrets, I was suffering from a gastric problem since 15 years. I had tried treatments from many doctors but in vain. Dr. Chawla in Rohtak was of the opinion that I would have to take care of my diet and depend on medicines for whole life. The gas used to form every now and then which was very painful for me. Once I started practicing Cosmic Sound Secrets regularly, my problem started disappearing. Now I am free from the problem that had become almost my companion for 15 years. Other than that, we are doing very good on the financial front after we all started practicing Cosmic Sound Secrets.

Meena, Rohtak, Haryana



2: The Circulatory System

The circulatory system is an organ system that passes nutrients (such as amino acids and electrolytes), gases, hormones, blood cells, etc. to and from cells in the body to help fight diseases and help stabilize body temperature and pH to maintain homeostasis. This system may be seen strictly as a blood distribution network, but some consider the circulatory system as composed of the cardiovascular system, which distributes blood, and the lymphatic system, which distributes lymph. While humans, as well as other vertebrates, have a closed cardiovascular system (meaning that the blood never leaves the network of arteries, veins and capillaries), some invertebrate groups have an open cardiovascular system. The most primitive animal phyla lack circulatory system. The lymphatic system, on the other hand, is an open system.

The main components of the human circulatory system are the heart, the blood, and the blood vessels. The circulatory system includes: the pulmonary circulation, a "loop" through the lungs where blood is oxygenated; and the systemic circulation, a "loop" through the rest of the body to provide oxygenated blood. An average adult contains five to six quarts (roughly 4.7 to 5.7 liters) of blood, which consists of plasma, red blood cells, white blood cells, and platelets. Also, the digestive system works with the circulatory system to provide the nutrients the system needs to keep the heart pumping.

Two types of fluids move through the circulatory system: blood and lymph. The blood, heart, and blood vessels form the cardiovascular system. The lymph, lymph nodes, and lymph vessels form the lymphatic system. The cardiovascular system and the lymphatic system collectively make up the circulatory system.

Disorders of the Circulatory System:

The circulatory system can be damaged by disease or injury. One of the most common diseases of the system is arteriosclerosis, which results from the accumulation of fatty deposits in the arteries. Such deposits stiffen and thicken the walls of the arteries. As a result, the flow of blood is restricted. In some cases, blood clots develop in vessels affected by arteriosclerosis. Such clots may lead to a heart attack or a stroke, a condition in which the brain does not receive enough blood.

Another disease, hypertension, commonly called high blood pressure, is often associated with arteriosclerosis. Hypertension makes the heart work harder and may lead to such complications as a heart attack, a stroke, or kidney failure.

Treatment for arteriosclerosis and hypertension includes rest, exercise, and changes in the diet. Doctors may prescribe various drugs to lower the blood pressure, strengthen the heart, or prevent infection and blood clots. In extreme cases, a surgeon may remove clots or replace one or more diseased blood vessels.

Other disorders of the circulatory system result from damage or defects in the heart or blood vessels. For example, rheumatic fever may harm or destroy the valves that control the flow of blood through the heart. Incomplete development of the heart or its blood vessels before birth may produce defects called congenital heart disorders. Some cases of damage or defects can be corrected by surgery.

Heart Diseases

Heart disease or cardiopathy is an umbrella term for a variety for different diseases affecting the heart. As of 2007, it is the leading cause of death in the United States, England, Canada and Wales, killing one person every 34 seconds in the United States alone.

Coronary heart disease

Coronary artery disease is a disease of the artery caused by the accumulation of atheromatous plaques within the walls of the

arteries that supply the myocardium. Angina pectoris (chest pain) and myocardial infarction (heart attack) are symptoms of and conditions caused by coronary heart disease.

Over 459,000 Americans die of coronary heart disease every year. In the United Kingdom, 101,000 deaths annually are due to coronary heart disease.

Cardiomyopathy

Cardiomyopathy literally means "heart muscle disease". It is the deterioration of the function of the myocardium (i.e., the actual heart muscle) for any reason. People with cardiomyopathy are often at risk of arrhythmia and/or sudden cardiac death.

Cardiovascular disease

Cardiovascular disease is any of a number of specific diseases that affect the heart itself and/or the blood vessel system, especially the veins and arteries leading to and from the heart. Research on disease dimorphism suggests that women who suffer with cardiovascular disease usually suffer from forms that affect the blood vessels while men usually suffer from forms that affect the heart muscle itself. Known or associated causes of cardiovascular disease include diabetes mellitus, hypertension, hyperhomocysteinemia and hypercholesterolemia.

Types of cardiovascular disease include:

Atherosclerosis

Ischaemic heart disease characterized by reduced blood supply to the organs.

Heart failure

Heart failure, also called congestive heart failure (or CHF), and congestive cardiac failure (CCF), is a condition that can result from any structural or functional cardiac disorder that impairs the ability of the heart to fill with or pump a sufficient amount of blood throughout the body. Therefore leading to the heart and body's failure.

Hypertensive heart disease

Hypertensive heart disease is heart disease caused by high blood pressure, especially localised high blood pressure. Conditions that can be caused by hypertensive heart disease include:

Left ventricular hypertrophy

Coronary heart disease

(Congestive) heart failure

Hypertensive cardiomyopathy

Cardiac arrhythmias

Inflammatory heart disease

Inflammatory heart disease involves inflammation of the heart muscle and/or the tissue surrounding it.

Endocarditis – inflammation of the inner layer of the heart, the endocardium. The most common structures involved are the heart valves.

Inflammatory cardiomegaly

Myocarditis – inflammation of the myocardium, the muscular part of the heart.

Valvular heart disease

Valvular heart disease is disease process that affects one or more valves of the heart. The valves in the right side of the heart are the tricuspid valve and the pulmonic valve. The valves in the left side of the heart are the mitral valve and the aortic valve.

Aortic valve stenosis

Mitral valve prolapse

Valvular cardiomyopathy

Blood Pressure Back to Normal



Since last 15 years, my husband was suffering from high blood pressure. His blood pressure never came down from 120-180. He was under treatment at the clinic of heart specialist Dr. Anil Talwar in Jaipur but his condition was not improving. Meanwhile in 2003, my husband also developed diabetes. We started a treatment with the diabetes specialist Dr.

Anant Nigam, but he did not manage to bring his sugar level down. The other experts said that my husband had a serious heart disease. We got initiated into Cosmic Sound Secrets in 2006 in the convention held on the occasion of Gurupurnima. It is a miracle that what so many doctors could not do a simple practice of Cosmic Sound Secrets has done. Now my husband is free of all his problems.

Arun Mishra, Jaipur, Rajasthan



Recovery report from the hospital

Recovery from Blood Cancer



Recently, it was detected that my blood was infected with cancerous cells. We visited the cancer experts in Ferozpur, Dr. Dheer and Dr. Kataria. They were both of the opinion that I should be taken to Chandigarh PGI where there are advanced facilities to treat cancer. The reports at the PGI showed that my blood was in an advanced stage of infection. My parents were at a loss. They wanted to save me at any cost but the doctors were not confident of my recovery. They took me to many doctors and hospitals but none of the doctors were very helpful for my recovery. We tried alternative therapies but they also failed to help.

Finally, my parents took me to the convention in Chandigarh where we received Cosmic Sound Secrets. After a short practice, my condition started improving and everyone was amazed when in the next checkup it was found that I had completely recovered. Even the doctors could not believe how it was possible. But the results were there for everyone to see!

Vishal Chawala,
Ferozpur, Punjab

Free of Heart Problem



Chandrakanta, Jalandhar, India

 **TAGORE HEART CARE & RESEARCH CENTRE**
Banda Bahadur Nagar, Mahaveer Marg, JALANDHAR-14 1008
Tels : 22633522, 22635858 Fax : 0161-22044123
e-mail: thrc@rediffmail.com

UNO : 13467 Registration Date : 11/04/2004

Name : SWATI
SW/D of : VIPAN KUMAR
Age : 19 Sex : F
Address : 10. MOHALLA NO.8. JALAN SARTI
RANK 4, BLOCK 1, UNIT 3
State : PUNJAB

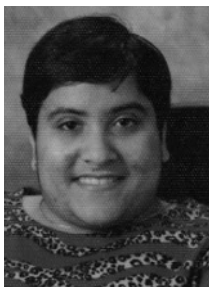
Phone :
Date of Discharge :
Date of Procedure : 12-02-05
Use of Procedure : 12-02-05
Cardiologist/Surgeon : DR. V. P. SHARMA

DATE	DIAGNOSIS & TREATMENT
22-02-05	Chnspicital ES → BPV. 26. Disch. Pacem 2205 Sgn. Pacemaker. Nymurnal 1/2 149.60 DD

**Paid.

Recovery report from Tagore Heart Care & Research Center

Recovery from Heart Trouble



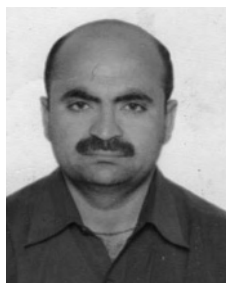
I live in Germany with my husband and daughter. We have a very happy and loving family. We have had no problem except the health of our daughter until recently. Her heartbeat was not normal. Seeing our daughter suffering at such a young age, we were all sad and troubled. Naturally, we were trying our best to help her come out of this problem by seeking the best medical treatments available but there was no improvement. I went to see Gurudev when he visited Germany and held a convention in Frankfurt. There I stated my problem to him and received Cosmic Sound Secrets for the wellbeing of my daughter. I had yet to start a regular practice of the Cosmic Sound Secrets when suddenly one day my daughter's heartbeat started dropping to such an extent that it felt as if there is no beat at all. I immediately started reciting the Cosmic Sound Secrets. Within a short time, my daughter's heartbeat started being normal. When she was checked by the doctors, they declared her to be absolutely normal. With my regular recital, my daughter has recovered completely. My daughter has got a new life, and we have got our happiness back.

Kiran Devsar, Hamburg, Germany

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Hospital's diagnosis report

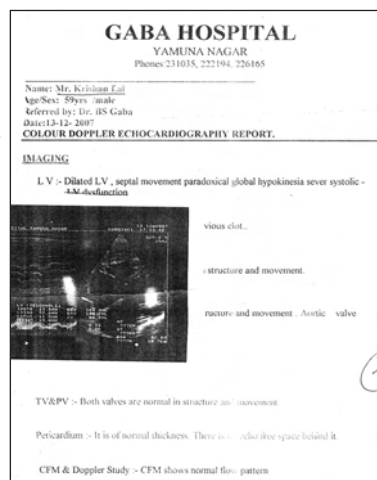
Back From the Deathbed



Gurudev's Cosmic Sound Secrets have been a lifeline to our family. Once, my father took seriously ill. Local doctors were not being able to diagnose his problem. After the elaborate tests in the City Hospital, it was found that he has a serious heart trouble. According to the reports, just 15% of his heart was functioning and the doctors were not very optimistic about his survival.

The doctors' attitude was very disheartening, but I wanted to save my father at any cost. I came to know about the healing powers of Cosmic Sound Secrets and started practicing them for my father's recovery. Soon my father's condition started improving. Now he is completely normal. For us, he has come back from the deathbed.

Madan Mehdiratta,
Yamuna Nagar, Haryana



Recovery report from Gaba Hospital

Recovery from Paralysis



I was suffering from many diseases including severe asthma. To make things worse, I had a coronary attack which left me paralysed and my life came to a stand still. It was impossible for me to do anything without any assistance. My family members had to help me with everything. I had never lived this type of life because I used to do everything by myself. My whole family was worried. I had to correct my diet because of the

weak heart and could not eat many things that I used to relish. All this was taking a toll on my mental condition. Medication was expensive and wasn't helping much.

We came to know about Gurudev and decided to meet him. We received Cosmic Sound Secrets from him and started practicing them. Soon, I recovered from my paralysis. To everyone's relief and amazement, I also got rid of my asthma. Now our family is witnessing such a harmony that we had never experienced before.

Ramaben,
Ahmedabad, Gujrat

Paralysis Cured



In October 2004 I had a heart attack and got paralyzed which left my face twisted and distorted. Even trying to eat something had become a torture for me. My heart palpitations had also increased which always kept me in tension and anxiety. After the initial hospitalization, I consulted many doctors and tried many treatments including ayurveda and naturopathy but nothing helped much. In fact, my condition was worsening. At that point, I thought there was no hope left for me.

With the practice of Cosmic Sound Secrets I recovered within a week. My regular practice of Cosmic Sound Secrets has caused other problems in my life to be solved too. My son had fallen into a wrong company and was under trial in a murder case. My whole family was worried for him. I practiced Cosmic Sound Secrets for him and soon all charges against him were dropped. My financial condition has also improved. My son has also mended his ways and found a good job.

Vinod Saini,
Saharanpur, UP

Heart Problem Cured



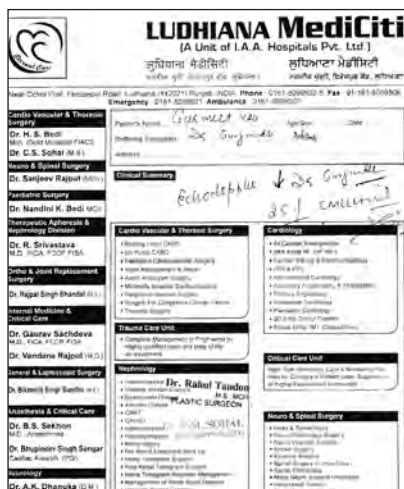
I received Cosmic Sound Secrets from Gurudev in Faridabad convention. Since then I have been practicing this technique every morning and evening regularly.

I was suffering from many physical ailments before that. Some problem had occurred in my heart due to which it was not functioning properly. I had tried many doctors and treatments but in vain. I had also been to Dr. Rathor's clinic in Jabalpur where many tests were conducted but they were not able to properly diagnose my problem. Dr. Rathor is a well known specialist but even his treatment failed to improve my condition.

My heart problem was cured when I started practicing Cosmic Sound Secrets. I also had problems of arthritis and high blood pressure. I had gone through many treatments for these problems but they remained as they were. Both of these problems were cured with an amazing speed. With the blessings of Gurudev my family life is also very peaceful now.

Surendra Singh,
Narsinghpur, MP

Recovery from Heart Ailment



I was suffering from a heart ailment which was not showing any sign of improvement even after consulting all the prominent doctors and clinics in Ludhiana. Dr. R L Mehra had diagnosed the problem as Atherosclerosis while Dr. Renu Malhotra said that I was suffering from Ischaemic heart disease but none of their treatments worked on me. I had to be on heavy dosage of medicine which was also proving to be very expensive, and that too

without showing any positive results.

My entire family was disturbed because of my ailment as they could not see me suffering. Everybody felt helpless because no treatment was responding to my condition. Finally, we came to know about Gurudev and participated in the convention held at Ludhiana. There I received Cosmic Sound Secrets, which I started practicing regularly. Due to my regular practice, my ailment is completely gone and everybody in the family is happy.

Gurmeet Kaur,
Ludhiana, Punjab

Hypertension Cured



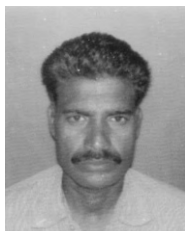
Since last 17 years, I had been suffering from hypertension because my heart palpitations were very high. I was losing my mental balance due to this problem. For hours I would sit at my doorstep and abuse every passerby. I had started hating everyone -- family members, relatives, neighbors. Sometimes, this hatred would turn towards my own self and I would think of committing suicide. Once I tried to kill

my husband when he was sleeping.

Everybody in the family was afraid of me. We tried many doctors in Rohtak and Sonipat but my condition did not improve. I had a long treatment at Gangaram Hospital in Delhi but to no avail. In 2007, I participated in the cosmic grace convention held at Ambala and got initiated into Cosmic Sound Secrets. I started practicing them regularly. Soon, there was an improvement in my condition. It is very surprising for my family members that now I don't hate or abuse anyone. I do all the household chores very happily and love people around me. I had never imagined that my life could change so drastically.

Shantidevi,
Rohini, Delhi

Blood Cancer Cured



I had developed blood cancer in 2004. The level of TLC had gone up to 4,27,000 in my blood. I tried Baba Ramdev's ayurvedic medicines but it did not work. In May 2005, I started my treatment at Rajiv Gandhi Cancer Institute and Research Center. During that period, there occurred a complication in my liver too. No medicine was working on me. In

2006, I went to Karnal to participate in a cosmic grace convention that Gurudev was going to conduct. I got initiated into Cosmic Sound Secrets and started practicing them regularly. Slowly, my TLC level started going down and the liver began to heal. With the blessings of Gurudev, my TLC is absolutely normal and I am healthier than ever before.

Vinod Sharma,
Kurukshetra, Haryana

A Serious Case of Leukemia Cured

My wife had serious problem of leukemia. We consulted many experts and took treatments that they suggested. She also took some courses of antibiotics but nothing helped. In 2007, we got initiated into Cosmic Sound Secrets in the convention held at Panipat. My wife has been completely cured of her problem by regularly practicing the Cosmic Sound Secrets. I had a problem of urine sugar, which has also been cured because of my regular practice of Cosmic Sound Secrets. We will always be grateful to Gurudev.

Sukumar,
Ambala Cantt., Haryana

3: Endocrine System

Although we rarely think about them, the glands of the endocrine system and the hormones they release influence almost every cell, organ, and function of our bodies. The endocrine system is instrumental in regulating mood, growth and development, tissue function, and metabolism, as well as sexual function and reproductive processes.

In general, the endocrine system is in charge of body processes that happen slowly, such as cell growth. Faster processes like breathing and body movement are controlled by the nervous system. But even though the nervous system and endocrine system are separate systems, they often work together to help the body function properly.

About the Endocrine System

The foundations of the endocrine system are the hormones and glands. As the body's chemical messengers, hormones transfer information and instructions from one set of cells to another. Although many different hormones circulate throughout the bloodstream, each one affects only the cells that are genetically programmed to receive and respond to its message. Hormone levels can be influenced by factors such as stress, infection, and changes in the balance of fluid and minerals in blood.

A gland is a group of cells that produces and secretes, or gives off, chemicals. A gland selects and removes materials from the blood, processes them, and secretes the finished chemical product for use somewhere in the body. Some types of glands release their secretions in specific areas. For instance, exocrine glands, such as the sweat and salivary glands, release secretions in the skin or inside

of the mouth. Endocrine glands, on the other hand, release more than 20 major hormones directly into the bloodstream where they can be transported to cells in other parts of the body.

Diseases of the endocrine system are common, including conditions such as diabetes mellitus, thyroid disease, and obesity. Endocrine disease is characterized by dysregulated hormone release (a productive pituitary adenoma), inappropriate response to signaling (hypothyroidism), lack of a gland (diabetes mellitus type 1, diminished erythropoiesis in chronic renal failure), or structural enlargement in a critical site such as the testis (toxic multinodular goitre). Hypofunction of endocrine glands can occur as a result of loss of reserve, hyposecretion, agenesis, atrophy, or active destruction. Hyperfunction can occur as a result of hypersecretion, loss of suppression, hyperplastic or neoplastic change, or hyperstimulation.

Endocrinopathies are classified as primary, secondary, or tertiary. Primary endocrine disease inhibits the action of downstream glands. Secondary endocrine disease is indicative of a problem with the pituitary gland. Tertiary endocrine disease is associated with dysfunction of the hypothalamus and its releasing hormones.

As the thyroid, and hormones have been implicated in signaling distant tissues to proliferate, for example, the estrogen receptor has been shown to be involved in certain breast cancers. Endocrine, paracrine, and autocrine signaling have all been implicated in proliferation, one of the required steps of oncogenesis.

Hemoglobin Rose Back to Normal



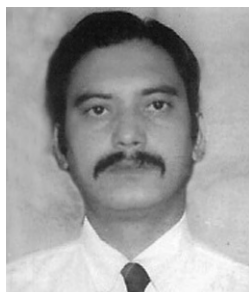
I am fortunate to have come to Gurudev and being able to practice the technique of Cosmic Sound Secrets. I have gone through many amazing experiences due to my regular practice. Many of my physical, mental, and financial problems have been solved. Recently when I visited my sister in Bangalore I came to know that her condition was very critical as her hemoglobin count had dropped down to merely 4.8. She was hospitalized and the doctors were preparing for the blood transfusion as according to them it was impossible for her to survive without that procedure.

I asked my brother-in-law to wait for a week for the blood transfusion. Seeing the authority in my voice, he agreed. I started chanting Cosmic Sound Secrets for my sister's recovery twice a day. She was checked after a week, and to everyone's surprise her hemoglobin had rose up to 9.1.

It was a shock for the doctors as blood transfusion is the only remedy in that condition. Now my sister is absolutely normal and healthy. She has also started practicing Cosmic Sound Secrets and has not been on any medication since then.

Subodh Singala,
Bangalore

Blood Sugar Back to Normal



Recently, the level of my blood sugar had started rising dangerously. My age is just 32 and according to the doctors it is very dangerous for the blood sugar to rise at such a level at this age. Many doctors were of the opinion that this could lead to a heart attack, or I could lose my eye sight. Survival of my kidneys and brain was also endangered.

All these medical opinions scared to such a point that I was always stressed out. My family had almost accepted that they have lost me. Doctors had put me on a course of insulin and other medication but there was no improvement even after the treatment of four months.

A friend advised me to try the Cosmic Sound Secrets and I attended the convention in Bilaspur. I received the secrets from Gurudev and started practicing them regularly. Soon my problem was gone. With the grace of Gurudev and Cosmic Sound Secrets the level of my blood sugar is absolutely normal.

Ajay Guleria,
Kangra, Himachal Pradesh

Blood Sugar Back to Normal



The sugar level in my blood had gone alarmingly up. When I first came to know of the situation, I was really afraid. I started a regular medication but things were not improving. I tried a treatment in Military Hospital but that too did not prove to be effective.

Meanwhile I came to know about Gurudev and his methods of healing. I participated in Ladwa convention and received Cosmic Sound Secrets. With the regular practice of this technique my sugar level came back to normal. Not only my friends and family but even the doctors are surprised.

Jagir Singh,
Yamuna Nagar, Haryana

RAMA NURSING HOME Mandi Road, RADAUR - 135153 (YNR.) ☎ Nos.: 296			
P's Name <i>Sh. Sushil Singh</i>		Age & Sex <i>M</i>	
Ref by <i>Secy.</i>		Date <i>15/10/2015</i>	
Investigation			
TESTIGATION		BIO-CHEMISTRY	
RESULT	N VALUES	INVESTIGATION	RESULT N VALUES
Hemoglobin	gm% (13-18) Std. Males	1. Blood Sugar Fasting	(70-110 mg%)
H.C.	mm (4000-110000)	2. Blood Sugar <i>privt</i>	(70-150 mg%)
D. L. C.	50-70%	2.1 Blood Urea	(10-40 mg%)
E.S.R.	mm in 1st Hr. (0-10) (Westergren method)	28. H.D.L	(30-70 mg%)
H.T	(2-7) Duke's Method	31. Total Lipid	(Up to 600 mg%)
C.T	(4-8) Cap. Tube Met	32. S. Bimibiculin (Total)	(5.1-1.2 mg%)
M.P. Smear		33. S. B. Direct	(0.0-2 mg%)
RA Factor		34. S. G. O.T	(5-40 IU/L)
M. P. Serum		35. S. G. P. T.	(5-35 IU/L)
VDRL (STS)		36. Total Protein	(6-8 gm%)
HIV Test		37. Alb.	(4.2-5.5 gm%)
K.A. (Kjeldahl) index		38. Globulin	(1.8-2.5 gm%)
Spectrum for AFP		39. Al. Phosphatase	(80-100 u/L)
ARBO-RHINO			
NX Test 0.1 ml of PPD inoculated on left hand forearm on dated _____ to observed for induration within 48 to 70 Hrs. Result _____			
Widal Test			
	1:20	1:40	1:80
(Typhi)	1:160	1:320	1:640
(Typhi)			

Investigation report from Rama Nursing Home

Blood Sugar Down to Normal

Since last two years I had not been feeling well. I used to feel very weak all the time. When I got tested I came to know that the sugar level in my blood had gone very high. I immediately started taking medicines prescribed by the doctor. After a couple of weeks I got myself tested again but the sugar level had gone even higher.

I approached Gurudev with my problem. He gave me an ayurvedic medicine and also asked me to practice special Cosmic Sound Secrets. I tried both the remedies for two weeks and got myself tested again. To everyone's surprise my tests came out to be absolutely normal. Usually this problem is life long, but I got cured just in two weeks. I have been suggesting everyone to try Cosmic Sound Secrets for their problems since then.

Rajkumar,
Chandigarh

A . C CLINICAL LAB		
KAMBOJ DIAGNOSTIC CENTRE		
SHOP NO 205/1, SABZI MANDI ROAD, SECTOR 45 -A CHANDIGARH. PH. 9316110792, 5180775.		
CONSULTANT		
HISTOPATHOLOGY, CYTOLOGY & BONE MARROW EXAMINATION		
DR. MRS. ANJU BHANDARI		
M.D. PATHOLOGY		
EX-LECTURER, C.M.C. LUDHIANA		
DR. RAJ KUMAR		
DR. SELF		
M		
13.12.2008		
F. CHD		
RESULT	NORMAL RANGE	
(F)	140.0	70 - 110 mg/dl
(PP)	220.0	up to 160 mg/dl

Diagnosis report of A C Clinical Lab

Blood Sugar Back to Normal



I got initiated into Cosmic Sound Secrets in 2007. My father was struggling with the problems of kidney and high blood sugar. His health was deteriorating. Even after a long and extensive treatment his sugar level was increasing. I started practicing Cosmic Sound Secrets for my father. The results were miraculous – my father's sugar level came back to normal and his kidney recovered.

Surendra kalra,
Punjab, India

Blood Sugar Back to Normal



Sugar level in my blood had gone up suddenly. I was very scared when I came to know of this diagnosis as one has this problem remains life long and one has to be on a constant medication. I started my treatment knowing perfectly well that it would be my fate as long as I live. Then a ray of hope appeared when I heard about Gurudev and his work. I attended his convention in Dehradun and received Cosmic Sound Secrets from him. I started practicing Cosmic Sound Secrets regularly twice a day. When I went for my tests next time, doctors found that my sugar level is perfectly normal. Now I am absolutely healthy and I have stopped taking medicines. This recovery is not less than a miracle.

Rekha,
Yamuna Nagar, Haryana

Growth Hormones triggered



My daughter was just one year old when a revelation by the doctor shook me to the core. I had gone for her regular checkups to the doctor when the doctor informed me that the growth of her brain has stopped as body was not producing enough hormones for the growth process. It also explained why she had not been able to start speaking by that time.

A CAT scan was done on her and the doctors started a special treatment, although there were no visible signs of improvement even after two months of treatment. In July 2006, Gurudev led a convention in Chicago.

We came to know about his visit and met him to get initiated into Cosmic Sound Secrets. When Gurudev saw our daughter, he comforted us and said everything would be all right very soon. He gave us a special Cosmic Sound Secrets and asked us to chant it into her ear every night.

We started doing it every night and to everyone's surprise she started speaking within a few days. When we got her checked at the hospital, the reports showed her to be absolutely normal. Her body is producing enough hormones for the growth of her brain.

Shivani Dua,
Chicago, America

Hormones Back to Normal



I received Cosmic Sound Secrets from Gurudev in 2004. My hormone system had gone abnormal which was causing many ailments in my body. My condition had worsened to such a state that I was unable even to get up from the bed. And lying down was painful too. I could not change my side on the bed. It was worse than dying. I was taken to many hospitals and doctors but my condition was only worsening. I did not accept the defeat and decided to do something about it. I started practicing Cosmic Sound Secrets. The cure was so fast and effective that everybody was surprised, including the doctors.

Chandrakanta,
Jalandhar, India

Thyroid Cured



I had been suffering from thyroid problem since a long time. In 2005, I underwent some thyroid tests. The tests showed that my T4 (Thyroxin) level was very high. In 2006, I got initiated into Cosmic Sound Secrets by Gurudev in the convention held at Dehradun. and started practicing regularly. One month after starting the practice of Cosmic Sound Secrets, I got my thyroid test done. This time the report was absolutely normal. It was a matter of surprise not only for me but also for the doctors.

Meeta Shah,
Haldwani, Uttarakhand

Diabetes and Back Pain Cured



I was suffering from diabetes since long. To make matters worse, last year my backbone got bent and it used to hurt me very severely. Any physical movement became impossible for me. The doctors said that I would have to undergo a surgery but I was not ready for that. I participated in a cosmic grace convention when last year Gurudev visited Chicago. There, I got initiated into Cosmic Sound Secrets and started practicing them regularly. My back-pain disappeared within a few weeks, and now I am absolutely free of diabetes as well. All this has been possible because of the tremendous powers of Cosmic Sound Secrets.

Sudeviben J Patel,
Chicago, America

Shree Krishna Hospital & Medical Research Centre
Karamsad - 388 325
Department of Radiology

MRI Referral Form MR NO: 609

Patient Data: Date: 07/10/10
Name: Sudeviben J Patel Age: 61 Sex: M
Contact No.:
OPD / Indoor No.: 609 / 36750 Ward: Bed No.:
Ref. By Dr.:

Clinical Group / History:
☐ Congenital ☐ Traumatic ☐ Vascular ☐ Infective ☐ Neoplastic
☐ Degenerative ☐ Others

Provisional Diagnosis:

Doctor's Signature: Unit & Department:

Brain ☐ Limited Study ☐ Complete Study ☐ Complete Study with Contrast ☐ Epilepsy ☐ Pituitary ☐ Brain with MR Angiography ☐ Brain with MR Venography ☐ Brain with Contrast MR Angiography ☐ MR Angiography ☐ Headache Protocol	Body MRI ☐ MRCP ☐ MRI Urinary ☐ Upper Abdomen	MRI • Angle ☐ MRA (Circle of Willis) ☐ MRA (Carotid) ☐ MRA Aorta ☐ MR Angio both lower limbs ☐ Renal Angiography	Head & Neck ☐ Orbit ☐ PNS ☐ Neck	MRI Thorax ☐ MRI Thorax ☐ MRI Thorax with contrast	Spine ☐ MRS ☐ CX ☐ Dorsal ☐ Whole Spine ☐ Spine with Contrast ☐ Brachial Plexus ☐ Lumbar Plexus	Musculoskeletal ☐ Knee ☐ Shoulder ☐ Other Joint ☐ Other Tissue (region)	Other
--	--	---	---	---	--	--	--------------

MRI report from Shree Krishna Medical Research Center

4: The Respiratory System

The respiratory system's function is to allow gas exchange to all parts of the body. The space between the alveoli and the capillaries, the anatomy or structure of the exchange system, and the precise physiological uses of the exchanged gases vary depending on the organism. In humans and other mammals, for example, the anatomical features of the respiratory system include airways, lungs, and the respiratory muscles. Molecules of oxygen and carbon dioxide are passively exchanged, by diffusion, between the gaseous external environment and the blood. This exchange process occurs in the alveolar region of the lungs.

Functions of the Respiratory System:

Ventilation: Ventilation of the lungs is carried out by the muscles of respiration.

Control: Ventilation occurs under the control of the autonomic nervous system from parts of the brain stem, the medulla oblongata and the pons. This area of the brain forms the respiration regulatory center, a series of interconnected brain cells within the lower and middle brain stem which coordinate respiratory movements. The sections are the pneumotaxic center, the apneustic center, and the dorsal and ventral respiratory groups. This section is especially sensitive during infancy, and the neurons can be destroyed if the infant is dropped and/or shaken violently. The result can be death due to "shaken baby syndrome."

Inhalation: Inhalation is initiated by the diaphragm and supported by the external intercostal muscles. Normal resting respirations are 10 to 18 breaths per minute, with a time period of 2

seconds. During vigorous inhalation (at rates exceeding 35 breaths per minute), or in approaching respiratory failure, accessory muscles of respiration are recruited for support. These consist of sternocleidomastoid, platysma, and the scalene muscles of the neck.

Under normal conditions, the diaphragm is the primary driver of inhalation. When the diaphragm contracts, the ribcage expands and the contents of the abdomen are moved downward. This results in a larger thoracic volume and negative (suction) pressure (with respect to atmospheric pressure) inside the thorax. As the pressure in the chest falls, air moves into the conducting zone. Here, the air is filtered, warmed, and humidified as it flows to the lungs.

During forced inhalation, as when taking a deep breath, the external intercostal muscles and accessory muscles aid in further expanding the thoracic cavity.

Exhalation: Exhalation is generally a passive process; however, active or forced exhalation is achieved by the abdominal and the internal intercostal muscles. During this process air is forced or exhaled out.

The lungs have a natural elasticity: as they recoil from the stretch of inhalation, air flows back out until the pressures in the chest and the atmosphere reach equilibrium.

During forced exhalation, as when blowing out a candle, expiratory muscles including the abdominal muscles and internal intercostal muscles, generate abdominal and thoracic pressure, which forces air out of the lungs.

Gas exchange: The major function of the respiratory system is gas exchange between the external environment and an organism's circulatory system. In humans and mammals, this exchange facilitates oxygenation of the blood with a concomitant removal of carbon dioxide and other gaseous metabolic wastes from the circulation. As gas exchange occurs, the acid-base balance of the body is maintained as part of homeostasis. If proper ventilation is not maintained, two opposing conditions could occur: respiratory acidosis, a life threatening condition, and respiratory alkalosis.

Upon inhalation, gas exchange occurs at the alveoli, the tiny sacs which are the basic functional component of the lungs. The alveolar walls are extremely thin (approx. 0.2 micrometres). These walls are composed of a single layer of epithelial cells (type I and type II epithelial cells) in close proximity to the pulmonary capillaries which are composed of a single layer of endothelial cells. The close proximity of these two cell types allows permeability to gases and, hence, gas exchange. This whole mechanism of gas exchange is carried by the simple phenomenon of pressure difference. When the atmospheric pressure is low outside the air from lungs flow out. When the air pressure is low inside, then the vice versa.

Non-respiratory functions

Vocalization: The movement of gas through the larynx, pharynx and mouth allows humans to speak, or phonate. Vocalization, or singing, in birds occurs via the syrinx, an organ located at the base of the trachea. The vibration of air flowing across the larynx (vocal chords), in humans, and the syrinx, in birds, results in sound. Because of this, gas movement is extremely vital for communication purposes.

Temperature control: Panting in dogs and some other animals provides a means of controlling body temperature. This physiological response is used as a cooling mechanism.

Coughing and sneezing: Irritation of nerves within the nasal passages or airways, can induce coughing and sneezing. These responses cause air to be expelled forcefully from the trachea or nose, respectively. In this manner, irritants caught in the mucus which lines the respiratory tract are expelled or moved to the mouth where they can be swallowed.

Chronic respiratory diseases are chronic diseases of the airways and other structures of the lung. Some of the most common are asthma, chronic obstructive pulmonary disease (COPD), respiratory allergies, occupational lung diseases and pulmonary hypertension.

The most important risk factors for preventable chronic respiratory diseases are:

Tobacco smoking
Indoor air pollution
Outdoor pollution
Allergens
Occupational risks and vulnerability

Hundreds of millions of people suffer every day from chronic respiratory diseases. According to the latest WHO estimates (2007), currently 300 million people have asthma, 210 million people have chronic obstructive pulmonary disease (COPD) while millions have allergic rhinitis and other often-underdiagnosed chronic respiratory diseases.

Thousands of people have been cured of their respiratory disorders by practicing Cosmic Sound Secrets. Following pages are an evidence of the unrefutable power of this divine science.

Tuberculosis Cured



My husband was addicted to alcohol and tobacco since a long time. His addiction had gone so deep that he could not quit either of his habits even after his health started failing. When his condition started deteriorating we took him to Civil Hospital where after the check ups it was diagnosed that he was suffering from tuberculosis. Without wasting any time we started his medical treatment and doctors also prescribed a

monthly check up. Though, the treatment also included anti-addictive medicines but there was no effect on his addictions. Nor was there any improvement in his health. I came to Jalandhar convention to learn the Cosmic Sound Secrets and started practicing them for my husband. I am proud to say that my practice has been successful and not only my husband's tuberculosis is cured but he has come out of his addictions completely.

Simmi, Jalandhar Cantt, Punjab

REVISED NATIONAL TUBERCULOSIS CONTROL PROGRAMME
Laboratory Form for sputum Examination

Name of Referring Health Facility: Simmi, Jalandhar Cantt Date: 10/12
Name of Patient: Simmi, Jalandhar Cantt Age: 45 Sex: M
Complete address: Simmi, Jalandhar Cantt, Punjab

Type of suspected disease: ☒ Pulmonary ☐ Extra-pulmonary

Reason for investigation: ☐ Diagnosis ☐ Repeat Examination for Diagnosis ☐ Follow-up of chemotherapy

Patient's TB No.: 10000 Name and Signature of referring person/doctor: _____

If sputum samples are being transported: _____ Date of sputum collection: _____
Sputum Collection's name and Signature: _____
RESULTS (To be completed in the laboratory of DDC)
Name of DDC: _____
Lab. Serial No.: 10000

Site of Examination	Smear	Microscopic	1. Result (Ziehl-Neelsen)	2. Result (Giemsa)	3. Result (Gram)
1/10/12	+	CS	1. +	2. +	3. +
1/11/12	+	CS	1. +	2. +	3. +
1/12/12	+	CS	1. +	2. +	3. +

Antituberculous treatment: 1/10/12 Examined by (signature): _____

Medical report showing recovery from TB

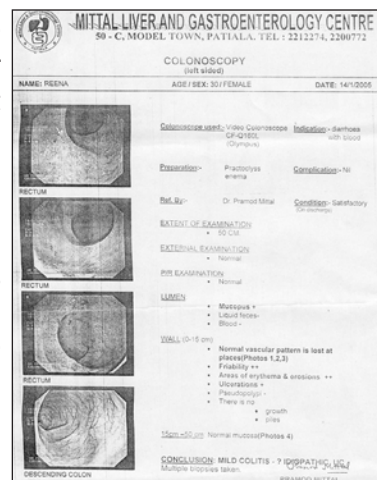
Asthma Cured



Our family was struggling with many physical ailments before we received Cosmic Sound Secrets from Gurudev. My wife was suffering from serious asthma since a long time. Even after many treatments there was no improvement in her condition. On the contrary, some medicines with side effects had created more health problems for her. Because of some reactive medicine her nose had started bleeding. I took her to many experts

but no medication was proving effective. I always used to be depressed and worried about her health. A friend told us about Gurudev and we saw a ray of hope. We participated in a convention held by him and received Cosmic Sound Secrets from him. As soon as we started practicing this technique, her condition started improving. Within a short time period her asthma was cured completely. Now she is healthy and after such a long time she is not on any medication. Many of my physical ailments have also been cured.

Manoj Batra, Phagwara, Punjab



Colonoscopy report from the lab

Relief from Chronic Cough



My son had a chronic problem of cough since last 15 years. We consulted many doctors and followed their prescriptions but nothing was working. When we had tried allopathic treatment for a long time and didn't find any improvement, we tried all the other possible treatments - homeopathy, ayurvedic, unani, naturopathy - but all in vain. Sometimes he used to cough so much that his eyes would go red. The doctors at

Vivekananda Polyclinic in Lucknow said that the cause of his cough was his allergy to dust and pollution. They treated him for this allergy but his condition remained the same. It was disheartening to see our son suffering so much and not being able to do anything to help him. It seemed that the medical science would not be able to cure him ever.

Finally, I decided to bring my son to Gurudev. I took him to the convention in Gobindgarh. The Cosmic Sound Secrets given by Gurudev helped my son to get rid of his problem. I will always be grateful to Gurudev because it is because of him that my son has got a new life.

K N Singh, Lucknow

Throat Cancer Cured

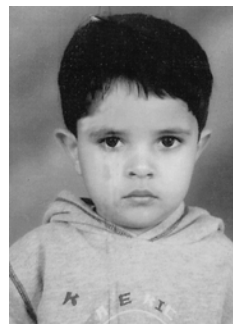


In 2006, my father started complaining of little pain in his throat. In the beginning we did not take it seriously but as his pain started becoming unbearable we took him to the doctor for medical tests. The reports of the tests showed that he had throat cancer. It was shocking news for us all. Immediately the treatment was started but his pain did not subside even after a month of treatment. Doctors suggested that he should go for chemotherapy but that would cause damage to his food pipe as the cancer had spread considerably in his throat. We also wanted to avoid chemotherapy because he would not have been able to endure this kind of strong treatment at this age and weak condition.

I got initiated into Cosmic Sound Secrets in the convention held in Delhi. I started practicing Cosmic Sound Secrets regularly for my father's wellbeing. Soon his condition started improving. Cosmic Sound Secrets did what the doctors had been unable to do. My family and I will always be grateful to Gurudev.

Neeraj Sharma,
Delhi

Throat Problem Cured



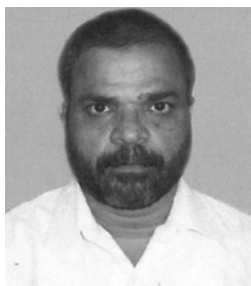
We have been practicing Cosmic Sound Secrets since few years now and have been benefited immensely. My son who is five years old often used to get throat infection. Because of this reason, he used to vomit a lot. He used to feel nauseous in the morning and would start puking. When we consulted the doctor, he said it was cicla zinal effect and would cure by itself. We consulted another doctor when his condition started worsening. He said that he had worms in his stomach and he prescribed a course of medication for 6 months. We completed the course but there was not even a slight improvement in his condition. Finally, I started practicing Cosmic Sound secrets for my son's recovery. The results were quick. My son got cured within a week. Since then he has had no infection.

Harjinder Singh,
Jalandhar Cantt., Punjab

Dr. Tandon's CHILD HEALTH CARE CENTRE	
11, Modern Colony, Cool Road, Adjoining Lane Malaya Guest House, Jalandhar	
Dr. Lalit Tandon M.D. (PNEU) M.S. (P. H. & M.) Specialist & Neurosurgeon	0181-2230743 (C) 0181-2483030 (R)
President, Medical College Amritsar Consultant Paediatrician, Civil Hospital Jalandhar.	Resid.: 36, Chhoti Baradari Park-II, Ganga Road, JALANDHAR.
Date: 21/11/03	
Name of the Patient: Balkirat	Age & Sex: 4 1/2 years / M Weight: 14 kg
1. Z. K. K. on 20/11/03 2. R. I. D. on 21/11/03 3. P. H. on 22/11/03 4. H. on 23/11/03	

Report from Dr. Tandon's Child Health Care Center

Incurable Allergy Cured



I had got initiated into Cosmic Sound Secrets in a private appointment with Gurudev. I am continuously going through amazing experiences because of my practice of Cosmic Sound Secrets. Since twenty years I was suffering from a nose allergy. It used to cause such a blockage in my nose that even to breathe was difficult. I tried many treatments but my situation remained the same. I visited many ENT specialists but the allergy had become chronic and the symptoms remained as they were. As the seasons would change, my allergy used to become unbearable. This kept me always disturbed. After meeting Gurudev when I started practicing Cosmic Sound Secrets, I got rid of that adamant allergy. Now I have no problem in breathing and am perfectly healthy.

My whole family is being benefited by Cosmic Sound Secrets. We all practice Cosmic Sound Secrets regularly and are amazed how various problems get solved automatically. Not only the problems are disappearing, we are also feeling more peaceful in our relationships with each other and other daily activities. Practicing Cosmic Sound Secrets is so simple and effective that I think medical science will soon have to accept it as its main stream. I know from my own experience and have also come to know of so many other friends who participate in the conventions that absolutely incurable diseases have been cured. We are witnessing a phenomena beyond comprehension.

J. J. Rao, Gowahati, India

Asthma of 15 Years Cured



My daughter, Monika, was suffering from asthma since last 15 years. She also had a problem of bed wetting. We tried all possible therapies -- allopathic, homeopathic, ayurvedic. We also got her treated in St. Stephen Hospital in Delhi but there was no improvement in her condition. On the contrary, doctors told us that there was no cure for her problem. They told us that she would have to depend on inhaler for the rest of her life. Meanwhile, she also developed sinus problem and her breathing became heavy.

We were tired of the medical treatments. So finally, we got initiated into Cosmic Sound Secrets when we heard from a friend how so many people are being free of their physical and mental problems by their practice, and started practicing them regularly. Now our daughter is completely healthy and normal. Since she started practicing Cosmic Sound Secrets, she did not have to use inhaler. Soon, she was fine without any medication. Now the whole thing seems like a dream from the past.

Rajani Nanda, New Delhi

Old Asthma Cured



I was suffering from asthma since last 35 years. There has been no relief for me even after trying all the possible treatments -- allopathic, homeopathic, ayurvedic. I had consulted many ENT specialists but in vain. With every turn of season I used to get cold and running nose. It used to be difficult for me to breathe at times. The whole family, even my children were very disturbed because of my worsening condition.

I first saw Gurudev on TV in December 2007. I wanted to participate in his conventions but my in-laws did not allow me. I used to pray to god to fulfill my wish. Finally, my in-laws agreed and we attended the convention in Mumbai. Since then, I have been to four conventions and have been practicing Cosmic Sound Secrets regularly. Now I don't have to take any medicines and I feel perfectly normal.



Dr. Rajiv Saxena's ENT report

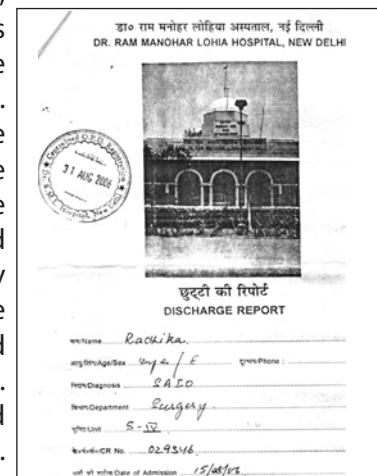
Manju Kumawat, Udaypur,
Rajasthan

Tuberculosis Cured

In March 2006, Our daughter, Radhika started having bouts of whooping cough. First we tried home remedies which are often tried for common cough and cold but when they did not help we consulted Dr. Naresh Chaddha in Poosa Road. He gave her some very strong medicines for cough which helped initially but soon her coughing started again. We were scared when her cough carried a few drops of blood. We took her to Dr. Ram Manohar Lohia Hospital where many tests were done.

On 14th August 2006, the doctors at Ram Manohar Lohia Hospital declared that Radhika, had tuberculosis. A team of doctors started treating Radhika and the treatment went on for 10 days. At the time of the discharge, the doctors told us that she would have to be on a strict medication routine for a month and then she would have to go for regular monthly checkups. We did whatever the doctors suggested and also started practicing Cosmic Sound Secrets. The tests after one month showed that she was completely cured. Now she is not on any medication and is completely healthy.

Simmi Sharma, Delhi



Dr. Ram Manohar Lohia Hospital's report showing complete recovery

5: Nervous System

If you think of the brain as a central computer that controls all bodily functions, then the nervous system is like a network that relays messages back and forth from the brain to different parts of the body. It does this via the spinal cord, which runs from the brain down through the back and contains threadlike nerves that branch out to every organ and body part.

When a message comes into the brain from anywhere in the body, the brain tells the body how to react. For example, if you accidentally touch a hot stove, the nerves in your skin shoot a message of pain to your brain. The brain then sends a message back telling the muscles in your hand to pull away. Luckily, this neurological relay race takes a lot less time than it just took to read about it.

Considering everything it does, the human brain is incredibly compact, weighing just 3 pounds. Its many folds and grooves, though, provide it with the additional surface area necessary for storing all of the body's important information.

The spinal cord, on the other hand, is a long bundle of nerve tissue about 18 inches long and $\frac{3}{4}$ inch thick. It extends from the lower part of the brain down through spine. Along the way, various nerves branch out to the entire body. These are called the peripheral nervous system.

Both the brain and the spinal cord are protected by bone: the brain by the bones of the skull, and the spinal cord by a set of ring-shaped bones called vertebrae. They're both cushioned by layers of membranes called meninges as well as a special fluid called

cerebrospinal fluid. This fluid helps protect the nerve tissue, keep it healthy, and remove waste products.

Because the brain controls just about everything, when something goes wrong with it, it's often serious and can affect many different parts of the body. Inherited diseases, brain disorders associated with mental illness, and head injuries can all affect the way the brain works and upset the daily activities of the rest of the body.

Problems that can affect the brain include:

- Brain tumors
- Cerebral palsy
- Epilepsy
- Headaches
- Meningitis and encephalitis
- Mental illness
- Head injuries

Spine:

The spine is a complex interconnecting network of nerves, joints, muscles, tendons and ligaments, and all are capable of producing pain. Large nerves that originate in the spine and go to the legs and arms can make pain radiate to the extremities.

Chronic Insomnia Cured



Before I started practicing Cosmic Sound Secrets I was very disturbed mentally as since my childhood I was suffering from insomnia. The whole day my head used to be heavy and I never felt any energy in my body. By and by I was also losing my appetite and was not able to eat much. For years I was going through the treatment but with no change in my condition. The day I started practicing Cosmic

Sound Secrets, my insomnia is gone. I have been cured of the disease which had become a lifelong burden to me. Now I get a good sleep and feel energetic. My daily routine is now very normal. I don't go around with a heavy head all through the day. On the contrary I feel light. I have got a new life by the blessings of Gurudev.

Dimple, Moradabad, UP

Free from Depression



I had gone into depression because of some unknown reasons. My blood pressure had also gone high. My family was very disturbed due to my depression. I was being treated the psychiatric experts in Kaithal - Dr. Satish Jindal, Dr. Mathur, Dr. Vivek Garg. No treatment was responding to my situation as the doctors felt that there was something wrong with my brain but they were not able to diagnose the root

cause. I also consulted Dr. Bathala in Karnal but even he could not help me overcome my depression. He was of the view that I would

have to survive on anti-depressant drugs for the whole life. When the allopathy failed completely to diagnose my problem I tried ayurvedic and naturopathic medicines but that too in vain. Even Yoga and Pranayama did not help me. I could overcome my depression only when I started practicing Cosmic Sound Secrets given by Gurudev. My blood pressure has also come back to normal. The doctors that I have been getting treatment from are surprised at the total recovery. Cosmic science has proven to be so effective that I did not need to go through the expensive and time consuming tests for a diagnose, it directly got me cured. This is a wonderful science that can help everyone in all the situations -- this has become my belief, based on my own experience.

Rajesh Kumar, Kaithal, Haryana

Migraine of 23 Years Cured



I was suffering from migraine for last 23 years. I went through many treatments of various medical systems. All treatments failed to cure my problem. Every few days I would have an attack of migraine which would leave me helplessly suffering. I had come to believe that I would never

get rid of it and it would be my life long companion. I attended the convention in Mandi and learnt the Cosmic Sound Secrets. After their practice, my migraine has been completely cured. My eye sight has also improved.

Premlata, Sundarnagar,
Himachal Pradesh



Relief from Unbearable Headaches



I received Cosmic Sound Secrets in July 2008 in Delhi convention. I have been experiencing many miraculous things in my life since then. Since childhood I had been suffering from recurring headaches which used to be very intense. It used to be so severe that even after taking heavy dose of paracetamol I used to suffer for days. I had consulted many doctors and gone through many tests but there had been no proper diagnosis. Dr. Mahendra Sood in Gaziabad suspected some problem with the brain and suggested some tests which failed to pin point at the cause of my headaches. He also prescribed some medication which used to suppress the headaches for a while but they would start again as the effect of the medicine would fade away.

After I started practicing Cosmic Sound Secrets, the headaches stopped recurring. I also got rid of my acidity problem that used to disturb me often. After every meal my stomach used to be upset but I have recovered from all my gastrointestinal problems. All this has been possible only because of Gurudev's blessings and the power of Cosmic Sound Secrets. Many of friends have also been convinced to practice these tools of cosmic science after seeing the results in my case. Many of them have also been benefited by practicing Cosmic Sound Secrets.

Bihari Lal, Gaziabad, UP

Vein De-blocked



This year in April, a vein in my mother's brain had got blocked by a blood clot. This used to cause her a terrible headache all the time. We consulted many doctors and tried many different therapies but there was no improvement. She had to take heavy dosage of medicines thrice a day. According to the doctors her recovery needed a long time. They said it could take 8-9 months for her to recover completely. Meanwhile, her suffering continued and it was impossible for her to wait that long for the problem to be cured. Every single moment was difficult for her to endure, but there seemed to be no hope of her getting well before the long treatment prescribed by the doctors was over.

We came to know about Gurudev and got initiated into Cosmic Sound Secrets. My mother started practicing Cosmic Sound Secrets regularly. From the day one, the intensity of her headaches started reducing. Within three months her blockage was gone. Now she doesn't need any medication and feels completely healthy.

Anisha Jain, Panchkula,
Haryana

MICROTECH DIAGNOSTIC CENTRE (A COMPUTERISED CLINICAL LABORATORY) # 1017, SECTOR 4, PANCHKULA (HARYANA)			
LABORATORY REPORT		Phone: 0172-2564999 0172-2561419	
NAME	MR. KANISTER JENA		
AGE & SEX	41 YRS		
RECEIVED BY	RECEIVED NO: 22.01.2009		
TEST	OBSERVATIONS	REF. RANGE/UNIT	
GLUCOSE (Fasting)	208.4	70 - 110 mg/dl	
GLUCOSE (Post Prandial)	229.1	70 - 140 mg/dl	
SERUM LIPID (ACU)	4.8	2.0 - 7.0 mg/dl	
LIPID PROFILE			
SERUM CHOLESTEROL	275.8	125 - 250 mg/dl	
HDL	50.5	35 - 65 mg/dl	
LDL	194.2	70 - 160 mg/dl	
SERUM TRIGLYCERIDE	331.2	50 - 150 mg/dl	
VLDL	66.2	2 - 40 mg/dl	

Report not valid for medico-legal purpose

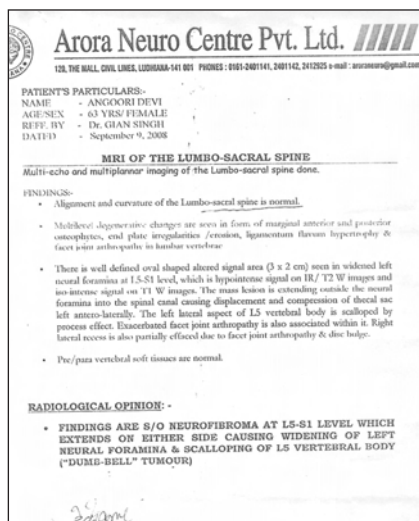
Lab report showing total recovery

Recovery from Persisting Back Pain



Since last 30 years I was suffering from intolerable back pain. In these 30 years I tried all the hospitals in Barnala and went through the treatments offered by them. I even tried various types of massages and Yoga techniques but nothing worked and my pain persisted. When I consulted the doctors at a hospital in Ludhiana, they told me that there was some problem with my spinal chord which could only be rectified by a major surgery. Just when I had lost all hope I came to know about Gurudev. I attended the convention at Dhuri along with my family and received the Cosmic Sound Secrets. I had practiced the secrets only for a short while when I realized that there is no more pain in my back. After a long time I'm feeling normal again. This has not been less than a miracle for me. Even the doctors are surprised.

Anguri Devi, Barnala, Punjab



MRI Scan report from Arora Neuro Center

Chronic Backache Cured



I had been suffering from backache since last 13 years. This was the worst period of my life as I could move with a lot of difficulty because of the constant pain in my back. I was dependent on my family members even for every need of mine.

I had gone to many doctors, many hospitals, had gone through many treatments but there had been no positive result. Even a major surgery had not been able to bring me any relief. To me it seemed as if all doors of hope had been shut for me.

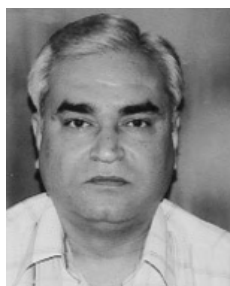
One day I heard Gurudev on TV. He spoke about the powers of Cosmic Sound Secrets. Later in that show many people shared their experiences of getting rid of their ailments by practicing simple techniques offered by Gurudev. It was a ray of hope for me.

I found out that Gurudev was going to hold a convention in Panipat, so I immediately made my plans to go there. In the convention I received Cosmic Sound Secrets from Gurudev and started practicing them. My problem vanished within a few days. It was sooner than I had imagined.

Now I can do everything with absolute ease and don't feel any strain on my back at all. I thank Gurudev again and again.

Manpreet Kaur,
Moga, Punjab

Relief from Severe Backache



My family and I have had many miraculous experiences because of the Cosmic Sound Secrets received from Gurudev. My first such experience happened in Gurgaon even before I had started practicing Cosmic Sound Secrets.

I had met with an accident in June 2006 when I was driving in Vardha along with my son. Apparently, we had received very minor injuries but there was an unbearable pain in my back. I took some painkillers but the pain remained. It went on for almost two weeks when the doctors asked me to get an X-ray done.

I was already scheduled to attend Gurudev's convention in Gurgaon, so I told everyone that would go for X-ray only after I return from the convention. My pain was such that it was difficult for me to sleep properly and while getting up in the morning I used to scream because of the unbearable pain.

Somehow I managed to reach Gurgaon and attended the convention where Gurudev asked everyone to recite special Cosmic Sound Secrets. After the convention, as I was taking my lunch I realized that there was no pain. I thought that it would come back when I would try to sleep or get up next morning. But the pain never returned after that. Then I realized the power of Cosmic Sound Secrets. A short practice of 3 hours can heal one in such a way!

After that incident, I have been regularly practicing Cosmic Sound Secrets and gone through many such experiences.

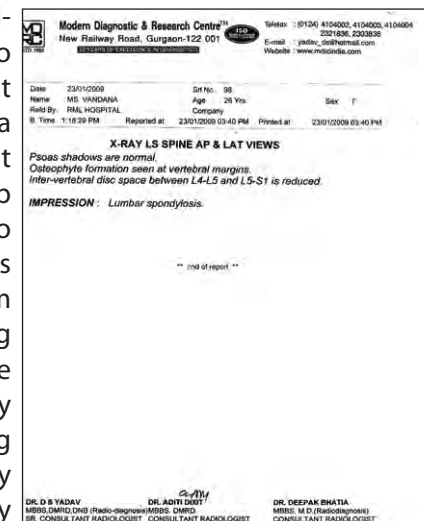
Prem Kumar Mohnani,
Vardha, Maharashtra

Spondylitis and Slip Disc Cured



On January 18th, 2009 I developed a sharp pain in my back. The pain was so severe that I could neither stand nor sit properly. I consulted the senior doctor in Delhi's Ram Manohar Lohia Hospital, Dr. Deepak Mittal. He asked me to go through few x-ray tests. The test reports showed that I had spondylitis and slip disc. After that, they put me on a medication which continued for one month but there was no improvement in my condition. In fact it started worsening. My condition was so bad that I had to hold something for support even if I wanted to walk just a few steps. I also underwent physiotherapy but it didn't help much. Finally, I decided to practice Cosmic Sound Secrets that I had received from Gurudev. I started practicing Cosmic Sound Secrets while lying on the bed. Slowly, my condition started improving and now I am completely normal and have not felt any pain since a long time.

Vandana Bhardwaj,
Gurgaon, Haryana



X-ray report from Modern Diagnostic Center

6: The Urinary System

The organs, tubes, muscles, and nerves that work together to create, store, and carry urine are the urinary system. The urinary system includes two kidneys, two ureters, the bladder, two sphincter muscles, and the urethra.

The body takes nutrients from food and uses them to maintain all bodily functions including energy and self-repair. After your body has taken what it needs from the food, waste products are left behind in the blood and in the bowel. The urinary system works with the lungs, skin, and intestines—all of which also excrete wastes—to keep the chemicals and water in your body balanced. Adults eliminate about a quart and a half of urine each day. The amount depends on many factors, especially the amounts of fluid and food a person consumes and how much fluid is lost through sweat and breathing. Certain types of medications can also affect the amount of urine eliminated.

Some disorders of the urinary system:

- Benign prostatic hyperplasia (BPH)
- Painful bladder syndrome/Interstitial cystitis (PBS/IC)
- Kidney stones
- Prostatitis
- Proteinuria
- Renal (kidney) failure
- Urinary tract infections (UTIs)
- Urinary incontinence
- Urinary retention

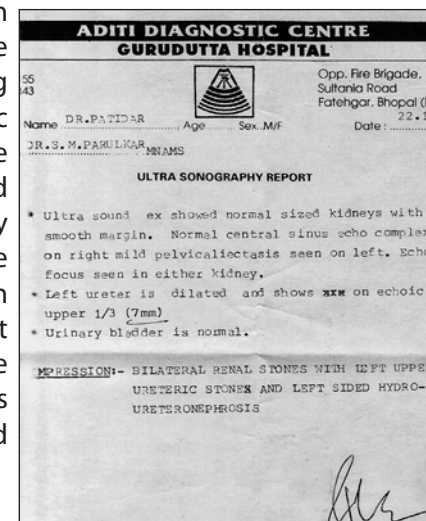
Stone in Gal Bladder Dissolved



One of my friends, Dr. Patidar is a practicing physician. He was getting treated for stone in his gal bladder since last 10 years. In these 10 years he had tried every treatment possible but the problem remained. He had contacted many experts and altered his diet completely, and had accepted the problem as his fate for the rest of his life. I asked him to accompany me to Ferozpur when Gurudev came there to hold a convention.

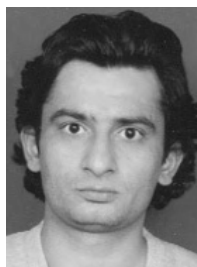
Dr. Patidar participated with complete trust and recited the Cosmic Sound Secrets during the recital session in the Cosmic Sound Secrets. As we were coming back home, he needed to urinate. He got a very pleasant surprise when the stone came out along with urine. It is not just surprising but miraculous that just by one recital of Cosmic Sound Secrets he got rid of a problem that had persisted for 10 years.

Manohar Sharma, Bhopal



Ultra Sonography report of Aditi Diagnostic Center

Riddance from Kidney Stone



I was initiated into Cosmic Sound Secrets in 2005. Soon after, my wife also got initiated. In 2007, she developed a stone in her kidney. The ultrasound results showed that the stone was of 12 mm size. My wife used to suffer a lot of pain because of the stone. Initially, the doctors had said that it was nothing much to be worried about and prescribed some medicines. I took the complete treatment but it did not help.

In April 2007, my wife and I attended Gurudev's convention in Jalandhar. After that my wife didn't have to suffer any pain. Gurudev's next convention was in Chandigarh which also we attended. In the convention Gurudev led everybody into the chanting of healing Cosmic Sound Secrets. We came back from the convention and got my wife's ultrasound done. It was found that her stone had been flushed out by itself. My wife and I continue to practice Cosmic Sound Secrets regularly.

Vinod Kumar Garg,
Rohini, Delhi

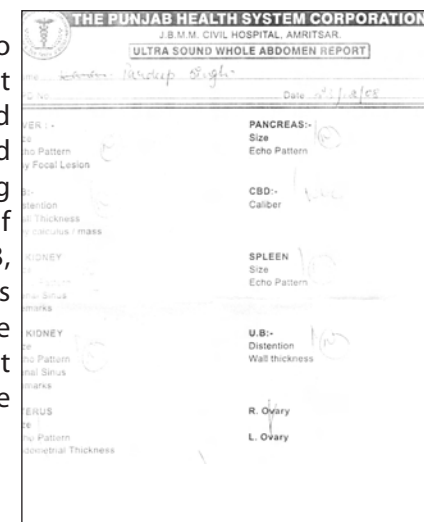
Kidney Stone Got Removed



I am engineer by profession. There used to be a constant pain in my left kidney. I got an ultrasound test done on August 21, 2008. The reports showed that I had a 5mm stone in my left kidney. I got very worried as the doctors were suggesting surgery.

I came to know about Gurudev's Cosmic Science and got initiated into Cosmic Sound Secrets and started practicing them regularly. I got myself tested again on December 23, 2008. This time, the report was completely normal. Everyone was surprised at the report. It has been possible only because of the Cosmic Sound Secrets.

Pradeep Singh Bedi,
Amritsar, Punjab



Ultra Sonography report of Punjab Health System Corporation

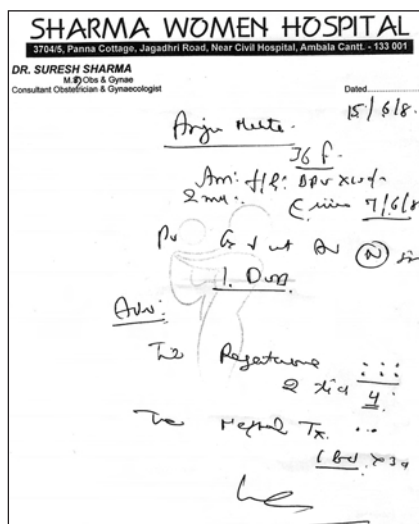
Ulcer of the Uterus Cured



Before receiving Cosmic Sound Secrets I was a victim of many physical problems. And when an ulcer was detected in my uterus, it was like a final blow. I broke down totally. The experts had told me that I would have to go through a surgery which I was scared of. I participated

in one of the conventions held by Gurudev and started practicing Cosmic Sound Secrets regularly. Soon the ulcer disappeared on its own. Doctors were surprised when I told them what has caused the ulcer to disappear. Now, I have also overcome my other physical ailments and leading a healthy life.

Anju Mehta,
Ambala Cantt., Haryana



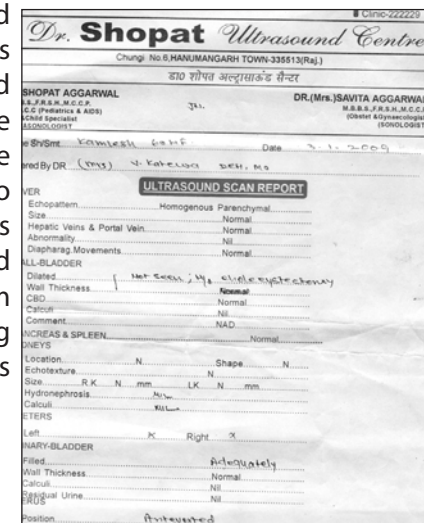
Diagnosis report from Sharma Women Hospital

Uterus Healed Without Surgery



I had some problem in my uterus since last 4 years. It used to bleed continuously. I got myself checked and treated from many gynecologists but in vain. I even tried homeopathy and alternative treatments but nothing helped. After looking at my ultrasound reports the doctors at Hanumangarh Government Hospital said that my uterus would have to be removed. I was scared of the surgery and utterly exhausted of all the treatments that I had gone through. Finally, when I came to know of Gurudev I attended his convention and received Cosmic Sound Secrets from him which I started practicing regularly. Now my bleeding has completely stopped.

Kamlesh Godara,
Hanumangarh



Ultrasound report from Dr. Shopat's Ultrasound Center

Tumor Disappeared



I received Cosmic Sound Secrets from Gurudev in 2007. Before that I was suffering from a tumor in my uterus. I was very scared when I came to know of the diagnosis. I took treatments at many hospitals in Punjab but in vain. To make matters worse a stone was also detected in my kidney which the doctors said can not be treated without a surgery. I was actually tired of going from clinic to clinic to

get the tests done and try different treatments.

I started practicing Cosmic Sound Secrets given by Gurudev. When I was checked next by the doctors, they were amazed that my tumor had disappeared. Soon I got rid of the stone too - without any surgery. I will always remain grateful to Gurudev.

Paramjeet Kaur,
Jalalabad, Punjab

ULTRASOUND REPORT

Name: Paramjeet Date: 28/6/16

WHOLE ABDOMEN

LIVER : shows normal shape, size and texture.

GALL BLADDER : appears normal.

C.B.D. : has normal diameter.

PANCREAS AND SPLEEN: have normal appearance.

B/L KIDNEYS : shows normal shape, size and texture (Parenchymal)
No evidence of calculus or hydronephrosis.

uterus → 210 fibroid
19x29mm
in postwall
to back

U. Bladder is normal.

IMP - Normal Scan - upper abdomen.
- fibroid uterus

OWING TO TECHNICAL LIMITATIONS OF THE PROCEDURE, THERE MAY BE FALSE NEGATIVE INTERPRETATION IN SMALL PORTION OF CASES. DO BEFORE TREATMENT OR ANY INTERVENTION. PLEASE CO-RELATE THE ABOVE OBSERVATIONS WITH REPORTS OF OTHER INVESTIGATIONS AND YOUR CLINICAL DIAGNOSIS. AS THE ABOVE OBSERVATIONS ARE SUPPLEMENT NOT THE SUBSTITUTE OF CLINICAL ASSESSMENT. THIS REPORT IS NOT VALID FOR MEDICO LEGAL PURPOSE.

Ultrasound report from the hospital

Cancer Healed



I had suddenly become very ill. After the ultrasound and other test my husband came to know that I had cancer in my uterus which had reached the final stages. My husband didn't tell me anything and brought me to Apollo Hospital in Delhi. After the chemotherapy, doctors told me that I would survive only a few months. The news shattered all of us. We continued with the treatment but my condition was worsening every day.

My husband went to Mohadi convention to receive Cosmic Sound Secrets and started practicing them regularly. Soon my condition started improving and now I am absolutely normal.

Rekha Nayyar,
Garhshankar, Uttarakhand

CHARGE SUMMARY

Patient ID: 49179 Name: MRS. REKHA NAYYAR

WARD: General - 3

IP NO: 13283 Age: 34(years) Gender: F Dt Of Adm: 23-10-2007

Physician - In Charge: Dr. Navdeep Singh Dt Of Dis: 23-10-2007

Unit: Medical Oncology

Diagnosis:
• CA Ovary - Epithelial ovarian malignancy.

SITE OF DISEASE:
III A

REASON FOR ADMISSION:
For 1st cycle of adjuvant chemotherapy

PRE-MEDICATION:

Inj. Dexamethasone	16mg	
Inj. Avil	1 amp	
Inj. Emset	8 mg	
Inj. Ractidine	50mg	

was given 30 minutes before chemotherapy.

CHEMOTHERAPY DETAIL:
She was given:

DRUG	DOSE	ROUTE
Paclitaxel	175 mg/m ² (240 mg)	IV over 3 hours
Carboplatin	AUC 6 (400 mg)	IV over 1 hour

ADVICE ON DISCHARGE:

Tab. Folvite	5mg	1tab	Once Daily	
Tab. Emset	4mg	1tab	Twice Daily	X 3 Days
Tab. Rantac	300mg	1tab	Once Daily	X 4 Days
Syp. Cremafin Plain	2ml		Bed Time Daily	
Steam Inhalation			Twice Daily	

1 liter mouth wash Thrice Daily

In case of fever take 1b. Levofloxacin 500mg and inform urgently.

In case of Emergency please call (Phone: +91-161-5024444, 5037777) or your doctor immediately (N)

Discharge summary of Apollo Hospital

Ulcer Cured



Last year, I suddenly started feeling a sharp pain in my abdominal area. First I tried some home remedies but when the problem persisted, I consulted Dr. Renuka who asked me to go through ultrasound test. The test results showed that I had ulcer in my uterus. I took the treatment prescribed by the doctor but the problem remained. I tried Dr. Rana for the second opinion. He also confirmed that there

was tumor but his medication did not help me either.

I got initiated into Cosmic Sound Secrets by Gurudev and started practicing them twice everyday. Within a month my ulcer got cured. My son often used to get such a high fever that he would go into delirium. I practiced Cosmic Sound Secrets for his wellbeing and now for a long time he hasn't had any fever. My husband couldn't hold on to any job. Now he is well settled in his job and is very happy with his work. Cosmic Sound Secrets have brought health and prosperity to our family.

Sonia Rai,
Nava Shahar, Punjab

7: ENT (EARS, NOSE, THROAT)

As is widely known, ear, nose and throat problems are mostly related to each other some way or the other. An infection in any one of them results in counter infection in the other two. Some common causes of ear infections include:

1) Infection of otitis externa: Some people are in the habit of scratching their otitis externa or ear canal with non-recommended things like hair pins or other blunt objects. This however causes trauma in the ear subsequently leading to infection.

2) Boil in the ear: We may often experience conditions when even the slightest movement of the jaw or pinna results in severe pain in the ear. This usually happens due to the presence of a boil in the ear as a result of some infection. In such a case, antibiotics may be required.

3) Impacted wax: In some people there is a possibility of excessive wax being secreted and deposited as a plug in the ear canal. This plugging leads to decreased hearing and pain. Since, removing this wax can at times be difficult, it is removed using special syringing or instrumental manipulation. In case the wax is hard, it requires softening with wax solvents before removal.

4) Unwanted body in the ear: Young children are mostly in the habit of putting all sorts of things in their ears from bits of paper to beads, seeds, chalk pieces and what not. When it comes to kids, only ENT specialist should be consulted.

5) Acute Suppurative Otitis Media(ASOM): This is an acute ear

problem common in infants and children. In this, there is an inflammation of the middle ear by pus causing bacteria. This condition mainly results due to infection of the nose and throat.

The throat is the common to digestive as well as the respiratory system. It lies at the beginning of the windpipe and the foodpipe. It also has the voice box where the windpipe commences. Hence, any infection or problem in the throat causes discomfort while eating, breathing, swallowing or speaking. Here some throat problems as under.

- Croup
- Diphtheria
- Hoarseness
- Laryngitis
- Mumps
- Sore Throat
- Tonsillitis
- Whooping Cough

Incurable ENT Problem Cured



I received Cosmic Sound Secrets in Panchkula convention. I was facing a lot of problems before that. My major concern was the physical condition of my son, Rahul.

There was a polio-like symptom on his left leg, because of which he was unable to stand properly. Later he developed an ear problem that used to cause him a lot of pain. I took him to many ENT specialist but nobody was able to cure him. We took a long treatment from Preet Clinic in Patiala but there was no improvement in his condition.

When I came to know about the healing effects of the Cosmic Sound Secrets, I got initiated and started practicing Cosmic Sound Secrets for my son. Soon his condition started improving. Now both his problems are gone and he is a normal child again. And while I was practicing Cosmic Sound Secrets for Rahul, my own physical and mental ailments started disappearing. Our whole family is very happy now.

Neeraj Verma, Sangrur, Punjab

Dr. Harpreet Singh M.D. (Pharmacology) 387, 33rd Street, 1st Floor Patiala, Punjab Tel: 0175-2222294		Regn. No.: MCI-188 PREET CLINIC ਪ੍ਰੀਤ ਕਲਿਨਿਕ Village Station, Birhind Road, PATIALA	
Facilities: OPD Day Care Facility Immunisation Hospitalisation Lab Facility ICU	M. Marked Rahul 9/12/15 Supportive Otolaryngology (R) Sy. Augmentin 3/4 - 3 7 days Advise AC Son B Twice daily 6/11/16	Not Valid For Medical-Legal Purposes Hospital Management in collaboration with Patiala Hospital Patiala Available from 9:00 AM to 5:00 PM	

Diagnosis and prescription from Preet Clinic

Deafness of Seven Years Cured



I was almost deaf since last seven years. I had got myself treated from many ENT experts but the condition was only worsening. Every doctor used to console me that I would recover if I continue my medication. The main reason for the failure of any treatment was that none of the physicians had been able to properly diagnose the cause of the problem. So, instead of the cure all I was getting

was false hopes.

When the medication did not work, I was suggested to use the hearing aid. I bought an expensive hearing aid but it did not make any difference. The problem was that hearing aid was helping a little in hearing sounds but it was not able to ease my pain. On the contrary, it was painful for me to use the hearing aid all the time.

The doctors were of various opinions regarding the ear surgery. At last, I received Cosmic Sound Secrets from Gurudev which I practiced till July 2008. Today I am completely cured of my deafness. I find this cure not less than a medical miracle.

Ramesh Deswal, Ambala,
Haryana

8: Eyes

The eyes are undoubtedly the most sensitive and delicate organs we possess, and perhaps the most amazing. They present us with the window through which we view the world, and are responsible for four fifths of all the information our brain receives – which is probably why we rely on our eyesight more than any other sense.

When you think about it, the very act of actually seeing the world around us is an astonishing thing. It relies on the interaction between the brain and the eyeball, two extraordinarily complex organs, so it's hardly surprising that there are so many ways in which we can suffer sight loss or reduction.

Common eye problems

Short sight (myopia) and long sight (hypermetropia) are common conditions, both caused by the cornea and lens not focusing properly on the retina. Both long and short sightedness can be overcome by wearing glasses.

There are other sight-threatening conditions which are not so easily corrected or overcome. Cataract, trachoma, glaucoma and river blindness, for example, will cause complete blindness if left untreated.

Cataract

Cataract is the clouding of the eye's lens - the part of the eye responsible for focusing light and producing clear, sharp images.

River blindness

River blindness is caused by a worm that breeds in fast-flowing

rivers. It is a major cause of blindness in west and central Africa.

Trachoma

Trachoma is one of the most common causes of blindness in the developing world. It is linked to extreme poverty and poor sanitation.

Childhood blindness

Of the 45 million people worldwide who are blind, around 1.4 million are children under 16. The vast majority of childhood blindness happens before the age of five - a period when 75 per cent of learning is through sight.

Diabetic retinopathy

Diabetic retinopathy is the sixth most common cause of blindness globally, affecting 1.8 million people. It is caused by damage to the small blood vessels in the retina at the back of the eye.

Glaucoma

Glaucoma is the third biggest cause of blindness worldwide. It affects around 60 million people, of whom about 4.5 million have become blind. It is common in both developed and developing countries.

Low vision

Low vision is when, even after medical treatment, people have difficulty distinguishing objects and/or distances. People with low vision can be helped by changes made to their environment, such as painting the edges of stairs white so they can be seen more easily, or specially made

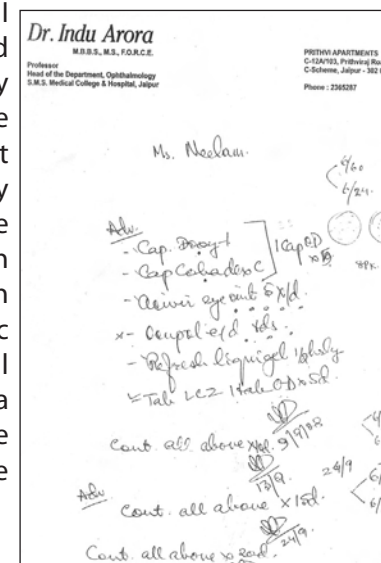
I Can See Again



I had an eye problem since a long time. Due to a viral infection my eyes had started going weak and there came a point when I could not see at all. I went to an eye specialist in Jaipur who said that he had never seen such a critical case. He doubted that I would ever be able to see again. I was very scared.

At that time Gurudev came as a rescue in my life. I started practicing Cosmic Sound Secrets and within a few days my vision started coming back. The doctor in Jaipur was surprised at such a quick recovery without any medical treatment. I will always be grateful to Gurudev as I can't even imagine what my future had been if he had not taught me Cosmic Sound Secrets. I would like to tell everyone that if you are fighting a losing battle against any disease then Cosmic Sound Secrets are your last resort to recovery.

Neelam Mishra, Sikar, India



Dr. Indu Arora's test report

Eyesight Regained



Due to a viral infection my eyes had been damaged and I had lost my eyesight. My condition did not improve even after visiting many doctors. The doctors in Chandigarh said that they had not come across such a severe damage ever before. I was afraid that now I would never be able to see again as no medical treatment was being of any help. The attitude of the doctors towards my problem was not encouraging either.

At that point, I thought of trying Gurudev's methods of cosmic science as I had seen the reports of his cosmic grace conventions on TV. I participated in the convention held at Amritsar and got initiated into Cosmic Sound Secrets. In a few days, I started seeing little bit and soon I regained complete eyesight. Now I can see everything very clearly and I don't have to use even eye glasses. Normally, when people regain their eyesight after a viral damage, they don't get the complete vision but surprisingly I have regained the complete vision. The doctors in Chandigarh wondered how such a serious problem can be cured without a medical treatment! I will always be grateful to Gurudev.

Neelam, Bhatinda,
Punjab

Eyesight Improved



For my work I have to sit in front of the computers for long hours. Sometimes I have to work for 10-12 hours non stop. This was taking a toll on my eyes. My eyesight had become very weak. I consulted eye specialist Dr. Chhabra and started his prescription. I was regularly on the medication but there was no improvement in my eyesight. As I did not want to wear glasses or lenses, I tried naturopathy and other therapies involving eye exercises but nothing helped to improve the eyesight that I was losing.

Through TV shows I came to know about Gurudev's Cosmic Sound Secrets and got initiated. I started practicing them regularly and regained my normal eyesight. Now I can concentrate on my work much better than before. I have also been experiencing a lot of change in the other spheres of my life. I have noticed that whatever I wish with total conviction is being fulfilled. This has given me an inner strength.

Vijay Bali, Phagwara,
Punjab

9: miscellaneous Diseases

HIV: Positive to Negative

Three years ago I had contracted HIV from my husband. Testing positive for HIV is not a small thing, as there is no cure for this disease and the symptoms one has to suffer in the later stages are unimaginable. I had gone for a checkup as I was becoming weaker and had a constant body ache. After 3-4 tests it was confirmed that I was HIV positive. One day, when my brother came to visit me, he told me about Gurudev. This made me curious and for the first time I watched Gurudev on TV. My brother had received a special cosmic sound technique in Jalandhar convention, and Gurudev had told him that he could share that technique with anyone. He shared the secret technique with me and gave me a Prabhu Kripa magazine to read. I was amazed to read so many experiences of people who had been cured by practicing Cosmic Sound Secrets. Now I was sure that I would also come out of my ailment. I started practicing the Cosmic Sound Secrets. After three months I met Gurudev in Delhi. I showed him my reports. Gurudev gave me some special Cosmic Sound Secrets after looking at my reports. I kept practicing them regularly. Within one year, I was HIV negative. I bow down to Gurudev.

Puja Rani,
Barnala, Punjab

Recovery from Erratic Menstruations



I had been suffering from problematic menstruations since a long time. Their cycle used to be very erratic which was causing many physical and mental problems to me. I was told that if the condition persists it could become chronic and one has to suffer till the time of menopause. I consulted many gynecologists but nobody gave me a permanent solution. My mother was also very worried and disturbed due to my problem. She attended one of the conventions held by Gurudev and received Cosmic Sound Secrets which she started practicing for me. Soon I got rid of my problem.

Shaifali, Bhatinda, Punjab

HOLY CHILDREN AND MATERNITY HOSPITAL		
DR. JANEK RAJ GARG M.D. (Paediatrics) Reg. No. FMC-19809 Children Diseases Specialist Ex. In-charge, Lotus Hospital New Delhi	154, Veer Colony, Amrik Singh Road, Bhatinda. Ph: 2253256 Clinic: Hospital Bazar, Bhatinda-Ph: 2250306	DR. MRS. RENU GARG M.D. (G.O.) Reg. No. FMC-24557 Obstetrics & Gynaecologist Ex. In-charge, Medical College, Bhatinda
Delayed Puberty Primary Amenorrhoea Shafali 15y. Date 29/8/00 Adm. (G) H Serum FSH LH Prolactin Thyroid profile Serum Estrogen empty stomach K.C.S. HOLY EVENING CLOSED		

Diagnosis report from Holy Children and
Maternity Hospital

Overcame Infertility



I and my wife and are a very happy couple. Our only worry was that even after 12 years of our marriage we had not been able to beget a child. This was also a cause of concern for other family members who always used to console us. I got all the possible treatments for my wife but in vain. For years we kept running from here to there.

Dozens of gynecologists, long treatments, alternative therapies - nothing worked. Doctors were not even able to understand the cause of infertility. Our condition was pushing us into a state of gloom.

Finally we were told about Gurudev by a friend. We immediately decided to participate in the next convention wherever it would be. We participated in the convention and received Cosmic Sound Secrets. We came to realize the power of this science when within a few days my wife got pregnant. After 12 years of wait, we have received a beautiful baby girl. Doctors are at a loss to understand how it happened. I will always be grateful to Gurudev for his compassion.

Harjinder Singh, Patiala, Punjab

Painless Menstruations



In January 2008, Gurudev held a convention in Phagwara which I attended. I participated in the mass chanting of Cosmic Sound Secrets led by Gurudev and then got initiated. As I started practicing Cosmic Sound Secrets at home my long time gastrointestinal problem disappeared.

Since last 5 years I used to have painful cramps during menstruations. Even doctors had not been able to help me with that problem.

Due to no proper diagnosis there was no proper treatment and the problem was persisting. Every month I had to endure the terrible pain. I tried naturopathy and ayurveda as well, but with no positive results. Now I am free from those pains. I have witnessed many such miracles since then.

Last year in November, my husband's blood pressure went up suddenly. I started chanting Cosmic Sound Secrets for him and within minutes he was absolutely normal.

Shruti,
Phagwara, Punjab

Conceived Child After 15 Years of Marriage



In 2000, I got initiated into Cosmic Sound Secrets from Gurudev in Nagpur. I have been receiving cosmic grace in various ways and forms since then. In the beginning I could not concentrate on my practice of Cosmic Sound Secrets and wasn't very regular. By and by though, it became an essential part of my daily life.

My sister had not been able to conceive a child even after 15 years of marriage and was very disturbed about it. Seeing her mental agony, I started praying for her while my daily practice of Cosmic Sound Secrets. Soon she conceived and in due course gave birth to a healthy and beautiful baby boy. I used to be very worried about my career before I got initiated into Cosmic Sound Secrets.

I had applied for many jobs but no company had offered me a permanent job. Now I have a permanent job and getting a good salary. Two of my younger brothers have got jobs in prestigious companies and leading a good life. I am very happy with my wife and children. This has all been possible by cosmic grace evoked by Gurudev's Cosmic Sound Secrets.

Anil Tiwari,
Bilaspur, Chhatisgarh

Menstruations Problem Cured



My menstruations always used to be difficult and irregular. My periods would prolong for almost 20 days in a month. Just for 10 days I would be relieved and again a cycle of pain and problem would start for next 20 days. I consulted Dr. Patil in Sonipat. She asked me to undergo some tests and informed me that my uterus needed to be removed as it was badly infected. We consulted many other doctors and all of them suggested surgery. My husband was against the idea of surgery.

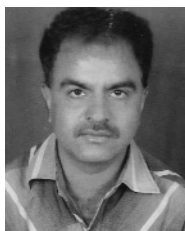
I got initiated into Cosmic Sound Secrets on March 27, 2004. Since then I have been practicing them very regularly. My menstruations have been normal since then. Along the way, many of other problems have also been solved.

Kanta Kukreja,
Sonipat, Haryana

OPD TICKET		Reception 22339 Phones : Office 22438	
JANKIDAS KAPUR MEMORIAL HOSPITAL Sector-14, Murthal Road, SONIPAT			
OPD No. 15295	Date 20-2-04		
Name Mrs. Kanta	Age 48	Sex f	
Address Sonapat			
Specialities : • Medicine & Cardiologist • Gynae & Obstetric • Dental • Ophthalmology (Eye) • General & Plastic Surgery			
Facilities Available :			
-24 Hrs. Emergency	-Pulse Oximeter	-Modern Eye Exercise Machine	
-Well Equipped Operation Theatre (Air Conditioned)	-Respirator	-Dental X-Ray Unit	
-Labour Room (Air Conditioned)	-Semi Auto Analyser	-Ultrasonic Private Scaler	
-Cardiac Monitor with defibrillator	-Approved Centre for Tobectomy	-Air Cooled Private Rooms with attached Bath	
-Nebuliser	-Separate Eye Operation Theatre (Air Conditioned)	-Economy General Ward	
INVESTIGATION ADVISED		PLEASE DO NOT SUBSTITUTE	
Hb / TLC / DLC / ESR -		Dr. (Mrs.) Devyani Patil	
Blood Sugar - 20-200		M.B.B.S., M.S. Gynae & O.B.	
PBF for MP - 10/9		Regn. No. 9735	
Widal Test -		I.K.M. Hospital, Sec-14, SONEPAT	
B. Urea -		last cycle	
S. Creatinine -		premenstrual spotting	
S. NA		Prolonged Bleeding	
S. K		Discharge fr -	
SGOT/PT			
S. Bilirubin			
Urine for Preg. -		noted 7/2/04	
Mx Test -			
X-Ray Chest PA -			

Diagnosis report of Janakidas Kapur Memorial Hospital

Got Rid of Incurable Allergy



I had a serious skin allergy. My hands and legs had ugly rashes all over. At times the rashes would bleed. I went to many dermatologists and followed their prescriptions but there was no improvement in my condition. I also tried ayurvedic medicines which helped a little but not for long.

Finally I thought of trying cosmic science when I watched Gurudev's program on TV. I started practicing Cosmic Sound Secrets and soon my allergy disappeared. Now my skin is healthy and I am not on any medication. It seems I have started living a new life. I such a relief and freedom as I don't have to continuously think about my problem.

Ashok Wadhava,
Fatehabad, Haryana

Relief from Serious Allergy



I received Cosmic Sound Secrets in Vrindavan convention. Since 1990 I used to have irritation all over my body due to a certain allergy. I had to take a tablet of cetrazine every alternate day. As I started practicing Cosmic Sound Secrets my allergy started disappearing.

Now I am totally out of it and don't have to be on medication. This is all due to Gurudev and his Cosmic Sound Secrets.

Suman Singh,
Lucknow, UP

Cancerous Lump Vanished



I have been able to overcome many diseases since I have started practicing Cosmic Sound Secrets. Before that I was suffering badly because of a lump in my chest. I used to be always in pain. When I consulted the doctors they diagnosed it as cancer. I was shattered by this discovery. I started the treatment that was prescribed but the subsequent tests showed that the cancer was spreading. I switched to Tibetan medicine and took it for two months but found that my condition was actually worsening.

I took an appointment to meet Gurudev and got initiated into Cosmic Sound Secrets. Within a short period of time the lump disappeared. Next when I went to the doctors for a checkup they were surprised. Even the x-ray reports were normal.

Sanjay Namdev,
Hamirpur, India

Started Walking Again

Once I met with a very bad accident. I survived, but both my legs were badly injured. Both my legs were operated upon and left one an iron plate was inserted. The doctors had told me that I would never be able to walk properly and warned me never to put any pressure on my knees. That's around the time when I discovered about the power of Gurudev's Cosmic Sound Secrets. I started practicing them regularly and started feeling a certain strength in myself. Today I can walk properly, and not only that – I can even sit on my knees. My legs are now as they were before the accident. I have got a new life.

Sohanlal,
Fatehabad, India

Recovery from Serious Condition



My experience is related to my husband's illness. On December 8, 2007 my husband suddenly started vomiting blood. His hemoglobin count was 14 which came down to just 3 after this incidence. We took him to Batra Hospital in Khanna where they admitted him into ICU. My husband was under Dr. Batra's charge who took good care of him. After Dr. Batra's treatment my husband's hemoglobin count went up to 7 and he was discharged from the hospital. The later tests showed that his hemoglobin count was steadily increasing and had come up to 10. Now he was completely normal.

Suddenly after three months he again started vomiting blood. When we took him to the hospital and got him tested, the results showed that his hemoglobin count had again dropped down to 3. He was given 4 bottles of blood intravenously and the hemoglobin count came up to 7. At that he was discharged from the hospital. The later tests again showed that the hemoglobin count had rose up to 10. Three months later my husband started passing large quantities of blood with the stool.

This time we took him to Apollo Hospital in Ludhiana. There, Dr. Sanjay Somani did endoscope to him and informed us that there was a serious problem with his food pipe. They asked us to bring him every fifteen days to the hospital for treatment. This went on for 4 months with no results. As if all this was not enough, because of this ordeal my husband lost his mental stability.

Someone told us that these kinds of symptoms usually occur

because of black magic. He even claimed that he could help us with this as he knew the art of black magic. We believed him and he started taking money from us. He even took 26 grams of gold from us, saying that my husband would soon be alright. Even after this there was no improvement in his condition, so we again took him to Apollo Hospital in Ludhiana.

This time the doctors at the hospital said that his liver was damaged and the surgery would require the large amount of Rs. 20 lakhs. We could not afford this amount, so we started a treatment in Chandigarh.

Meanwhile, my mother saw Gurudev on TV. She was convinced that Gurudev can bring us out of this situation. She went to Dhuri to attend the next convention and received Cosmic Sound Secrets. With the regular practice of Cosmic Sound Secrets my husband came back to his normal condition.

Now my husband is completely healthy and we both practice Cosmic Sound Secrets regularly twice a day. The tantrik who took our gold, also came to return it. We are experiencing complete wellness because of this powerful technique given by Gurudev.

Deepika Sharma,
Khanna, Punjab

SATGURU PARTAP SINGH
Apollo Hospitals

INVESTIGATION REPORT

Lab No. : 12244 Date : 14/04/2008
Ref No. : 12244 Test No. : 12244
Test No. : 12244 Ref No. : 12244
Test No. : 12244 Ref No. : 12244

HAEMATOLOGY/CHEMISTRY PATHOLOGY

Investigation	Result	Unit	Reference Range
Hb (Hemoglobin)	6.1	g/dl	13.0 - 17.0

End of Report

Dr. RAKESH GARG (MD)
MD, CONSULTANT
MD, PATH

Dr. KAVITA SRINIVASAN (MD)
MD, CONSULTANT
MD, PATHOLOGY

Notes:
1. Laboratory investigations only help in arriving at a diagnosis. The results have to be correlated with the clinical picture.
2. Results pertain to the specimen received.
3. Results are for information only.
4. Results are for information only.
5. Results are for information only.
6. Results are for information only.
7. Results are for information only.
8. Results are for information only.
9. Results are for information only.
10. Results are for information only.

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Investigation report from Apollo Hospital,
Ludhiana

Freedom from Alcoholism



I received Cosmic Sound Secrets in the convention held in Nagpur. Prior to that, I was a victim of alcoholism. I was also unemployed at that time. Alcoholism and unemployment are usually a very dangerous combination for the peace in family. In my case, it was proving to be disastrous.

The whole family was suffering. My whole world changed after I participated the convention with Gurudev. I received Cosmic Sound Secrets from him and started practicing them regularly. Within a few days, I came out of my alcoholism and soon found a good job.

The financial condition started improving and the peace was restored in the family. My elder daughter topped Nagpur University in MSc first year while the younger one graduated with 83% marks and is now working as a teacher.

The whole family is happy and on the path of success and prosperity. This is all because of the power of Cosmic Sound Secrets.

Rajkamal Sahu,
Nagpur, Maharashtra

De-addiction from Alcohol



We have always been known as an ideal family as everybody is caring and loving to each other. There has never been a problem except for once when my son started taking alcohol in the company of a few friends. Soon it became a habit, and then developed into addiction. It came to a point when he would need alcohol all the time. His physical and mental health started suffering due to this.

He would get irritated at small things and started developing a violent attitude. Because of all these reasons his social life was also started suffering. Whenever he was sober, he would talk about quitting the alcohol but soon he would have an urge and forget about his resolve to quit alcohol. We even tried medical treatment and counseling but nothing worked.

Meanwhile, I came to know about Gurudev and his conventions. This was like a ray of hope for us. I attended a convention in Punjab and learnt the Cosmic Sound Secrets for my son's de-addiction. Within 15 days of my practice of Cosmic Sound Secrets my son's urge to drink started weakening, and soon he completely came out of the addiction. Now he is physically and mentally healthy, and his social life is also prospering. Here, I would also like to share that while I was practicing Cosmic Sound Secrets, my own physical ailments disappeared. Though, I had had no major problems but body develops some problems with growing age. Now I feel so healthy as I had never felt before.

Sumita Devi,
Pathankot, Punjab

Recovery from Serious Allergy



In June 2004, I had developed a serious skin allergy. As I would wear new or woollen clothes my whole body would have rashes. I could not go out as the dust would cause prickly spots on face which would soon spread to the other parts of the body. I tried allopathic medicines, homeopathy, and ayurveda but nothing worked.

Few doctors told me that the allergy would go only after a long treatment, while few others were of the opinion that there was no cure for it. I had to take heavy dosage of medicine every day.

When I came to know about the Cosmic Sound Secrets, I learnt them from Gurudev in a convention and started practicing them. After a practice of only few days I got rid of my allergy and my skin started glowing. After that, I have never had to resort to medicines. I have started using woolen clothes in winters as well and have never got even a tiniest rash.

My practice of Cosmic Sound Secrets has also helped me in other problems. I used to catch cold very easily, but now my immune system has become very strong and even in the adverse situations I remain healthy and feel energetic all the time.

Barkha Aggarwal,
Bhopal, Madhya Pradesh

Recovery from Severe Attack of Dengue



Last year I fell sick with dengue. It was a severe attack that left me almost completely dehydrated. Continuing diarrhea was adding to the process of de-hydration. I was taken to a hospital in Barnala where the doctors referred my case to Ludhiana.

At the hospital in Ludhiana, I was admitted to the emergency ward.

My condition was deteriorating as my platelet count had come down to 9000. My husband was very scared when the doctors told him that the chances of my survival were very low. As a last resort, he started practicing Cosmic Sound Secrets and immediately my body started showing signs of recovery and within no time I was completely cured. Even according to the doctors my recovery is a miracle.

Jyoti Sood,
Barnala, Punjab

[illegible]

Investigation report from Bansal Hospital

Life-threatening Diseases Cured



Mine was a very peculiar case. I was suffering from many diseases which were all life threatening. Nobody can believe that somebody can live with diabetes, asthma, and high blood pressure together. I had all these problems, and to make matters worse our financial condition was so bad that I could not afford proper medication for my problems. I used to be always tense as everyday there used to be some or the other complication with my body. Even with our limited means we had to continue with the medication. So much intake of medicines was another problem because the side effects of such strong medicines were creating other complications

Finally, when I met Gurudev he asked me for my medical prescription. He tore the prescription into pieces as I showed it to him. He asked me to practice Cosmic Sound Secrets regularly and then go for a checkup after two weeks.

I did exactly what he asked me to do. I was not surprised when all my results came normal.

Rani Mishra,
Delhi

Bleeding Gums Healed

I had the problem of Periodontitis. The problem became so serious that my gums started bleeding all the time. I consulted and took treatments from many doctors but to no avail. I got initiated into Cosmic Sound Secrets and started practicing them regularly. I was amazed when I was totally cured within a month, whereas I had been suffering from this problem since 20 years.

Akshay Kumar, Orissa

Virus Cured



I live in New York, leading a happy normal life with my family. Recently the normalcy of my life was shattered when suddenly I started suffering through severe headaches. I got admitted into Bellevue Hospital Center, New York. After the tests were conducted on me, it was found that I had a virus in my brain which can not be cured without a major surgery and I was transferred to the emergency ward of the hospital. Meanwhile, I heard that Gurudev is going to conduct a camp in India. I had earlier heard from many friends about Gurudev's Cosmic Sound Therapy and their power to cure people. I had even met a few who had been cured with the simple but effective technique. I made up my mind to go to the camp and told the doctors about my desire, but in America the doctors do not discharge a patient unless they are thoroughly satisfied. I started praying that let Gurudev call me to India. I started practicing Cosmic Sound Secrets on my hospital bed. At my request three more tests were conducted and the doctors agreed to discharge me, though reluctantly. Even then they cautioned me against traveling on such a long flight to New Delhi. Throughout the flight I was practicing Cosmic Sound Secrets and reached safely to India. From there I went to Mohadi where the camp was being conducted. I stayed there for two days and attended the camp. My health remained robust and I felt even more energetic than before. I am pleased to say that now I am totally cured.

Neena Chopra, New York

Printed: Jan 9, 2009 11:43 am Bellevue Hospital Center 462 First Avenue New York, NY 10014	Chopra, Neena 1289401-1 EP719 DOB: 10-1-58 Age: 51F Sex: Female DOB: Nov 10, 1957 MO# 1289401 Admitted: Jan 7, 2009 Attending Physician: Sages, Hendrick, MD Service: General Medicine
Jan 9, 2009 11:30 am : Discharge Summary	
Anticip. Disch Date : Fri, 09 Jan 2009	
Reason for Admission : aseptic meningitis	
Findings/Course :	
Ms. Chopra is a 51yo woman without significant PMH who p/w 1 day of severe headache associated with nausea, vomiting, and fleeting light/sound hypersensitivity. The HR increased to the point where she was unable to sleep or function & was minimally relieved by laying in a dark room. She has chronic neck stiffness/pain that was worse with this episode of HA. She denied any recent URI/OTI symptoms nor recent travel. She was found to be afebrile on admit. Head/neck CT was without acute pathology. Her LP contained an increased number of WBC with a lymphocytic predominance, normal protein & glucose c/w viral meningitis with an opening pressure of 18mmHg. The CSF gram stain was negative with cultures pending at time of discharge. Additional labs ordered included: CYP 25Mc, Borrelia, & HSV as well as HIV and results were pending at time of discharge. At discharge all symptoms had completely resolved, she remained afebrile without an elevated WBC & was discharged with instructions to return to the MD if she has increased headache, fever, chills, nausea, vomiting, change in mental status, or change in neurologic function. She will f/u with her PCP at 87. She is scheduled for a telehealth/monitor clinic appointment on 1/12 at 10am to f/u viral serologies and assess for resolution of symptoms prior to her planned travel to India. The pt was discharged to her daughter's care (HAI) who can be reached at 917-416-5772.	
Disch Prescriptions : 1 Nifedipine Macrocryst/Phosphatate 30mg Qdaily x 1 cap po bid 4/Day; Discharge 400 mg Tablet x 1 tab po tid per process if pain	
Disposition : discharged home	
Diagnoses : Headache	
Electronically signed by Hiker, David J., MD Jan 9, 2009	

Discharge summary of the hospital

Experiences Shared During Cosmic Grace Conventions

Premila, London: I used to have epilepsy fits. My problem was so serious that it was almost a daily routine that I would go unconscious and my mouth would start bleeding. It would happen to me anytime and anywhere. It had become difficult for me to move out of the house. I was almost living in a nightmare. When Gurudev came to London, I met him and got initiated into Cosmic Sound Secrets. I started practicing them very regularly everyday. Now my problem is completely gone. The Cosmic Sound Secrets have changed my life.

Nirmal Kaur, New York: My husband was an alcoholic. His condition was so bad that he used to start drinking early in the morning and it would go on the whole day. The whole family was disturbed because of this. In 2008, I got initiated into Cosmic Sound Secrets in New Jersey convention. I started practicing Cosmic Sound Secrets for my husband. Within a few months, my husband dropped alcohol completely. He has never been tempted for alcohol ever since. Cosmic Sound Secrets also helped me to recover from my gastrointestinal problem.

Anjali, Toronto: I had a strange allergy. I could not take proper bath as immediately after bath I would fall sick. For days, I had to go without bath. It used to give me very nauseating feeling. I got initiated into Cosmic Sound Secrets when Gurudev visited Toronto three years ago. My allergy has been cured because of my regular practice of Cosmic Sound Secrets. Now I can take a regular bath.

Suman Patel, Toronto: I had a severe problem of back pain. Due to my pain, I could neither sit nor stand in one place for more than 10-15 minutes. I was not able to lead a normal life. Finally, I got initiated into Cosmic Sound Secrets by Gurudev and started practicing them regularly. Now my back pain is gone and I can do all the activities normally.

Anju, Delhi: Since birth my son's food and wind pipes were joined together. He was able neither to eat nor drink anything. We showed him to the experts in prestigious hospitals such as Ganagaram and Moolchand but to no avail. In 2005 I met Gurudev and got initiated into Cosmic Sound Secrets. I started practicing them regularly and soon the results were before us.

S P Tiwari, Deputy Commissioner, Allahabad: In 2004, I was lagging far behind in revenue collection and there was not much time left to reach the goal amount. I started practicing Cosmic Sound Secrets and I could collect Rs. 40 lakh more than the goal amount.

Praveen Bansal, Hissar: I had the problem of piles since birth. I tried all kinds of therapies including allopathic, homeopathic, and ayurvedic but nothing proved to be effective. In 2007, I participated in the convention held in my city. It inspired me to start practicing Cosmic Sound Secrets. Soon I could see the results. Today I am completely cured of my problem.

Tanya Miglani, Kutch: I used to have breathing problem. Sometimes my nose used to be blocked completely and I had to breathe from my mouth. With the blessings of Gurudev and by practicing Cosmic Sound Secrets I have been completely cured.

Ekta Pandey, Jabalpur: I wanted study further after my 12th standard but there were a lot of problems. I was totally frustrated and thought that I would not be able to continue my education. In December I got initiated into Cosmic Sound Secrets and today I am

I am doing my graduation in arts and doing very well in my studies with bright future prospects.

Mayaram, Karnal: My mouth often used to bleed. This used to irritate and worry me. I have never bled after I started practicing Cosmic Sound Secrets in 2006. This is all because of Gurudev's blessings.

Manoj Batra, Phagwara: My wife was suffering from Asthma. Her condition was so bad that she could not get to sleep without the use of inhaler. We used to remain awake the whole night. My wife started using heavy dosage of medicines to avoid the sleepless nights but the medicines started showing their side effects and she started passing blood with her stool. We took her to Chandigarh and Patiala to get a treatment from experts but there was no improvement in her condition. In 2006, we got initiated into Cosmic Sound Secrets and started practicing them. Soon her asthma got cured and she has been completely healthy since then.

Manoj Kumar, Mohali: Because of the ongoing physical problems I got myself medically tested in 2005. The report showed that I had stone in both of my kidneys. I did not take it very seriously and as the result of my negligence I reached a very critical stage. I got myself tested again and found that my kidneys were badly damaged. The doctors sent me to PGI in Chandigarh where I was told that either I would have to change my kidneys or I would have to be on dialysis forever. Otherwise there was no chance that I would survive. I went on dialysis in 2006. Twice a week I had to go for dialysis. In 2009, I got initiated into Cosmic Sound Secrets and started practicing them regularly. Since then I have not needed any dialysis and I am perfectly normal.

Asha Goswami, Jaitpura: My husband is diabetic. Three years ago his sugar level had gone so high that he started losing his eyesight by and by. His left eye lost its vision completely and he could barely see from his right eye. My husband and I participated

in cosmic convention held at Karnal. There, we got initiated into Cosmic Sound Secrets. My husband was not able to read the secrets from the paper, so I had to read them for him and he used to repeat after me. Today he can read properly and the vision of his eyes has returned to normal.

Deepak, Karnal: My mother had a problem in her kidneys. When we got the checkups done we came to know that one of her kidneys had failed completely. It disturbed the whole family. We came to know about Gurudev and got initiated by him into Cosmic Sound Secrets. After a few days' practice, my mother started showing signs of improvement and now she is completely healthy.

Rajesh Kumar, Kaithal: My blood pressure used to be very high. This was causing depression and many other psychological problems in me. We had been to many doctors but there was no improvement in my condition. I started practicing Cosmic Sound Secrets when I heard about their healing powers. Now my blood pressure is absolutely normal and I am also fit mentally.

Urmila, Ludhiana, Punjab: My niece had fallen seriously ill. We took her to many doctors but her condition didn't improve. Then we decided to try Cosmic Sound Secrets. With the regular practice of just a few days her condition started improving. She is completely healthy now.

Dhirendra, Chittorgarh, Rajasthan: I was suffering from migraine since many years. Sometimes I used to get such severe attacks that I would bang my head on the wall. The pain used to be unbearable. I consulted a neurologist in Kota but it didn't help. In Mohali convention, I got initiated into Cosmic Sound Secrets and within a month my problem disappeared for good.

Rahul, Faridkot, Punjab: My maternal uncle had developed cancer. The doctors said that it was in final stages and it was impossible for him to survive. In Phagwara convention we got initiated

into Cosmic Sound Secrets and I started practicing them regularly for his wellbeing. As a result, my uncle has recovered completely.

K N Singh, Lucknow, UP: My right leg had got injured in a road accident. I underwent a surgery and my leg was restored to normal condition. But suddenly it developed some infection and bleeding sores. I started practicing Cosmic Sound Secrets and my leg healed. Now there are no sores.

Jasveer, Ludhiana, Punjab: My son used to get fits. We consulted many doctors in Chandigarh and Ludhiana but in vain. Finally, I started practicing Cosmic Sound Secrets for his health. Now his fits have stopped completely.

Anuradha Sharma, Chandigarh: My husband was suffering from scleroderma. Eating anything was very difficult for him. When we took him to PGI Hospital, we came to know that he had cancer in food pipe. I started practicing Cosmic Sound Secrets for him twice every day. With the divine grace, my husband is completely healthy now.

Surendra, Una: There was a complication in my left eye which started last year. It had started losing vision. One day suddenly it lost its vision completely. The doctors told me that my retina was damaged and it would never be cured completely. I got initiated into Cosmic Sound Secrets and started practicing them regularly. Now my eye has full vision.

Pradeep Sharma, Delhi: My wife had developed tuberculosis after the delivery of our child. Her treatment continued for two years but there was no improvement. For months she was being treated at Guru Tegbahadur Hospital in Delhi. During her treatment, she started vomiting blood. Even expensive medicines were not able to make any difference in her condition which was worsening. One day I saw Gurudev on TV and also heard the experiences of many people who were being cured by the practice of Cosmic Sound Se-

crets. I and my wife attended the convention and received Cosmic Sound Secrets which we started practicing regularly. Now my wife is completely fine and is not on any medication.

Mohan Lal Sahu, Gurgaon: When my mother had her second heart attack, doctors clearly said that she would not survive and asked us to call all the near and dear ones to the hospital to see her for the last time. I was in Gurgaon at that time, and as soon as I came to know of the situation I started chanting Cosmic Sound Secrets given by Gurudev. Suddenly, my mother's condition started improving and by the next morning she was completely normal. My regular practice of Cosmic Sound Secrets has also helped me overcome my financial crisis.

Chandrakanta, Delhi: My husband had been an alcoholic since long. Even after being to the rehab he was not being able to quit his addiction. He used to bunk office due to his addiction and his job was in jeopardy. We often used to quarrel and our life was literally a hell. I decided to meet Gurudev to request him to help me. Gurudev taught me some Cosmic Sound Secrets to practice and within a month my husband got rid of his addiction. People were surprised that someone who was so deeply addicted has come out absolutely clean within such a short period of time. Now my husband has been appraised for a promotion and his behavior at home has also changed. It seems our family has got a new life.

Kamlesh Aggarwal, Delhi: My father had suffered a massive attack of brain hemorrhage. The doctors had clearly said that he would not survive as it is very rare to survive brain hemorrhage. We were worried and had lost all hope. As the last resort we met Gurudev to receive Cosmic Sound Secrets from him. My father survived miraculously and even doctors are wondering how this could have been possible.

Kranti Sharma, Gurgaon: My blood pressure had shot up alarmingly. I started my treatment at Fortes Hospital. The doctors

had told me that I would have to take medicines for the rest of my life. With the practice of Cosmic Sound Secrets, my blood pressure is normal. I have also got rid of my migraine problem.

Lakshmi Kalara, Gaziabad: I have got rid of many physical ailments with the practice of Cosmic Sound Secrets. Since my teenage I had congestion in my chest and used to cough continuously. It used to be painful as well as embarrassing for me because even in a social gathering I would start coughing and could not control it. Before I started practicing Cosmic Sound Secrets, I had tried many treatments but they did not help me. Now I am totally free of that and feel like I have got a new life.

Nirmal, Ambala: I had developed an ulcer which according to the doctors was very difficult to be treated. I was so disturbed due to my ailment that many a time I felt like committing suicide. My body was deteriorating slowly, and I used to feel that I would not live much longer. I started practicing Cosmic Sound Secrets at a friend's suggestion. Within two weeks my ulcer healed. It is not less than a miracle for me. I would like to give this message to all those who are suffering physical or any kind of problems: If everything else has failed for you, try practicing Cosmic Sound Secrets.

Sarita, Delhi: My son used to have hysteria attacks. Our financial condition was not so good that we could get him properly treated. I took him to Dindayal Hospital. When even after a long treatment there was no improvement, somebody suggested me to bring him to Gurudev. I attended Mohadi convention and received Cosmic Sound Secrets and started practicing them. Now my son is very healthy and the attacks have never recurred.

Bimla Sharma, Delhi: My in-laws used to harass me all the time. Nobody used to talk to me and I was living in a constant fear. I received Cosmic Sound Secrets from Gurudev and started practicing them. My practice gave me an inner strength and my life started changing. Now my husband has called me to live with him and there

is peace in my life.

Balbir Kaur, Delhi: My son-in-law had suffered a massive electric shock. His condition was so critical that the doctors thought he would not survive. I started practicing Cosmic Sound Secrets for him and within sometime his consciousness returned. Soon he was completely normal. It was hard for the doctors to figure out the reason for his sudden recovery.

Satnam Kaur, Amritsar: I had ulcer in my uterus. The doctors had said that it would never heal completely unless I undergo a surgery and get my uterus removed. The medication wasn't giving me any relief. I met Gurudev personally and received Cosmic Sound Secrets from him and started practicing them regularly. And I got rid of my ulcer from the very roots. For the doctors it was a miracle that such an ulcer got healed without any surgery. This is all because of Gurudev's blessings.

Renu Gupta, Jalandhar: I had a problem of spinal disk which the doctors had said would remain for the whole life. I had consulted many orthopedic experts but none had been able to provide a permanent solution to my problem. No treatment was giving me any relief. When I watched Gurudev on TV, I decided to meet him. I attended the Nalagarh convention and received Cosmic Sound Secrets from him. I practiced the technique for a short while and noticed that my condition had started improving. Now I am completely healthy and can attend to all my household responsibilities.

Didar Singh, Fatehabad: One of the kidneys of my younger brother had started giving problems. It was found after the thorough checkups that the kidney was infected with cancer. Doctors decided to remove his kidney. After the surgery they told us that the cancer has also spread to the other parts of the body and he would not survive beyond 4 years. I started practicing Cosmic Sound Secrets for my brother and he got rid of the cancer completely

which left the doctors amazed. The doctors had also feared that his cancer may reoccur, but my brother's disease has gone from the very roots. Such is the power of cosmic secrets that it heals us and gives us a permanent recovery. Humanity should be thankful to Gurudev to make us aware of this unique dimension.

Rajendra, Manasa: My nephew was seriously ill as his hemoglobin count had dropped down to 5. My sister and brother-in-law were very disturbed because of this. My nephew came out of danger when I did a chanting of Cosmic Sound Secrets for him. Doctors who had said that he would not survive could not believe what had happened. Cosmic Sound Secrets have also helped us to restore peace in our family and to come out of financial debts. There was a time when we had gone badly under debts due to the heavy losses in the business and this was leading to discord in the family. Now our financial condition is even stronger than before and we all love each other.

Hukum Singh, Ropar: I received Cosmic Sound Secrets in Bilaspur convention. Since then I have been practicing them regularly and have gone through such experiences that can only be called miracles. I met with a serious road accident but came out of it unscratched. The bystanders were amazed at my luck. I have also come out of my physical, mental, and financial problems. Now, at this age I am enjoying such perfect health that I had never known before. When I look back at my life before I had started practicing the methods of cosmic science, I was simply struggling with life at so many fronts. Now I am living a very contented life. I am grateful to Gurudev.

Anita, Chandigarh: I was literally handicapped because of the severe pain in my knees. I tried many treatments including acupressure and yoga but didn't get any relief. My legs had also started swelling. I received Cosmic Sound Secrets in Panchkula convention and started practicing them. Even when I was receiving Cosmic Sound Secrets in the convention I found that I could sit cross

legged without any difficulty. With my regular practice I have come out of my problem completely and living a completely healthy and normal life. Now for each and every problem in my life I try the methods of cosmic science and come out of them smiling. Thanks to Gurudev.

Bharatbhushan, Hoshiarpur: I had an attack of dengue virus. I was taken from hospital to hospital but nowhere did the doctors give any reassurance for my survival. My family was very worried. While in the hospital, I started chanting Cosmic Sound Secrets and my condition started improving. Within days my fever came down and I was discharged from the hospital. It surprised the doctors who could not believe at the miracle. With the blessings of Gurudev I am absolutely healthy now. I have decided to continue my practice of Cosmic Sound Secrets because I have noticed that their regular practice is also helping me in the other things of life.

Sohanlal, Fatehabad: Both my legs had got badly fractured in a serious accident. The accident was so serious that I lost my consciousness and woke up in the hospital only to find that my legs had already been operated upon. The doctors advised me to be very careful with my legs because they said they would always be weak and I would never be able to walk without a support. Then onwards walking became an ordeal for me. With the practice of Cosmic Sound Secrets my legs are strong again and I can walk without any difficulty.

Sudarshan Kaur, Jalandhar: Since years I used to have fits of hysteria. Even very expensive treatments had failed to cure me. I learnt to practice Cosmic Sound Secrets in 2007, and since then I have never had even a single fit.

Dr. radhika Kaushik, Jalandhar: I seriously took ill after I delivered my first child. I developed diabetes and had to be on regular insulin. The tests also revealed that my hip bones were damaged and the doctors at Apollo Hospital were of the view that I wouldn't

survive without a major hip surgery. For six months, I was bedridden in All India Institute of Medical Science in Delhi. At that time I decided to try the cosmic science. I started practicing the Cosmic Sound Secrets and to everyone's amazement I started recovering rapidly. The doctors could not believe what was happening.

Dharminder Kaur, Punjab: I was suffering from insomnia. I could not sleep without taking heavy dose of sleeping pills. After I started practicing Cosmic Sound Secrets, not even for a day I have had to take a sleeping pill to sleep. Also, recently an ulcer was detected in my uterus and the doctors said that I would have to go through a surgery. Again the Cosmic Sound Secrets rescued me. After a few days' practice the reports of my ultrasound tests were completely normal.

Parikshit Nayyar, Garhshankar: My wife had suddenly taken seriously ill. After the ultrasound tests, it was discovered that there was a third stage cancer in her uterus. I did not reveal this to my wife and took her to Apollo Hospital in Delhi. She underwent chemo therapy, but the doctors told me that she would survive only for a few more months. I participated in Mohadi convention and started practicing Cosmic Sound Secrets. Soon, my wife's condition started improving. Cancer, as if disappeared. It was a miracle even for the doctors. Today, my wife has accompanied me to this convention.

Satya Arora, Jalandhar: My food pipe was damaged to the extent that I was unable to eat anything at all. I was on heavy medication for 6-7 months and the doctors were insisting for a surgery. I started practicing Cosmic Sound Secrets, and today I can eat everything without any difficulty. The problem that I had seems like a bad dream which is over.

Sumitra Devi, Jalalabad: The practice of Cosmic Sound Secrets has improved the financial condition of our family. There was a time that we had landed into a financial crunch, but after the practice of Cosmic Sound Secrets everything has brightened up. My husband

got a good promotion and a hefty raise in salary. My son has started excelling in studies too.

Niru, Pathankot: I used to be disturbed because of my career. Even after all the qualifications, I was not getting a good job. When I came to know about Gurudev, I decided to meet him. I attended one of his conventions and learnt how to practice Cosmic Sound Secrets. Things started changing immediately as I started practicing Cosmic Sound Secrets. I got a good job that I always wanted, and apart from the income my work profile is very satisfactory.

Vijay, Jalandhar: Because of filariasis, my feet had swollen to such an extent that I was unable to stand. When no treatment responded to my condition I started practicing Cosmic Sound Secrets. My feet came to their normal condition and I can not only stand but walk properly.

Amarjeet Kaur, Ludhiana: I had developed breast cancer. Doctors had clearly stated that it was not possible for me to survive without a surgery. I had lumps in both the breasts which were spreading fast. My husband and other members of the family were very scared and disturbed. I was admitted into CMC Hospital of Ludhiana. I was so scared of the surgery that the day my surgery was scheduled, I ran away from the hospital and came back home. I had an inner voice telling me that I have to trust in Gurudev and everything would be alright. I started practicing Cosmic Sound Secrets and in the next checkup no lumps were found. Today I am completely healthy and living a happy life.

Kamaljeet Kaur, Ludhiana: Last year I had fallen from the stairs and my spinal cord had sustained serious injuries. After that I was in a lot of pain, which the experts said I would have to endure for the rest of my life. I switched to alternative therapies but nothing proved effective. With the practice of Cosmic Sound Secrets, my pain has gone permanently. Now I can do everything easily and feel very healthy and energetic.

Sukhwinder Kaur, Patiala: Before I started practicing Cosmic Sound Secrets I was a victim of hordes of ailments. My ECR was always more than normal which was creating many problems in my body. I had severe problem of various allergies adding to my suffering. I had gone through many treatments in vain. With the regular practice of Cosmic Sound Secrets all my physical ailments have disappeared and now I am completely healthy.

Sheela Devi, Bhatinda: I had a skin problem since 7 years that no dermatologist had been able to cure. Even alternative therapies had not worked. I started practicing Cosmic Sound Secrets, and now my problem has gone from the very roots.

Sunita, Jalandhar: I had developed an allergy to wheat. I had gone through many treatments but the allergy experts had told me that I would have to be on medication for the rest of my life. Even I had accepted it to be my fate. When I came to know of Gurudev's conventions, I attended one and started practicing Cosmic Sound Secrets. Now I am free of my allergy.

Pushpa Rani, Chandigarh: My daughter has been married for last 10 years but she was unable to conceive a child. I attended the convention in Panipat and received the Cosmic Sound Secrets for my daughter. Within a few days of my starting the practice of Cosmic Sound Secrets, my daughter conceived and consequently gave birth to a beautiful child.

Vinod Chhabbar, Ludhiana: I have been a patient of diabetes since a long time. Recently my blood pressure also went up alarmingly. I was very scared to face two life threatening ailments simultaneously. I went into a depression about my future. When I participated in Jalandhar convention, I felt an immediate relief. After the regular practice of Cosmic Sound Secrets I have got rid of both my ailments. Now I have stopped using any medication.

Surendra Kaur, Patiala: My whole family was worried as I had

not been able to conceive a child even after 12 years of my marriage. I went to many doctors and took many treatments. I even went to Bangalore, where I had heard most of the women of my problem had been cured successfully, but there was no success for me. Utterly exasperated, I stopped all medication and treatments. One day I heard Gurudev on TV and again felt a surge of hope. I asked my husband to accompany me to Ambala convention and received the Cosmic Sound Secrets from Gurudev. My husband and I started practicing them regularly. On October 9, 2008, I gave birth to a beautiful baby girl. I will always remain grateful to Gurudev.

Sarai Kadar, Faridabad: My health was deteriorating due to diabetes. One of my legs had also stopped functioning. None of the treatments were responding to my condition. I practiced Cosmic Sound Secrets for 2 months and not only my leg started functioning normally, my diabetes also disappeared. My practice of Cosmic Sound Secrets also helped me on the financial front. My business that was going through a bad phase, started flourishing. Now I am healthy and financially sound.

Seema, Rajpura: My mother-in-law had an attack of paralysis. She could not even stand after that. We took her to the hospital but the doctors looking at the seriousness of her condition refused to admit her. I practiced Cosmic Sound Secrets for her and she became perfectly normal in a very short time.

Veena, Sangrur: I was suffering from depression and a severe allergy since last 17 years. I was mostly bedridden and could not attend to my family's needs. I was tired of going to the doctors to no avail. Both my ailments disappeared when I started practicing Cosmic Sound Secrets.

Shashikala, Pathankot: Recently when I started being ill all the time, I went to the hospital where doctors diagnosed my illness to be tuberculosis in its last stages. According to the doctors I would not have survived more than 2 months. Everybody in my family was

scared, and I started feeling death breathing down my neck. I received Cosmic Sound Secrets from Gurudev and started practicing them. I am happy to say that now my tuberculosis is completely gone. Even my doctors wanted to know in detail about the Cosmic Sound Secrets because what happened with me was totally unbelievable for them.

Ramesh Kumar, Ambala Cantt.: A massive attack of paralysis had left me completely handicapped. I was hospitalized for three months and underwent medication and physiotherapy, which had a zero response on me. I came to Gurudev when no treatment worked. I learnt Cosmic Sound Secrets from him and started practicing them regularly. Soon my paralysis subsided and today I am standing in front of everyone. I am absolutely normal now.

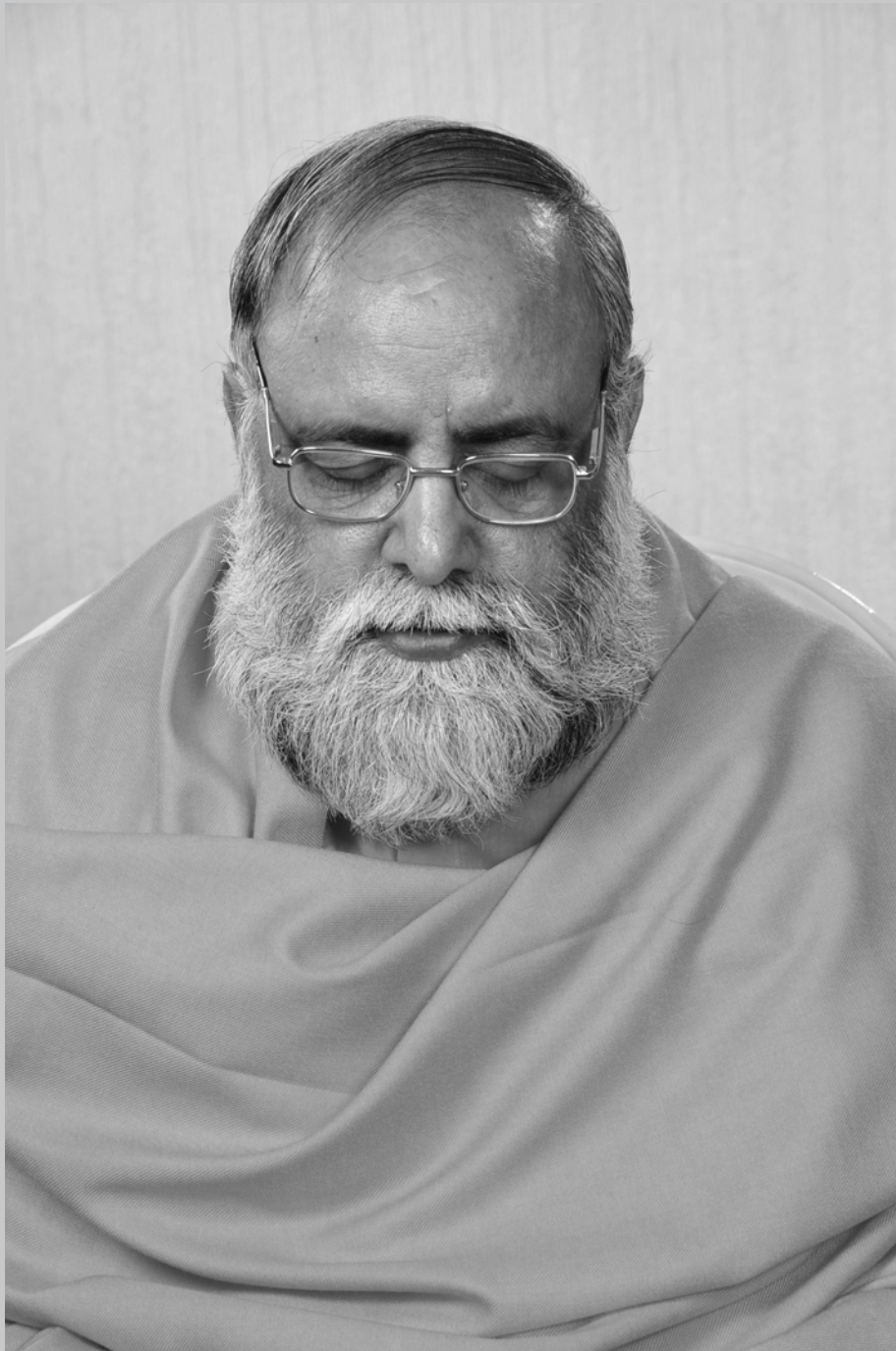
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Part V

Mystical Moments With Gurudev

Excerpts from An Unsurpassable Mystic
by Shri Gurudas



Divine Powers

It has been scientifically proven innumerable times that all proceedings of Lakshmi Narayan Dham take place with the divine blessings of God. Regardless of how famous, or great a singer, author or orator one maybe, it is ultimately the divine power of God, which comes into play, and the power that rules the hearts of thousands of devotees, unconditionally.

On the Prakash Utsav of Guru Nanak Dev Ji, in November 2003, a famous singer was invited to the studio.

He was famous in India and overseas for his Sufi singing. That day, sang a devotional song for the recording. After the recording, Gurudev asked us a question in a low voice, "How was that?" I promptly replied that, "I was not able to see any depth in his singing or voice."

"Switch off all the lights and cameras of the studio and let us all sit with our eyes closed for few minutes," instructed Gurudev. Everyone followed Gurudev's instructions. We were also given a special Mantra by Gurudev to recite.

Ten Minutes later we were instructed to switch on the lights. and Gurudev asked the singer to sing the same song again.

The singer sang again, but this time there was a striking difference, and the impact on us all was magically profound and touched the cord of our hearts. We were so moved that tears welled up, as the voice and content of the song, stirred our soul.

Another miraculous incident comes to mind, where I was to inaugurate the Ayodhya convention. Unfortunately I was under a severe attack of infection and suffered a sore throat and had lost my voice. I was extremely worried about not being able to speak or anchor the convention. Deeply concerned about failing in my duty, I bowed down and prayed to Gurudev silently. After my humble prayer, I made one further attempt to speak. I was very relieved and

humbled to note that my voice had returned to normal. I resumed my duty and inaugurated the convention, but the most astounding thing was that after the convention, I lost my voice once again.

Something very similar had happened when the first convention was due. I was to speak for a recording regarding information on the first convention. Due to a bad throat, I was unable to speak. Yet, it was crucial and unavoidable that I proceed with the recording. It could not be postponed. I began to pray and started the recording. I regained my lost voice for the recording, although I was dismayed when my voice was lost again as the recording ended.

The TV show "Secrets of Ayurvigyan" had already crossed the milestone, within a few days of its first telecast. The show was achieving a record viewership and witnessed dizzy heights of success. In this show, Gurudev would look at the photograph of the applicant and give them a complete diagnosis, along with solutions. We began to receive 250-300 letters a day in Lakshmi Narayan Dham. All 18 telephone lines used to be busy with queries. Officials of Aastha channel began to complain that for Gurudev's show, the enormous amount of mail and phone calls being received were affecting the normal routine work of their channel. They said that their whole staff was very much disturbed with such disruptions.

As the show's popularity grew in stature, one of the producers in Mumbai, proposed to Gurudev to start another show on a famous Punjabi channel in Europe. The complete recording was to be done only in Punjabi. Gurudev closed his eyes for some time in meditation and then gave his approval to go ahead with the proposed show. My problem was that I didn't know Punjabi language well enough. I discussed this with Gurudev and expressed my concern and reservations. "I will not be able to host and anchor the show, but I will stay behind the camera. Any Punjabi anchor can come and host the show and he will show you the photographs and ask you the questions related to the photo." I said. But Gurudev asked me to sit with the anchor during the show and compeer the show in a way that I could handle it.

The search for a Punjabi anchor started. A professional Punjabi anchor was head hunted in Mumbai. Surprisingly, he was not able to ask any questions to Gurudev. We then tried to find a Punjabi anchor in Chandigarh and Dehradun. Our search drew a blank. We were not able to find anyone suitable. I was not able to understand why it was happening. Then Gurudev said, "let us drop this idea of a Punjabi anchor. We will simply continue as we did earlier."

In another incident, I want to illustrate, I had an idea that we should add some glamour to the show by introducing a professional model to anchor the show. This I believed would attract more viewers and thus increase the viewership several times over.

I shared my innermost thoughts with Gurudev. I said "if you permit me I can ask a professional model to host the show." Gurudev smiled gently and said, "Do as you feel is right, but you will also have to be a part of anchoring the show."

As per Gurudev's instructions, I contacted a professional model co-ordinator to select a model for the show. I invited a model to host the show. She was a famous name in the world of television.

Shooting started around 12 o'clock at night. Gurudev sat on a mat and after some time he looked at the model very seriously and said, "My dear, today you cannot sit for the recording, because you are going through your menstrual cycle."

The model was present along with her mother. Both were shocked to hear that. The model then asked me, very softly, "How does Gurudev know that I am having my periods." She left the studio, shortly after this.

Another model was arranged to anchor the show. Shooting went on for hours. After some time, Gurudev suddenly addressed the model and said, "A girl can have one or two boyfriends, but you have five boyfriends. And you have asked everyone to meet you at 5 am in the morning. How are you going to meet all of them? What are you going to do so early at 5 O'clock in the morning?"

Listening to this, the model was taken aback and nothing short of scandalized. Visibly anxious, her face mirrored how shocked she was. She left the shooting after saying that, "Swamiji is very dangerous,

After some time, dinner was laid out before us. I also had some in the form of Prasad.

I was not able to understand the mystery behind that particular house visit.

Soon, when it was time to leave, the lady presented Guru Ma a red chunari, along with a precious necklace which was worth lakhs of rupees. I wondered how the simple, ordinary looking family had gifted such a precious necklace to Guru Ma, as the head of the family was working in an ordinary firm, his son was unemployed and his daughter was of marriageable age.

When we left the place, Gurudev asked me, "You must have seen their financial condition. Still they gifted Guru Ma with a precious necklace. This is their ancestral necklace which they had kept for the marriage of their daughter. Shall I return this necklace back?" he asked.

I said hesitatingly, "Gurudev, whenever a farmer sows a seed in the field, the seed never returns back as a single seed, it always returns laden with fruit or other gifts which are immeasurable, abundant or a hundred thousand fold of whatever is sown." Gurudev closed his eyes and recited a mantra and said, "I have asked God for what you were wishing for this family."

Another incident of Gurudev's blessings being showered on his beloved devotees is illustrated in this incident. A convention was to be held on Guru Purnima day and was scheduled for 4 o'clock in the evening. The weather betrayed us as it became unbearably hot. Gurudev was staying 7-8 kms away from the Venue. He was in meditation and in special Path so no one was allowed to meet him. But due to some important work and with the permission of Gurudev, I went to meet him. It was 12.30 in the afternoon. Two ladies, one of whom was a senior official, came to meet Gurudev. When they bowed down to Gurudev, he asked them why they had come. The ladies said, "To get your blessings." Then Gurudev closed his eyes and said, "Go to the venue of the convention on foot. Don't take a car."

I was concerned and uneasy after hearing this. It was so hot

outside that it was difficult to cover 7-8 km on foot. But I kept my thoughts to myself, and trusted Gurudev's divinity to manifest in the matter, somewhere along the way.

The lady official instructed her security guards accompanying her, to precede them and reach the convention in the car, on their own, and both ladies then left the place happily, to proceed in order to reach the convention venue, on foot.

After some time, Gurudev asked me to send a car after them, to drive them down to the venue. I sent my car immediately, along with the driver to pick them up mid way and drive them to the convention venue.

The driver returned soon enough and informed me, that they refused to accept the lift.

Three hours later, just as I reached the venue for the convention, both the ladies made it to the venue as well, having completed their journey by foot. Their face was completely red, but I could see an inner glow of elation and happiness on their faces too.

A few days later, the lady informed me that she was in some big trouble due to some official reason. The other lady was also in some huge problem. To my amazement I learnt from them that with the blessings of Gurudev, both were able to deal with their miseries very successfully. I then realized it was part of Gurudev's divine plan to deliver the two ladies free from all their problems.

Divine Orientation, Perspectives and Perceptions

During my spiritual journey with Gurudev, I have noted innumerable times that

recipient of his blessings usually becomes aware of Gurudev bestowing his blessings on them, as they realize within themselves that Gurudev has accepted their request to grant their wishes or make them come true. The devotees also witness his divine power in unique inexplicable ways.

During the month of November in the year 2003, Gurudev was the chief guest at a special event in a famous Jain Temple in Haridwar. As instructed by Gurudev, the crew and cameraman reached the venue a day prior to the scheduled event.

At noon, on the day of the event, Gurudev called me up and asked me to reach the VIP ghat of Har Ki Pauri. Accompanying him was a senior politician from the Mauritius Government and a senior official of a TV channel. "Reach here as soon as possible," Gurudev had said. I left for the Har Ki Pauri Ghat immediately.

The television crew and cameraman had already reached as directed by Gurudev. The Minister was performing special prayers under Gurudev's guidance for Goddess Ganga.

Later on, in the afternoon Mr. J.K. Jain, the event planner of Jain Temple, also came to the ghat. After completion of the prayer rites, we all sat together.

Mr. Jain requested Gurudev to reach the venue as early as possible as the time for the due event to begin was fast approaching. He also invited the Honorable Minister to accompany Gurudev. The

Minister had different plans. "I have to go to Delhi and I will be taking Gurudev along with me," he declared, to Mr. Jain's great surprise.

Mr. Jain was shocked to learn of this sudden, new development and said that "It is impossible, as Gurudev is our chief guest, and our program schedule begins with Gurudev, and besides the Chief Magistrate is also coming and wants to meet Gurudev in particular. In such circumstances how can he leave for Delhi?"

Mutually, they continued the discussion politely. Gurudev said that, "each individual will respect the other person's opinion without any intervention from me."

The Minister turned to Mr. Jain and said, "I have come here only to meet Gurudev. You stay in India. You can meet Gurudev even later. But it's not possible for me to come back to India again and again."

Mr. Jain was left speechless on the strength of the Minister's persuasive argument. Gurudev and the TV executive left for Delhi after this conversation. The next day I received a call from the executive querying after Gurudev's whereabouts. "Where is Gurudev?" he asked. He seemed concerned.

I said, "You should know better. He left for Delhi with you. You were accompanying him."

He then narrated what had happened and his reason for not knowing about Gurudev's, subsequent movements. "Once we reached Delhi border," he said "Gurudev stepped out of the car. Since that moment, he has neither returned nor have we heard anything from him. I have even made enquiries at Gurudev's, residence. He is not at home either. Tomorrow morning the Minister has a flight back to Mauritius. He needs to meet Gurudev. He is very worried and tense, because he does not want to miss the opportunity of being with Gurudev whilst he is in Delhi, before he flies back to Mauritius."

Two days later, Gurudev returned to his residence of his own accord. I requested Gurudev to narrate, as to what had really happened. He then disclosed details of the entire incident and his reasons for disappearing inexplicably, without informing those accompanying him.

Gurudev then recounted those moments and related as to how

I was to accompany Gurudev for some important work, in Mehrauli. Gurudev called me to say, "I have done my prayers. I am ready to go, so please come over." I replied saying, "Gurudev, Prem Sagar's presence is also required for that work." Gurudev said "In that case, wait for 10 minutes. I will call you again."

After waiting for half hour, when Gurudev didn't call back, I decided to call him up. Guru Ma took the call. I requested Guru Ma, to let me to speak with Gurudev. Guru Ma replied, "Gurudev is in Prayer. After talking to you, he went to meditate into his Prayer Room. He is still there. Once he comes out, he will call you."

After some time, Gurudev called me up and said, "I'm ready. You may bring Prem sagar along with you."

I reached him as quickly, as was humanly possible. I humbly asked Gurudev to reveal the mystery of what to me seemed incomprehensible. I had wondered why he went back to pray, just after we spoke earlier and were about to leave for our destination.

"Initially I took permission from God to take you along with me. But when you told me about the arrival of Prem Sagar, then I had to take permission yet again for taking Prem Sagar along with us. Now I have taken permission from God. Now you can come as soon as possible."

We all left for Mehrauli. With my mind now cleared of any doubts, we proceeded quietly to our destination.

Whenever Gurudev, sees any of his devotees unsatisfied, it is an intrinsic part of his nature to try to bestow more blessings on him. One such incident happened in the convention organized in Bangalore. A devotee attended the convention and after its completion, he requested Gurudev to visit his home. Gurudev accepted the offer happily and even visited his residence. The devotee welcomed Gurudev, with a great deal of love and respect.

The very next day the devotee expressed his dissatisfaction regarding something. In the first place, his desire itself was inappropriate and therefore not possible to accommodate. We discussed the devotee's request, with Gurudev. "There is no doubt that the desire is inappropriate to accept, but I will not leave Bangalore with

any devotee dissatisfied." He answered conclusively.

Gurudev, once answered our queries, related to his duty. "Do only ailing people come to see a doctor? Do healthy people not need a doctor for any reason? God has given me the duty to cure people, regardless of the fact whether the ailment is a physical, mental, or spiritual one; or simply related to financial and other problems in their lives."

Gurudev illustrated what he had just explained, by a different incident, but one which was well documented, related to Swami Vivekananda. "One day Swami Vivekananda was sitting on a river bank. He was repeatedly trying to help a poisonous scorpion, to come out of the river. Whenever he succeeded in getting the scorpion out of the river, the scorpion stung him and then retreated back into the river. In the meantime, Swami Vivekananda's Guru, Ram Krishna Paramhansa came by. He asked Swami Vivekananda that when he knew the scorpion would sting him repeatedly, why was he trying to take it out of the river. Swami Vivekananda said, "If a scorpion cannot change his deadly, behavior of stinging, then being a human, how can I change my attitude of helping others. It is in the nature of a scorpion to sting everyone, but it is in my nature to help everyone. So I just hope that I am successful in taking this scorpion out of this river and can protect it from drowning."

Gurudev said, "This should be the case with us too. Loving others should come naturally to us without expecting anything from them. Our aim should be to try to change the nature of other person with our positive attitude and giving"

In November 2004, on the day of Ganesh Chaturthi, I was with Gurudev in Mumbai. Gurudev was at an unknown location for special Ganesh Paath and meditation. About a couple of days before this, Gurudev had accepted some devotees' request to visit their home. One of the devotees was a lady, who was desperately waiting for Gurudev to visit her home.

Gurudev called me up from an unknown location and said, "Inform everyone that today I will not be meeting anyone as it is

Ganesh Chaturthi, a special day, and I am on a fast. I will not even drink water. You also inform and request everyone to keep a fast today. Unknowingly, if anyone has already eaten or drunk anything, then ask them to take a bath again and start their fast. Please contact the people I had promised to visit and inform them that I will not be coming today."

Gurudev concluded the call saying, "Don't try to contact me. I am switching off my mobile phone."

As per Gurudev's instructions, I informed everyone including that lady. She was not happy to hear that Gurudev would not be coming and sounded rather annoyed. She said, "I made elaborate plans to welcome Gurudev. If today Gurudev will not come, then it will create a very embarrassing position for me, besides having to abandon my elaborate arrangements and preparations already in place to welcome him."

On hearing her agitated response, I was extremely perturbed not knowing how to handle the situation. Suddenly, Gurudev called me and asked, "What are you worried about?" Reluctantly, I told him. "One lady is not ready to listen to anything," I said.

Gurudev's response was to me, by now, not surprising in the least. "Is my fast bigger or the love of my devotees? You give me her number and I will talk to her directly," He said. I gave her number to Gurudev. Later that day, the lady called to say, "Because of you, today I feel that I am blessed. Gurudev called me up himself. It is the biggest thing that has happened in my life. He said, that if I so wanted, he was ready to come and break his fast for me. But I told him that he can come whenever he wants to come. He said that he will come tomorrow. He also advised me to observe the fast for today. I am blessed that he himself called me today."

My firm belief today is, trust in the divine completely. God is a divine ocean of Supreme Blessings.

Miracle Healing

The first Prabhu Kripa Convention was just around the corner. Phones rang incessantly at the Arihanta office, with thousands of people confirming that they would like to participate. It was expected, that the sheer number of devotees attending would go beyond a few thousand.

Keeping in mind the overwhelming response, I requested Gurudev to appoint the staff of his ayurvedic company for the convention. But he said, "No. I will not provide Arihanta staff for the convention." "But Gurudev," I implored, "how will we be able to manage this huge convention?" Gurudev replied, "Have faith in God, He will take care of everything."

Next day, just as Gurudev had predicted and seen ahead of time, we started to experience God's blessings. The receptionist at Arihanta called up and said, "Several people have called up to volunteer their services at the camp."

I requested everyone to come at 2:00 P.M. on December 19th in the Hindu Mahasabha Bhavan.

On the appointed day and time, some forty-nine volunteers showed up at the designated place, to offer their services. With this new development of receiving such an overwhelming response, our arrangements for the convention started falling into place.

Divine Blessings showered at the camp and the real color and fabric of these blessings began to emerge with several cases of miracle healings that confounded those receiving the blessings, as well as others in the audience and the volunteers, including us all. On the very first day of the camp, just after the meeting of the volunteers, one of the volunteers, Anil Kataria from Faridabad came to

me and said that his wife was seriously ill. Doctors had diagnosed that in her case, both her kidneys had failed. He further said "She is admitted in hospital, but I want to give my services to the camp also. On my behalf, can you please appraise Gurudev about my wife's health and precarious condition and please convey to him how badly I want to come to the camp as a volunteer to contribute my services as well." I promised him sincerely that I would convey the message.

The next morning, I had several detailed conversations with Gurudev but forgot to put forward Anil Kataria's request or even convey his message, regarding his wife's condition.

As it would unfold later, Gurudev had already given his blessings to Sudha Kataria, wife of Anil Kataria.

Next day, after the camp ended, Anil Kataria came to me and said, "You must have forwarded my request to Gurudev, that is why my wife's health had improved considerably and she has also been discharged from the hospital, today. I have brought her here, directly from the hospital."

I told him in all honesty that I had forgotten to put forward his request to Gurudev. "But he has still answered your prayers. This is an evidence of his divine cosmic powers."

In February 2003, the regional Prabhu Kripa Convention was organized in Paschim Vihar, in Delhi. There one of the volunteers, Vijay Chauhan came to me and said, "Doctors have diagnosed that both my kidneys have failed. They have advised me to take complete bed rest, but I want to devote my time and services in the Chattarpur Camp which is going to be organized after 15 days. I don't know how to achieve this or how this is going to be possible?" His acute concern and anxiety worried me.

To my greatest surprise, with the divine blessings of our revered Gurudev, Vijay Chauhan attended the camp and was actively involved in the voluntary services of the event. He also reached the camp on his two-wheeled vehicle and narrated to us all, that the doctors had found him "completely normal!"

Under the Scrutiny of Scientific Analysis in Bangalore

On the occasion of the 18th Cosmic Grace Convention, scheduled to be held on 13th-14th December 2003, in the city of Bangalore, a press conference was organized two days prior to the convention. There, by sheer co-incidence I met the director of the renowned Vivekananda Research Institute, who was well aware of the unique, divine powers of Gurudev. During discussions, he said, "Giving a complete diagnosis of the patient just by looking at the photograph shows the elevated status of Gurudev's divinity." He went on to say, "A seminar is being organized in the Institute on 18th December. The topic to be discussed is, Science & Spirituality." He also told us that several scientists and intellectual personalities would participate in the seminar. He said, "Gurudev's holiness and divinity have reached great heights. His extraordinary divinity would be a viable subject for a debate in the field of science. They want to invite Gurudev for the seminar, and this would enable a scientific analysis of his divine abilities, the results of which would be put forward to the panel of scientists and other intellectuals in the seminar." When I discussed the proposal with Gurudev, his response was gentle, and he accepted the proposal, understandingly.

On 17th December, Gurudev along with a few volunteers reached Vivekananda Institute. Scientific analysis of Gurudevji began in several scientific laboratories like Revoked Potential, Metabolic Analyzer etc. Gurudev was requested to attain a highly elevated spiritual state of mind in meditation. The results that started to

emerge were nothing short of startling.

Gurudev's body was connected to several machines. The results and analysis of the experiments were continuously under the acutely focused scrutiny and mental scanner of several scientists. After some time, the scientists were surprised to see that, Gurudev's heart was beating at a normal pace, but the breathing rate was below normal. His mind had achieved an extreme state of sensitivity. This led one of the scientists to make a declaration which shocked everyone. "Gurudevji has left his body," he stated confidently.

Scientists started to check the pulse rate of Gurudev. It was missing, or non-existent! They increased the sensitivity of their machines, but in vain. They could still not detect any pulse. After a lapse of some time, Gurudev came back into a normal state of being again, of his own accord. His pulse returned to normal, once again.

With the results of Revoked Potential, scientists concluded that Gurudev's mind works at a greater speed than a normal human being's mind. And during meditation, the sensitivity of Gurudev's mind reached a state of inexplicable elevation. His power and ability to grasp was innumerable times higher than that of any normal human being.

After all the proceedings of the experiments came to an end, scientists concluded, "We have done these sensitive experiments on many spiritual Gurus. But undoubtedly, the experiments done on Gurudev can be witnessed only once in a lifetime. Descriptions about saints can be read in holy books and scriptures. It is indeed surprising, yet very heartening to know, saints like Gurudev still exist in this world".

A little later, Gurudev was taken to a big hall. There were 18 patients sitting in the hall. Their complete diagnosis was readily available with the doctors. Every one present was amazed to note that Gurudev saw the patients only for seconds and then gave their complete diagnosis in detail. Gurudev also tallied the diagnosis he gave with the diagnosis and details of other information available with the doctors.

One unique incident occurred. After simply looking at a lady, who came from abroad, Gurudev said, "You are infected with a deadly disease, which you haven't disclosed to anyone. The lady said, "No, I am not infected with any such disease." Gurudev then said to her, "Shall I tell you about disease you have contracted, in public?". After getting no reply from her, Gurudev spoke to her earnestly, but in a quiet, sober tone. "You have AIDS".

After listening to Gurudev, the lady broke down sobbing profusely. Gurudev then continued saying, "Don't worry, I will communicate with God for you."

After the emergence of such positively conclusive results and reports, a huge discussion ensued in the seminar on the importance of 'Spirituality in Modern Times.'



Mysterious Divine Intervention

Our shooting schedule was due to be continued in the beautiful hill station of Mussourie, nestled cosily against a backdrop of the majestic Himalayan ranges. Without any sign of an impending change in the weather, suddenly it started to rain heavily.

Our crew panicked as we were filming at some distance from the main road and our mutual concern was to protect our bulky, immovable and very expensive cameras, lighting and other filming equipment from the devastating downpour.

Whilst chaos reigned, I noticed, Gurudev was calmness personified, as he sat in silence. Watching our consternation, he asked "Shall I stop the rain for you? Shall I clear the weather?"

Our scientific, practical minds were shocked into silence. According to natural laws the visible heavy dark clouds were an irrefutable proof of impending heavy rain. Gurudev said, "Let me pray to God. It is then up to God to grant an answer to my prayers or ignore the request."

Gurudev then lit the holy incense sticks, closed his eyes and started praying in silence. Gradually, we began to observe some changes, bordering on a miracle, when the sky began to clear up. The down pour started to turn full swing into a drizzle and then ceased altogether. Soon enough, we witnessed the glorious sun shining brightly in the sky.

Gurudev opened his eyes and smiled gently saying, "God has accepted and answered my prayers. Now you can shoot for as much time or as many episodes as you want to complete". We resumed

our shooting schedule and ended work late that evening. Another day flew by in filming more episodes with Gurudev's Blessings and we experienced absolutely no hindrances or obstacles.

We experienced such miraculous situations in different settings several times. On the 3rd and 4th May 2003, the 7th Prabhu Kripa Convention was scheduled to be held in Chandigarh. But when I reached the venue, I was shocked to see the prevalent state of affairs. The place was in a state of disarray. Everything was smashed. The whole venue for the Convention was destroyed.

Around midnight, when I tried to call up Gurudev as he was in the "Pooja Room". I managed to communicate with him after a few hours. He simply stated that "Don't worry, God will take care of us. You try to re-arrange things once again.

As per Gurudev's instructions every effort was renewed enthusiastically as we co-ordinated afresh and redecorated the whole site. Our fears were re-ignited when the next day's newspaper headlines predicted a weather forecast of immense bad weather to continue for the next fifteen days to come. Heavy winds lashed mercilessly and an unending army of heavy, black clouds gathered for the imminent onslaught. I contacted Gurudev, worrying about the forecast and the visible evidence of the dark clouds. Heavy winds were blowing, threatening menacingly to cause much disruption. "Have faith in God," he said "He will make everything alright".

As Gurudev entered the border of Chandigarh, his Holy words reassuring us to keep faith came to fruition. Slowly but surely, the weather turned full swing. A miracle happened. The sky cleared up and the whole convention proceeded and progressed smoothly without a single obstacle or hindrance.

Mysteries of Mind Reading

Our stay in Mussourie was full of intimate divine experiences. One such vivid recollection I have is that of what happened on the occasion of Gurudev's recording session on Camelback Road. A large number of devotees attended the recording session.

A lady present amongst the crowd, carefully observed the progress and proceedings of the day's schedule. In the evening, after the shooting ended, the lady came to Gurudev and insisted she had something very important to discuss with him.

"I want to talk to you in private". Gurudev told her to say whatever she had to, there and then." But I want to speak to you only in private," she pleaded, "It is something very important." Gurudev appraised her and whilst scrutinizing her said, "Shall I tell you what you want to ask?" The lady was taken aback for a moment and looked at Gurudev, very surprised.

Gurudev continued saying, "You want to know the whereabouts of your husband who left you two months back."

The lady stared in stunned amazement, incredulously. She stood frozen in time as if in a state of shock. She then whispered in a low voice, "Yes Gurudev, This is what I wanted to ask you."

Gurudev then continued further, in a serious tone. "He will never come back. You behaved very badly with him". Gurudev then paused and asked her if she wanted to ask anything else.

The lady replied, "No nothing else", and left dazed, quietly and unnoticed.

Unique New Cosmic Experiences

Gurudev unraveled various extraordinary and mysterious divine techniques, approaches and systems in the pursuit of his mission to help relieve mankind of their various problems. This included the Divine Cosmic Grace of sound, ayurvedic remedies, participation in samagams, divine music, songs immersed in spirituality, devotees elevating their state of mind to a higher consciousness due to dancing to the divine musical notes, as if in a state of spiritual trance, practice of the dhayana technique in a state of supreme relaxation to connect with one's own higher subconscious mind, receiving of divine messages from Gurudev in one's sleep and blessings are just some of the methods by which people received healing and relief from mental, physical and other ailments. Other aspects included the Cosmic Grace showered with rain which poured relentlessly during the samagams held, and the procedure of accepting Gurudev's word without doubt or question or procrastinating or pondering over its merits or demerits.

The Samagams held for delivering millions of fellow human beings from all personal suffering leaving them healthy once again whilst being transported to a state of happiness and joy in their state of being for the rest of their lives, on this planet. The unhappiness, misery and suffering caused due to experiencing many incurable physical conditions which were rejected as incurable, hopeless cases by Doctors, Surgeons, Holistic Practitioners, Herbalists, Spiritual Ministers/Priests, and other practitioners not mentioned here, are included in this list of those who these people were not fortunate enough to receive any help from.

detailed and vivid descriptions of their exact, physical, mental and financial problems and their solutions, there and then. After the programme broadcast, Dr. Nath then dipped into her purse and pulled out her institution's brochure and requested Gurudev to kindly bless her and to bestow the divine Cosmic Grace upon her. Gurudev read her brochure quietly and the nine topics which it contained. These nine topics included in the brochure were those that the Institution offered solutions for. Gurudev spoke to Mrs. Nath in a very soft, low voice. "Out of the nine topics mentioned here, you are suffering from eight of them. So how would you help others, when you are unable to help yourself? You are suffering from a lot of stress and tension. You are going through an episode of severe depression, migraine, inflammatory joint pain, domestic disharmony and also a heart problem." After a brief silence, Gurudev spoke to Dr. Nath again and asked her a question. "Shall I heal you and relieve you of your suffering right now?" he stated with an unfathomable mysterious air of supreme but divine confidence which was not of this worldly plane. Dr. Nath was quick to accept and humbly requested that she would like to receive Blessings and healing through Cosmic Grace. Gurudev then gave her a prayer based on Cosmic Sound Science. He asked her to repeat it after him only twice. After the simple procedure of Dr. Nath repeating it twice after him, Gurudev humbly told her that, she was now completely healed and well again.